

News from the Association of State Public Health Nutritionists



September 2017

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Apply Now: Health Equity Internship

Fall and Spring applications are now open for the Health Equity Internship Program.

[Apply now!](#)



Graduate and undergraduate students complete 12-week internships in public health- and nutrition-related organizations. This experience gives students real-world experience, making them competitive candidates for their next education or job opportunity.

In 2015, the Association of State Public Health Nutritionists (ASPHN) acquired the Health Equity Internship Program. This CDC-funded program has nearly 20 years of experience in increasing access for minority and underrepresented students from Minority-Serving Institutions (MSI) students to the exciting field of public health.

Contact us at internships@asphn.org for more information.

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Continuing Education: Public Health Nutrition Online Certificate of Training

Register now to get continuing professional education credits and encourage your colleagues to advance their knowledge with the [Public Health Nutrition Online Certificate of Training](#).

Since its release in mid-June, 71 people have registered for the Public Health Nutrition Online Certificate of Training Program and one person has completed all five modules.

ASPHN is proud to have developed the content for this Certificate of Training on behalf of the Association of Nutrition and Dietetics.

Tell us how you have been impacted by this training. Karen

Probert is collecting stories of how ASPHN members are using or marketing this product. Send a brief description to karen@asphn.org by November 15.



Opportunity Awaits in the Emerging Area of Public Health Nutrition: Public Health Nutrition Certificate of Training Program

Develop competency and earn CPEUs online with this brand-new program concerning the exciting area of public health nutrition. The public health field is diverse with employment opportunities found in a variety of government and non-profit settings focused on prevention of chronic diseases. This program will focus on the responsibilities of a public health nutritionist, which includes planning, developing, monitoring, evaluating, administering, and establishing performance measures for public health nutrition programs, providing nutrition services to high risk populations, and much more.



The Level 2 program consists of five separate modules that build on each other:

- **Module 1:** Foundations of Public Health Nutrition
- **Module 2:** Public Health Nutrition Work
- **Module 3:** Developing a Public Health Nutrition Plan
- **Module 4:** Implementing and Evaluating a Public Health Nutrition Plan
- **Module 5:** Building Partnerships and Collaborations

Academy members enjoy a reduced rate of \$24 for each module, or may complete all five modules and earn 10.0 hours of CPEUs for \$120.

Gain public health competency today! Learn more at www.eatrightpro.org/onlinelearning.

This program has been developed by the Academy's Center for Lifelong Learning and planned with the Association of State Public Health Nutritionists (ASPHN) and the Committee for Public Health/Community Nutrition (CPHCN) and the Public Health and Community Nutrition Practice Group (PHCNPG).

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Watch: Past Broadcasts from the ASPHN and NWA Webinar Series

Everyone deserves a second chance. If you missed a past broadcast of the ASPHN and NWA Webinar Series here is your chance. The July and August webinars and materials are available for you to view at your leisure.



National WIC Association

Go to the ["What's New in Public Health Nutrition" section of the ASPHN home page](#), and click on the Public Health Nutrition Webinar Series.



The next webinar, Understanding the Life Course Perspective, will be October 26th, 3:00pm ET. Watch for details in the October newsletter.

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Become a USBC Liaison!

Have a passion for breastfeeding? ASPHN is seeking a member to serve as one of four member representatives to the US [Breastfeeding Committee \(USBC\)](#).



This person will participate alongside the current representatives, Martha Hagan, Robin Stanton and Suzanne Haydu.

Representatives are responsible for reporting on ASPHN's organizational activities related to breastfeeding. Member representatives also have the opportunity to participate in

biannual USBC meetings and USBC Constellations, where organizations come together in action-focused work teams.

If you think this might be a good fit for you, please contact Shana Patterson at shana@asphn.org.

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Join the 2018 ASPHN Leadership Class

ASPHN invites you to join our 2018 leadership class. The purpose of ASPHN's leadership program is to help ASPHN members grow as leaders.



The program will run from November 2017 through June 2018. Participants are asked to join an ASPHN committee or council leadership team after they complete the program. To join the leadership class or for more information, contact [Shana Patterson](#).

The deadline to register is Monday, October 23.

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Share Your Program Success with the Harkin Institute

The Harkin Institute for Public Policy and Citizen Engagement at Drake University is seeking information on nutrition or wellness programs and initiatives.



From the information gathered Harkin Institute will create a report to share with people, communities, businesses, and legislators. These example programs will inspire other groups to implement their own wellness and nutrition programs locally.

Sharing your program success is easy. Just answer 6 short questions and include your contact information on the [initiative submission form](#) by November 1st.

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Meet ASPHN Consultant Allison McGuigan

Allison McGuigan, is an expert in fun and engagement. She leads new member services as part of the ASPHN consultant team.



Read Allison's interview.

Q1: Why did you joined the ASPHN consulting team?

Allison: I enjoy all of the tasks I perform for ASPHN! My ASPHN duties are a great fit for me.

Q2: Briefly describe what makes you an expert in your role at ASPHN.

Allison: I love getting to interact with our members! Greeting new members, helping to put on the new member orientation calls, and participating in the annual awards process are so much fun!

Q3: What's something quirky about you?

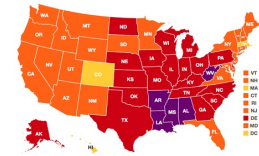
Allison: In addition to my ASPHN work, I have a consignment shop in Paonia, CO. It's a decadent girly-girl wonderland for diehard fashionistas.

Contact [Allison McGuigan](#).

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Resource: State of Obesity

Check out this [State of Obesity](#) resource from Better Policies for a Healthier America.



This graphic and interactive website stateofobesity.org/ presents recently released information on child and adult obesity trends, policy analysis and state briefs.

See how obesity rates have changed in your state and learn from effective initiatives across the nation.

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Welcome New Members!

ASPHN welcomed 6 new ASPHN members in August! Our dedicated membership is making healthy eating and physical activity the easy choice, one community at a time. Thank you for joining us.



Expanded Members:

- Andrea Bricker, MS, RD in the California Dept of Public Health
- Cassandra Lloyd, RD, CLC in the New York State Dept of Health
- Jennifer Mayer, MS in the Virginia Beach Dept of Public Health
- Lisa Medrow, RDN, LD in the Kansas Dept of Health and Environment
- Kara Watts, RDN, LD, CLC in the Kansas Dept of Health and Environment

Associate Member:

- Cheryl Hill, MS-MPH, RDN, LDN in the Knox County (TN)

Health Department

You, too, can join this dynamic group of Public Health Nutrition leaders. [Become a member now.](#)

Contact [Allison McGuigan](#) with questions.

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About ASPHN



ASPHN

Advancing Health Through Leadership

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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