

Pediatric Obesity Mini-CoIIN  
 FACE TO FACE MEETING - June 14-15, 2016  
 Little Rock, Arkansas  
 Evaluation Results

1. Meeting participants and evaluation respondents by state:

| State             | Participants (n) | Respondents (n) |
|-------------------|------------------|-----------------|
| Arkansas (AR)     | 5                | 4               |
| California (CA)   | 3                | 3               |
| Louisiana (LA)    | 4                | 4               |
| North Dakota (ND) | 4                | 4               |
| Ohio (OH)         | 4                | 2               |
| Oregon (OR)       | 5                | 4               |
| Wisconsin (WI)    | 4                | 4               |
| <i>Total</i>      | 29               | 25              |

2. Participants were asked to rate how well the six meeting objectives were met.

Participants will:

- Increase awareness of successful strategies and best practices related to improved nutrition, physical activity, and reduced screen time in early care and education.

| N = 25        | n  | %  |
|---------------|----|----|
| very well     | 18 | 72 |
| somewhat well | 6  | 24 |
| slightly well | 1  | 4  |
| not at all    | -  | -  |

- Overcome barriers and challenges in their state.

| N = 25        | n  | %  |
|---------------|----|----|
| very well     | 8  | 32 |
| somewhat well | 14 | 56 |
| slightly well | 3  | 12 |
| not at all    | -  | -  |

- Describe barriers and facilitators to implementing policy and practices affecting early care and education facilities that result in improved nutrition, physical activity, and reduced screen time.

| N = 25        | n  | %  |
|---------------|----|----|
| very well     | 10 | 40 |
| somewhat well | 12 | 48 |
| slightly well | 3  | 12 |
| not at all    | -  | -  |

- Assist their State team in applying the Model for Improvement and PDSA format through the development of the Plan (P) for each change cycle that they are planning to test.

| N = 25        | n  | %  |
|---------------|----|----|
| very well     | 15 | 60 |
| somewhat well | 9  | 36 |
| slightly well | 1  | 4  |
| not at all    | -  | -  |

- Support team development and engagement in the collaborative process.

| N = 25        | n  | %  |
|---------------|----|----|
| very well     | 19 | 76 |
| somewhat well | 5  | 20 |
| slightly well | 1  | 4  |
| not at all    | -  | -  |

- Leave energized about next steps

| N = 25        | n  | %  |
|---------------|----|----|
| very well     | 18 | 72 |
| somewhat well | 5  | 20 |
| slightly well | 2  | 8  |
| not at all    | -  | -  |

3. Participants were given the opportunity to comment on their answers regarding how well objectives were met.

- This was one of the best professional meetings that I have attended. I left with more motivation to continue the work. The greatest take away was the connections that I was able to create with other state teams, as well as, within my own. Since we are in different departments/organizations we rarely have time to give this issue an in depth look as a group.
- RE overcoming and describing barriers: I think objective was met for last year's CoIIN teams, but not for our team as we are just starting out. The PDSA information and examples were all very helpful. Our team clearly identified our next steps.
- I really liked how the schedule was set-up in such a way that we'd learn a new concept and then have time to work together as a state.

4. Participants were asked to indicate how useful the specific meeting activities and sessions were in helping them to plan and conduct CoIIN activities.

- TUE-Prevention of Obesity in Early Care and Education: What are the right targets? - William H. Dietz

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 19 | 76 |
| somewhat useful   | 3  | 12 |
| slightly useful   | 1  | 4  |
| not at all useful | 2  | 8  |

- TUE-Celebrating a Local Hero - Carol Crockett

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 7  | 28 |
| somewhat useful   | 11 | 44 |
| slightly useful   | 4  | 16 |
| not at all useful | 3  | 12 |

- TUE-Federal and State Early Care and Education Snapshot – Nora Geary

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 16 | 64 |
| somewhat useful   | 8  | 32 |
| slightly useful   | 1  | 4  |
| not at all useful | 0  | -  |

- TUE-State Team Activity Starting the Storyboard

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 15 | 60 |
| somewhat useful   | 7  | 28 |
| slightly useful   | 3  | 12 |
| not at all useful | 0  | -  |

- TUE-Six Thinking Hats – Marsha Spence

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 16 | 64 |
| somewhat useful   | 6  | 24 |
| slightly useful   | 3  | 12 |
| not at all useful | 0  | -  |

- TUE-Informal networking opportunity

| N = 25            | n | %  |
|-------------------|---|----|
| very useful       | 9 | 36 |
| somewhat useful   | 9 | 36 |
| slightly useful   | 7 | 28 |
| not at all useful | 0 | -  |

- WED-State Team Presentations – Introduction of Storyboards

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 11 | 44 |
| somewhat useful   | 13 | 52 |
| slightly useful   | 1  | 4  |
| not at all useful | 0  | -  |

- WED-State Team Work and TA Sessions (2-one morning, one afternoon)

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 20 | 80 |
| somewhat useful   | 4  | 16 |
| slightly useful   | 1  | 4  |
| not at all useful | 0  | -  |

- WED-PDSA in Action – Donna Johnson and Mary Podrabsky

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 16 | 64 |
| somewhat useful   | 8  | 32 |
| slightly useful   | 1  | 4  |
| not at all useful | 0  | -  |

- WED-World Café – Evaluation Outcomes

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 18 | 72 |
| somewhat useful   | 7  | 28 |
| slightly useful   | 0  | -  |
| not at all useful | 0  | -  |

- WED-World Café – Resource Examples

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 14 | 56 |
| somewhat useful   | 8  | 32 |
| slightly useful   | 2  | 8  |
| not at all useful | 1  | 4  |

- WED-World Café – Promising State Practices

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 13 | 52 |
| somewhat useful   | 11 | 44 |
| slightly useful   | 1  | 4  |
| not at all useful | 0  | -  |

- WED-World Café – Family Engagement

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 10 | 40 |
| somewhat useful   | 13 | 52 |
| slightly useful   | 1  | 4  |
| not at all useful | 1  | 4  |

- WED-State Team Report-Out

| N = 25            | n  | %  |
|-------------------|----|----|
| very useful       | 19 | 76 |
| somewhat useful   | 4  | 16 |
| slightly useful   | 1  | 4  |
| not at all useful | 1  | 4  |

5. Participants were given the opportunity to comment on their answers the activities and sessions.

- Please keep people to the time limits! It's disruptive and disrespectful when one person consistently exceeds the allotted time for presentations.
- Due to travel issues, I wasn't able to attend the first day's session. The survey design required me to answer all questions so I answered "very Useful" to the first 5 questions in the above section although I didn't participate in the sessions.  
Day 2 was excellent. It was informative and productive for our state team. Your experts created a very safe and supportive environment and a variety of opportunities and methods to learn from other states. I really appreciated the trifold board and the time we worked together as a state to further develop our plan.
- The sessions offered a good mix of learning and application with the state team time. It also provided time to learn from each other in the World Café.
- The evaluation outcomes provided gave me the materials that I needed to take back to my supervisor and workgroups to begin working on fixes and changes. I was able to get to work on this task immediately due to the level of analysis and work that was put into the evaluations. The messages to start small were good to reinforce.
- The interactive sessions exceeded my expectations, so good job! All of it was informative in a brief time and allowed for a lot of team work so we actually left with a concrete plan.

6. Participants were asked to indicate their level of agreement with the following three statements.

- I understand the CoIIN process.

| N = 25         | n  | %  |
|----------------|----|----|
| Agree          | 23 | 92 |
| Somewhat Agree | 2  | 8  |
| Disagree       | 0  | -  |

- I am confident that our state is making progress in implementing the CoIIN.

| N = 25         | n  | %   |
|----------------|----|-----|
| Agree          | 25 | 100 |
| Somewhat Agree | 0  | -   |
| Disagree       | 0  | -   |

- I understand what state teams are expected to accomplish.

| N = 25         | n  | %  |
|----------------|----|----|
| Agree          | 24 | 96 |
| Somewhat Agree | 1  | 4  |
| Disagree       | 0  | -  |

7. The most helpful or enjoyable part of the meeting:

- The lunch on the 2nd day was very nice!
- I always enjoy the breakout secessions and hearing what other states are doing with their projects. I enjoyed working together with our team to brainstorm ideas and concerns. Having time to totally devote to our project is this way is very helpful!
- It was great to have concentrated time with our team and to use the 6 hats to really work through a particular topic.
- The whole meeting was really wonderful!
- It's great having a balance of work time for our teams mixed in with hearing from other states and national experts. That integration is really helpful.
- Being able to network and meet the team members from other states.
- Working with the state team. Guidance from the CDC/CoIIn staff. Facilitated process.
- It was helpful to meet the ASPHN staff and teams from the other states. Resource sharing was also very helpful. Dr. Dietz did a great job of starting off the meeting and creating some energy.
- Getting acquainted with those we just generally talk to you on the phone. I also loved seeing all the resources the various states made available. I thought the venue was really nice so I wouldn't change that.
- All the time spent listening to other states and working as a state team.
- Networking. Great to network within other teams and within our own.
- The time to actually sit down and work with our team after some of the sessions

- Working together and gelling our team as well as learning from the other states; having networking time was essential and fun!
- Most helpful: having time to meet face-to-face with my fellow core team members to identify gaps and agree on next steps.
- Allowing our team continuous time to brainstorm together. When you are at work it is hard to allow yourself a days worth of time to just think about one project. So getting away and taking time to reflect and talk about each presentation was very beneficial.
- World Cafe: evaluation.

8. Part of the meeting you would change:

- While listening to the other teams is interesting - because all of the approaches are so different, it's not significantly helpful.
- I thought it was very helpful and I would not change anything!
- Emphasize talking about how CoIIN fits into the States' programs, culture and activities.
- None
- It was very helpful, I can't think of anything to change at this time.
- Nothing, I thought it went really well and the food was much appreciated.
- While I think the family engagement booth was a very great idea, it was one that was difficult to engage with due to speaker using time only to present.
- None
- I liked all of it.
- Provide alcoholic refreshments or a cash bar as part of the informal networking time so that participants are encouraged to stick around.
- Spend more one on one time with consultants and teams to brainstorm how to improve efforts.

9. Additional comments about the training or the Mini-CoIIN:

- Thank you for caring about the Mini CoIIN and the devotion you have put in to this project. It has given us a boost and we are grateful for the continuation of the project! We have grown form this experience and we will be able to implement this process into other projects! We feel very blessed and are grateful for your support! The conference was amazing!
- Generally it was great. Thank you.
- Thank you - it was obvious a lot of time and thought went into planning the meeting.
- Great job. Thank you for putting it together.
- This was an enjoyable experience.
- This opportunity has been very timely for our state and am already seeing benefits before we have even begun our PDSA cycle.
- This felt like the most productive time I've spent on Mini-CoIIN since joining the project. Thanks for the opportunity!
- I loved the salad bar lunch on Wednesday.