

Board Meeting Month/Year: October 2017

Committee/Liaison/Member: National Salt Reduction Initiative (NSRI) Liaison

Report Prepared by: Amy Koren-Roth, MS, RDN, CDN

Date Prepared: 10/2/17

Status Report:

I'm including a brief summary of recent NSRI partner call the slides that were shared during the webinar are available.

- **Sodium Research Update:** Brief description of recently published research related to sodium, which can find in the slides. This is in response to partners stating that providing a short summary of research is a useful update.
- **DRI Process for Sodium and Potassium:** Kristy Mugavero from the CDC summarized the process for setting dietary reference intakes (DRI). The National Academies has begun the process for updating the DRI for sodium and potassium. We can expect the pre-publication draft of the final report to be released in October 2018 and the final report to be completed in early 2019.
- **Federal Legislative Update on Sodium:** Kristy Anderson from the American Heart Association provided an overview of the FY17 Appropriations Bill's impact on voluntary sodium targets for packaged foods, as well as targets in school meals. The bill limits the FDA's ability to work on sodium until the DRI report for sodium is complete and the USDA's advancement sodium reduction beyond Target 1.
- **Advocacy Campaigns to Reduce Sodium in Restaurant Foods:** We heard from two presenters, who shared information about their efforts to reduce sodium in restaurant foods.
 - Caitlin Howe, from the American Heart Association, shared information about the AHA's sodium reduction efforts in restaurant foods. AHA will be launching a new campaign aimed at Chili's, the Cheesecake Factory, and Arby's in early October asking them to [#breakupwithsalt](#). Partners Interested in joining the movement can access more information at www.heart.org/sodium. If partners have questions about locating food companies in their state, you can contact [Caitlin](#) or me.
 - Jim O'Hara from the Center for Science in the Public Interest (CSPI), shared information about their Salt Assault series, which highlights the sodium content in processed foods, and described plans to release a new video series to draw attention to the sodium content of restaurant foods. Partners interested in previewing the video series can contact [Jim](#) or [Abby](#). The Salt Assault series can be accessed at <https://cspinet.org/topics/salt-assault>.

Next Steps:

Review the draft of the DRI final report when released and provide comments as requested.