



News from the Association of State Public Health Nutritionists

October 2016

In This Issue
October: Opportunities for Involvement
New Fruit and Vegetable Resource
Get Connected to a Committee by Oct 31
Join the 2017 Annual Meeting Planning Team by Oct 21
MCH Nutrition Council Quarterly Call
Welcome New Members
Communications Revolution at ASPHN
About ASPHN

October: Opportunities for Involvement

The agenda and activities of ASPHN are driven by members like you. Yes! You can be a leader in public health nutrition through involvement at ASPHN. This newsletter is packed with involvement opportunities that will develop and stretch your professional skills. Read on and consider which opportunities are best to grow you and your career.

New Fruit and Vegetable Resource

Add this link to your favorites! The ASPHN Fruit & Vegetable Council Leadership Team would like to pass along a new resource.



Read the [Global Fruit & Veg Newsletter](#) September 2016 articles group: "Supplemental Nutrition Assistance Program in USA & Healthy Eating".

Sue Foerster with the National Fruit & Vegetable Alliance (and a previous Fruit & Vegetable Nutrition Coordinator) was asked to provide the editorial for this edition.

The September articles conclude that a key to increasing fruit and vegetable consumption is three-fold: locality-specific labels and nearby sourcing, in-store and community marketing/promotion, and much better supplies in more diverse venues.

Share this valuable resource with your colleagues.

[Back to top](#)

Get Connected to a Committee by Oct 31

The ASPHN **Collaboration** and **Membership Communication and Outreach** Committees are currently recruiting members.



The ASPHN Collaboration Committee works to strengthen and improve ASPHN's strategic partnerships with other organizations by:

- Developing policies to guide the ASPHN's work with our partners.
- Reviewing requests for ASPHN members to serve on other organizations' committees or workgroups.
- Recruiting members to be ASPHN liaisons to these committees.
- Providing orientation sessions and guidance for these liaisons.

Click [here](#) to join the ASPHN **Collaboration Committee**.

The ASPHN Membership Communication and Outreach Committee provides guidance regarding communications to ASPHN membership and its partners. The committee works to involve members in ASPHN's programs and to increase members' skills and knowledge. Guided by the Communication Plan, the committee:

- promotes membership involvement
- reviews and evaluates current publications and resources and makes suggestions for revisions
- plans for the dissemination of information to members, the public, professional organizations, and partners through
 - ASPHN newsletters
 - posting information on the ASPHN website and
 - social media.

[Back to top](#)

Join the 2017 Annual Meeting Planning Team By Oct 21



[Cyndi Atterbury](#) is recruiting volunteers for the 2017 ASPHN Annual Meeting Planning Committee.

Please consider volunteering or recruiting a colleague to volunteer. This is a fun and easy way to get involved in ASPHN and help create a meeting that strengthens public health nutrition leaders. Contact Cyndi to learn more.

[Back to top](#)

MCH Nutrition Council Quarterly Call

October 20, 2016 at 2 pm ET

Topic: How Culture Influences Immigrant Pregnant Women during Pregnancy in Regards to Nutrition, Physical Activity and Weight Gain



Presenter: Martha Dominguez, MA, MPH, Program Consultant, California Department of Public Health, Maternal, Child and Adolescent Health Division, Prevention, Policy and Program Standards Branch.

Please join the meeting from your computer, tablet or smartphone. [Click here.](#)

You can also dial in using your phone.

United States +1 (224) 501-3312

Access Code: 630-848-949

Contact [Sandy](#) with questions.

[Back to top](#)

Welcome New Members

ASPHN welcomes new members from across the nation, adding new talents and perspective. There are 11 new member applications so far in October and they are still coming in!



Bornali Alam, MPH, CLC, New York State Dept. of Health

Karen Cutler, MS, RDN, New York State Dept. of Health

Sarah Davenport, RDN, LD Iowa Dept. of Public Health

Hilary Gebauer, RDN, LD, University of Minnesota School of Public Health

Jason Gromoll, MS, RD, CDN, New York State Dept. of Health

Adriane Langham, Alabama Cooperative Extension System

Terence Martin, MS, Alabama Cooperative Extension System

Carolyn McGlade, MS, RD, LN, South Dakota Dept. of Health

Janet Micheli, MS, RDN, New York State Dept. of Health

Michaela Phillips, RD, New York State Dept. of Health

Narissa Scales, PhD, RD, Nebraska Dept. of Health

Jessica VerColen, RD, CDN, New York State Dept. of Health

[Back to top](#)

Communications Revolution at ASPHN

ASPHN, a virtual organization, works to stay technically savvy but keep costs low.

The ASPHN landline has been replaced by a new virtual phone system called Grasshopper. The telephone number (814-255-2829) remains the same with options to connect to each of the ASPHN consultants.

Consultants have the ability to forward calls to a landline, cell phone, or to send calls directly to voice mail. Calls received by a consultant voice mail can be retrieved as an MP3 file via email or by logging into an online account. Each consultant has the ability to record a personal greeting for voice mail. Our grasshopper line accepts faxes, too.

Consultant Extensions

Cyndi Atterbury	700
Karen Probert	701
Sandy Perkins	702
Amber Phipps	703
Allison McGuigan	704

[Back to top](#)

About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that develops leaders in public health nutrition who strengthen policy, programs and environments, making it possible for everyone to make healthy

food choices and achieve healthy, active lifestyles.

Our vision is to create new environmental norms where healthy eating and active living are the easy and natural choices for all Americans. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

[Back to top](#)