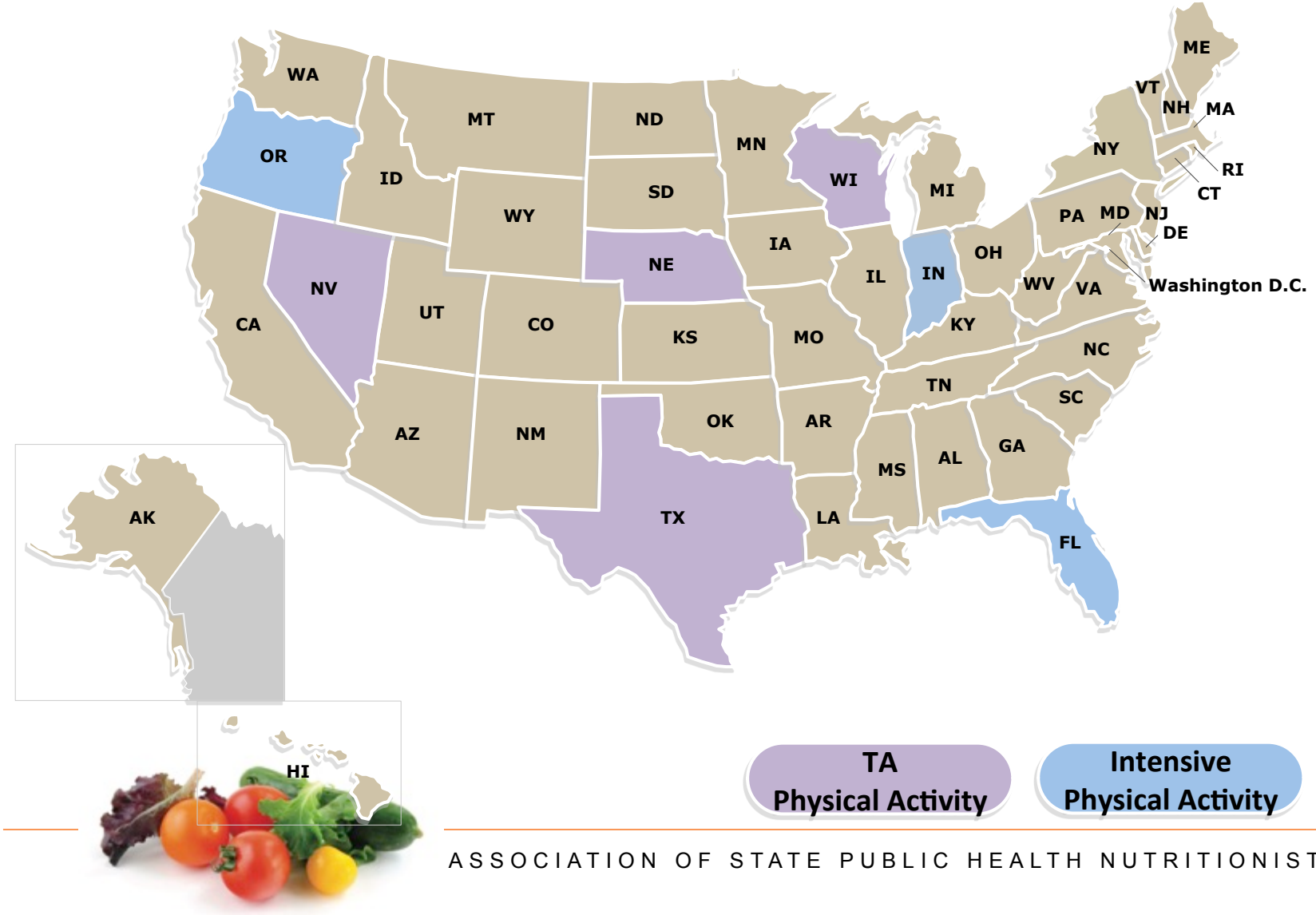
ASPHN
Advancing Health Through Leadership
formerly ASTPHND

Physical Activity
Children's Healthy Weight CoIIN

ASSOCIATION OF STATE PUBLIC HEALTH NUTRITIONISTS

Participating States



Bureau of Chronic Disease Prevention
Division of Community Health Promotion
Florida Department of Health

Project Summary

Team Members

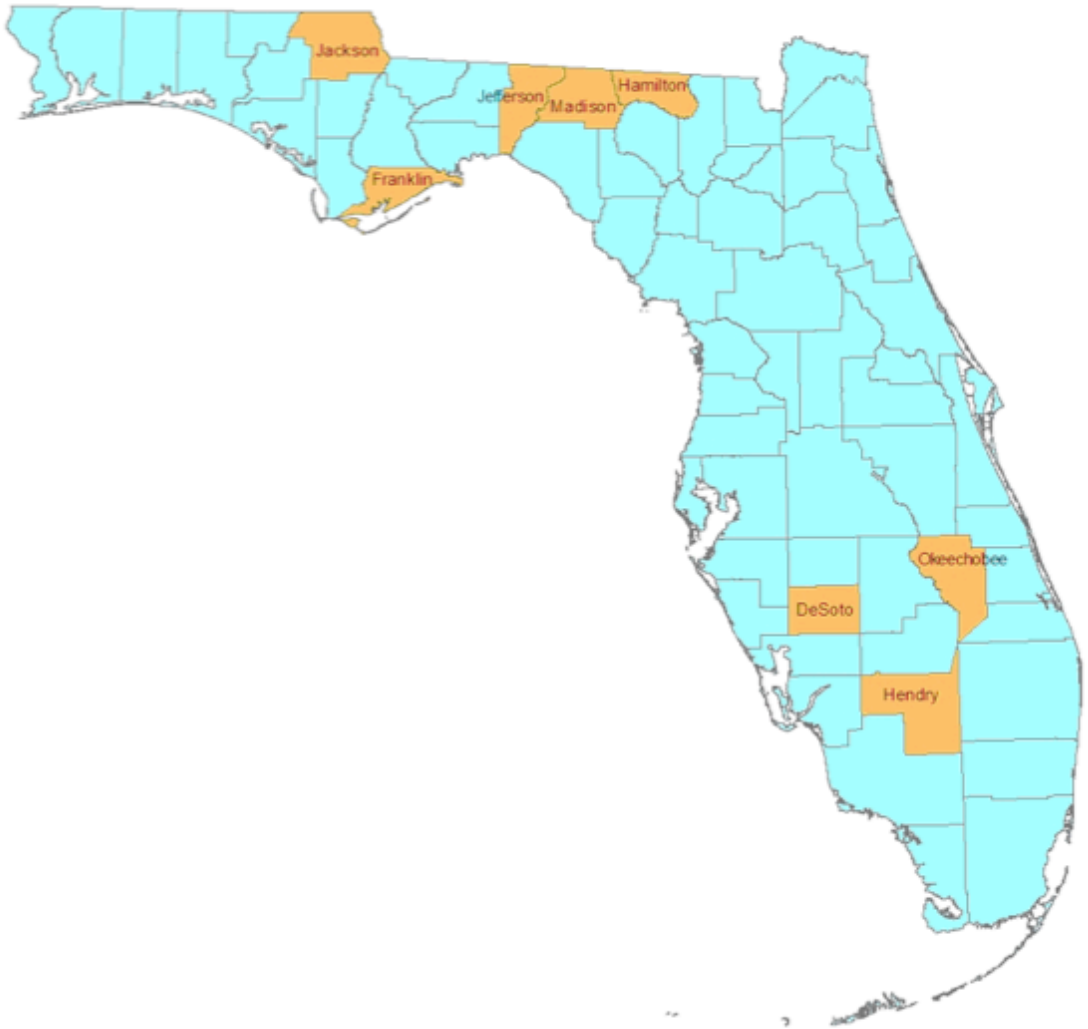
- Skylar Swords
- Shay Chapman
- Katie Williams
- Dianne Powell
- Geoff Kneen
- Rikita Patel
- Bryan Russell
- Penny Taylor
- Nichole Wilder

Project Objectives

Increase the number of schools and programs carrying out components of the Comprehensive School Physical Activity Plan (CSPAP) model, and improve sustainability of those efforts:

- Create a CSPAP toolkit
- Provide technical assistance
- Share successes and barriers among schools
- Host professional development event
- Implement an adapted CSPAP for children with disabilities

Priority School Districts



Indiana

Physical Activity Intensive Work Stream

We plan to provide technical assistance and professional development to teachers, instructors, and aids throughout Indiana, to increase physical activity access and knowledge in the special needs population.

Efforts in Indiana will be led by the State Department of Health, Division of Nutrition and Physical Activity (DNPA), and Maternal Child Health (MCH).

We do plan to host our professional development opportunities in Central Indiana, however, we believe these trainings will help school systems throughout our state.

Indiana State Department of Health

Project Summary

Team Members

- Kelsey Barrick
- Martha Allen
- Laura Hormuth
- Kathy Detweiler
- Lindsey Bouza
- Jessica Kennedy

Project Objectives

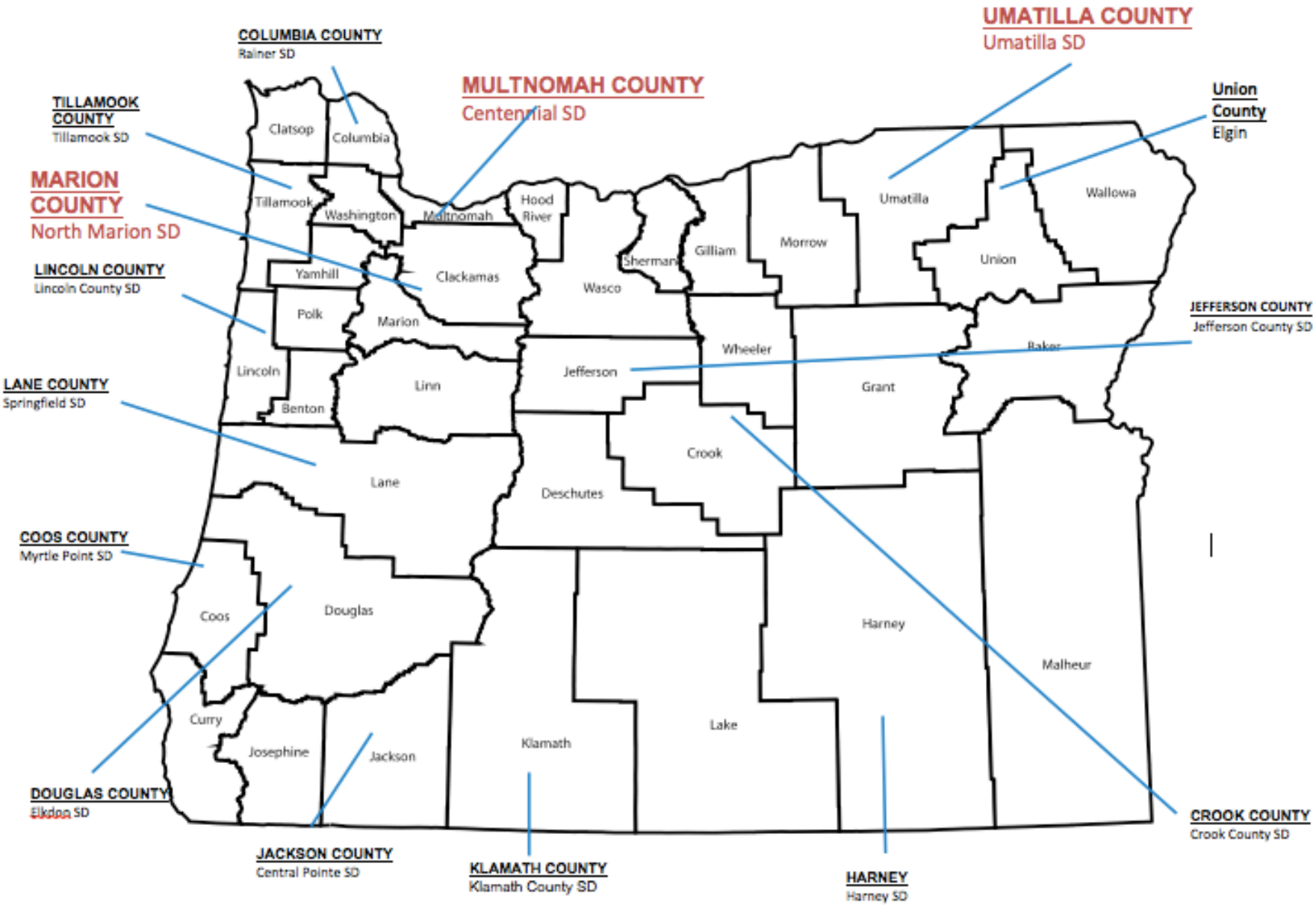
- Provide education on physical activity adaptations for students with special needs
- Provide technical assistance, professional development and more extensive learning opportunities, including hands-on workshops, for school professionals that work with students with special needs.

Oregon

Childhood Healthy Weight CoIIN

Physical Activity

School Districts for Principal Focus Groups



Project Summary

Team Members

- Jennifer Young
- Cate Wilcox
- Heather Morrow-Almeida
- Kari Schlosshauer
- Suzanne Hidde
- Elana Emlen
- Heidi Dupuis

Project Objectives

- Stand-alone/supplemental health-focused curriculum review
- Focus groups with principals to explore and gain understanding about Physical Education/Activity implementation challenges and opportunities for schools and districts

Children's Healthy Weight CoIIN Physical Activity Workstream Nebraska, 2017

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

Helping People Live Better Lives.

Governor Pete Ricketts

Vision:

Grow Nebraska

Mission:

Create opportunity through more effective, more efficient, and customer focused state government

Priorities:

- Efficiency and Effectiveness
- Customer Service
- Growth
- Public Safety
- Reduced Regulatory Burden

We Value:

- The Taxpayer
- Our Team
- Simplicity
- Transparency
- Accountability
- Integrity
- Respect

NEBRASKA
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Helping People Live Better Lives.

DHHS 2017-2018 Priorities

- Increase availability of community-based services through the Behavioral Health System of Care for children and youth, reducing reliance on inpatient and residential services.
- Keep families together by stabilizing and strengthening families, helping prevent intergenerational poverty and achieving self-sufficiency.
- Establish the Beatrice State Developmental Center as a statewide resource providing short term intervention and respite services for individuals with developmental disabilities.
- Develop a standardized assessment and transition plan as part of the Medicaid managed care Long-Term Services and Supports Redesign initiative.
- Decrease the amount of time that elapses between when an individual accepts a funding offer for developmental disability services and when services begin.
- Increase the participation of pharmacies and enrollment of eligible users in the Prescription Drug Monitoring Program, and develop and implement naloxone education resources.
- Safely prevent and reduce the percent of state wards in out-of-home placements by implementing best-practice interventions and services.
- Implement Alternative Response statewide, resulting in families engaged with Alternative Response more likely to have their children remain in their home six months after case closure than families in Traditional Response.
- Develop and implement a web-based portal for caseworkers to use when completing a caregiver survey with foster parents in their home, saving 15 minutes per survey.
- Launch an electronic benefits transfer pilot for the WIC program, known as eWIC, that will offer flexibility and individualized nutrition education to families as well as providing additional data for program management.
- Reduce single state audit findings and questioned costs.
- Develop a web portal and implement changes to the child and adult abuse central registry to improve timeliness and accuracy of background checks.
- Improve the integration of community-based behavioral health treatment and fiscal data through the Centralized Data System and Electronic Billing System.
- Develop the data management analytics system and claims broker services as part of the Medicaid Management Information System replacement project.
- Implement NTRAC, a new Medicaid eligibility and enrollment system to ensure compliance with federal requirements.
- Decrease the average days waiting for admission to the Lincoln Regional Center for both court-ordered individuals and mental health board-committed individuals.
- Develop and implement a quality management system for developmental disability home and community-based services and intermediate care facility services.
- Streamline operations to reduce new hire turnover and the average length of time from job posting to job offer, and to consolidate document imaging and interactive voice technologies.
- Decrease time for issuing provisional center-based child care program licenses and initial certification for community-based developmental disability provider agencies.
- Review child care and preschool regulations

Helping People Live Better Lives.

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Project Summary - ARF

- Application submitted by: Narissa Scales, Sara Morgan, Carol Tucker, Kathy Karsting
- **Interested parties and partners here today:**
- Project Design identifies a single day of the week to focus strategies to increase physical activity
  - Before, during, and after school,
  - With family involvement,
  - Culturally- and Linguistically-adaptable,
  - Inclusive of children with special needs.
- Complement other strategies, bring innovation to the table –

without being redundant.

NEBRASKA
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DEPT. OF HEALTH AND HUMAN SERVICES

Nevada Department of Health and Human Services
DIVISION OF PUBLIC AND BEHAVIORAL HEALTH

NEVADA Wellness

Team Members

Rose Sutherland
Beth Handler
Michelle Walker
Vickie Ives
Laura Urban

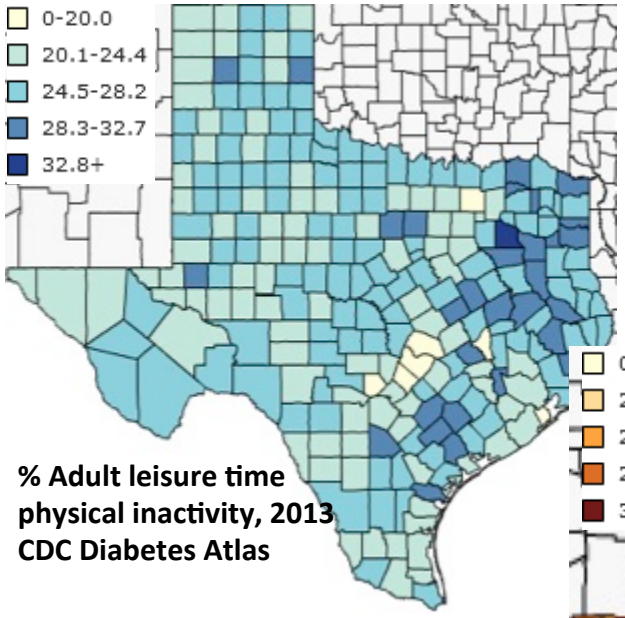
Nevada Project Summary

Project Objectives

- Provide action planning technical assistance on how to implement a phased-in Comprehensive School Physical Activity Program (CSPAP) to four (4) school districts
- Bilingual physical activity social media multi-platform public awareness campaign

CSPAP Target Areas

- Carson City County
- Elko County
- Washoe County
- Nye County



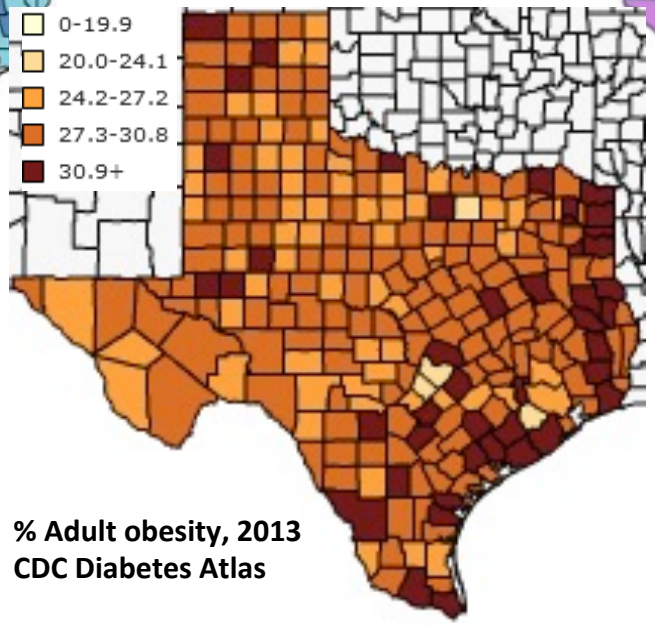
% Adult leisure time physical inactivity, 2013 CDC Diabetes Atlas

2014

14.6% TX WIC 3-23 mo olds with high weight for height in 2014

14.9% TX WIC 2-4 yr olds with obesity

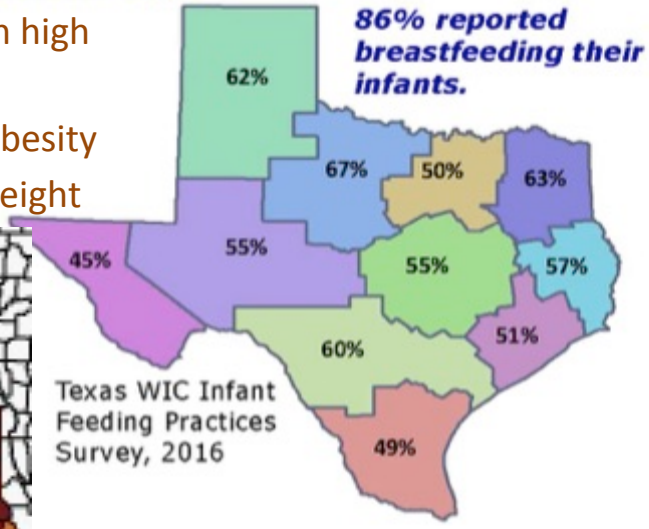
15.6% TX WIC 2-4 yr olds overweight



% Adult obesity, 2013 CDC Diabetes Atlas

"Did you breastfeed for as long as you wanted to?" Among TX WIC moms who breastfed their infants, **53% (58% of working moms)** answered **"No".**

86% reported breastfeeding their infants.



Texas WIC Infant Feeding Practices Survey, 2016

Children's Healthy Weight CoIIN: Texas

TEXAS Health and Human Services | Texas Department of State Health Services

Texas Project Summary
Physical Activity Work Stream

Team Members

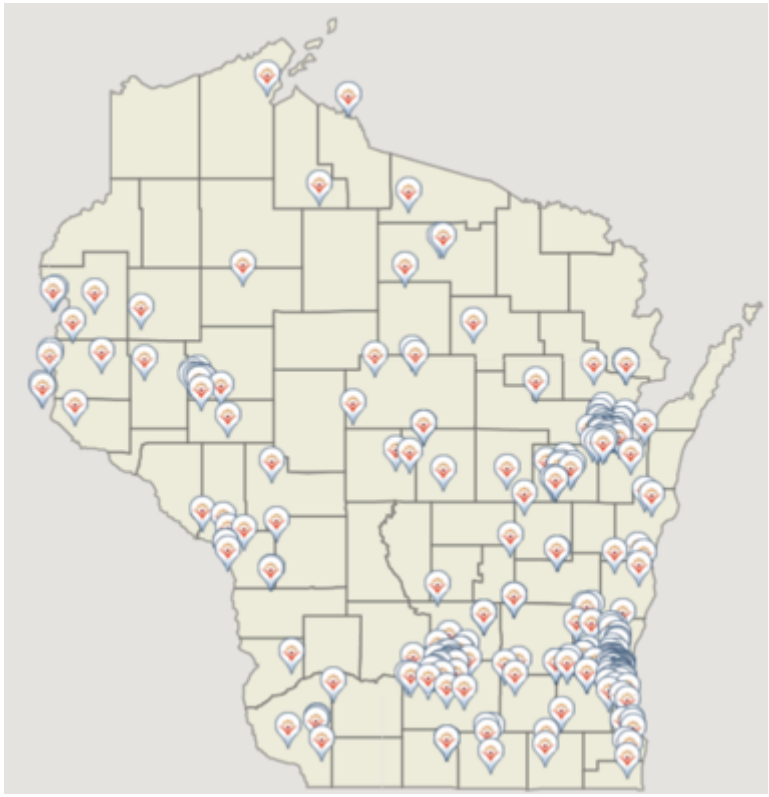
- Cari Browning
- Rachel Jew
- Ramah Leith *(Team Lead)*
- Aisling McGuckin
- Rocky Payne
- Julie Stagg
- Christina Thi
- Jeremy Triplett
- Anita Wheeler

Project Objectives

- Map out physical activity partnerships
- Conduct a physical activity intervention gap analysis
- Expand the School Physical Activity Nutrition (SPAN) survey to include CSHCN Physical Activity
- CSHCN survey to include physical activity
- CSHCN to identify best and/or promising practices for physical activity in school environments
- Create a whole family physical activity messaging and dissemination plan
- Provide lessons learned from the Outdoor Learning Environments project (OLE Texas) through: toolkits, CE module, etc.

Texas CHW CoIIN Reach: Statewide

Wisconsin



Indicates a YoungStar participating out-of-school time program

Project Summary

Objective

Identify and explore curricula and professional development opportunities that assist YoungStar participating out-of-school time program staff to integrate physical activity and adaptive physical activity into daily programming.

Team Members

Wisconsin Department of Health Services

Camille Rodriguez

Mary Pesik

Martin Salas

Jon Morgan

Wisconsin Department of Children and Families

Bridget Cullen

Wisconsin After School Network

Linda Eisele