

*April 2017*

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**Register Now: ASPHN 2017 Annual Meeting**

[Register now for the 2017 ASPHN Annual Meeting.](#)



Courtyard Marriott,  
Minneapolis

Maximizing Opportunities and  
Navigating Change in  
Public Health Nutrition  
June 11 -13, 2017

Location:

[Courtyard Marriott Minneapolis Downtown  
1500 Washington Ave South, Minneapolis, MN](#)

Agenda highlights include the launch of the "See It, Say It, Share It" Public Health Nutrition engagement campaign and updates from the CDC, MCHB and USDA.

[View the draft agenda on the ASPHN website.](#)

Don't miss the inspiring and timely presentations that will equip you to thrive during change.

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**New ASPHN Consultant:  
Shana Patterson, RDN**

With experience as a past member of ASPHN, Shana Patterson joins the ASPHN Consultant Team to support the work of several committees.



Shana has previously worked in the public and not-for-profit sectors and has lead nutrition counseling and fitness education. She continues to be extensively involved in global nutrition and humanitarian relief efforts.

Read Shana's introductory interview.

Q1: Shana, why did you join the ASPHN consulting team?

**Shana:** While working in state government in Colorado, I was first introduced to the leadership and work of ASPHN. It did not take long to see that the mission & vision of ASPHN was aligned with my passion, to ensure that good health is an option for all. I wanted to be a part of this kind of leadership and work!

Q2: Briefly describe what makes you an expert in your role at ASPHN?

**Shana:** I have been in the public health nutrition workforce for more than 17 years. As a past employee of a CDC-funded program, I am very aware of the federal regulations and programs relevant to obesity prevention, food access and health equity. I also worked on programs and policies to increase access to healthy foods and beverages, national and state nutrition standards, physical activity in early care and

education, and breastfeeding practices over 9 years at The Colorado Department of Public Health & Environment.

Q3: What do you do in your spare time?

**Shana:** I am passionate about seeing, experiencing and learning from other cultures around the world! I am also on a quest to find the best chocolate cake in existence. Recommendations and sample products are accepted.

Send notes of congratulations and questions (and chocolate cake) to [Shana Patterson](#).

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## The Collaboration Committee Thanks Regina Flynn

Thanks to Regina Flynn, Grant Coordinator at the New Hampshire Dept. of Health and Human Services, for her service on the Collaboration Committee's board. Regina served well in her role, which maintains relationships with partner liaisons, and reviews and evaluates partnerships. We wish her well in her future endeavors.

You can get involved, too! The Collaboration Committee is recruiting members who are excited to volunteer as part of a national team that strengthens and improves ASPHN's strategic partnerships.

Yes, you! All members of ASPHN have key connections to organizations and projects that align with our committee goals. To learn more about the Collaboration Committee, click [here](#). To join or ask questions contact [Shana Patterson](#), 814-255-2829 ext 708.

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## Continuing Education: Breastfeeding Webinar

Breastfeeding In the Community: Moving from National Initiatives to Local Programs



April 19 from 2:00 to 3:30pm ET

[Register now for this no cost continuing education opportunity through NACCHO.](#)

This is the fifth webinar in the NACCHO Public Health Breastfeeding Series. It will explore how breastfeeding has been woven into the performance measures of national public health programs, such as Title V, Healthy Start, Early Head Start, and Maternal Infant and Early Childhood and Home Visiting (MIECHV). The webinar will address how frontline public health professionals can engage these programs to advance breastfeeding initiatives at the community level.

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## Resource: Voices for Healthy Kids

Check out the [Voices for Healthy Kids Toolkit](#). Voices for Healthy Kids is an obesity prevention project of the American Heart Association and the Robert Wood Johnson Foundation.



This initiative is dedicated to ensuring that people have access to healthy food and beverage options when visiting public places in their communities.

Grant funding is available to advance coordinated state, local, and tribal public policy advocacy campaigns focused on healthy eating and active living. For more information, visit the [Voices for Healthy Kids website](#).

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## Join ASPHN Today!

Have you been helped and encouraged by the articles in these newsletters? There are even more benefits that come with membership. Don't wait any longer to join the Association of State Public Health Nutritionists. [Become a member now.](#)



As an ASPHN member, you can:

- \* Stay abreast of emerging public health nutrition issues,
- \* Strengthen your leadership skills,
- \* Network with colleagues and with state and national nutrition leaders,
- \* Influence important public policies,
- \* Participate in educational workshops on cutting edge public health nutrition strategies,
- \* And more!

Contact [Allison McGuigan](#) with questions.

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## About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that develops leaders in public health nutrition who strengthen policy, programs and environments, making it possible for everyone to make healthy

food choices and achieve healthy, active lifestyles.

Our vision is to create new environmental norms where healthy eating and active living are the easy and natural choices for all Americans. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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