



# News from the Association of State Public Health Nutritionists

## ASPHN Annual Meeting Highlights June 2017

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### Remembering the Best Moments from the ASPHN 2017 Annual Meeting

Take a fresh look at the 2017 Annual Meeting keynote workshop, along with federal and local updates. Follow links to video and slides from your favorite presentation or witness a presentation you missed. Also, celebrate the annual awards and poster session winners.

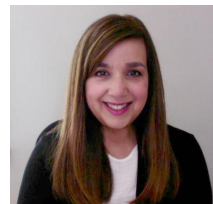
All these opportunities are included below in this meeting summary. Access the [Meeting Agenda](#), [Meet the Speakers and Participant List](#).

## Keynote Presentation

### Amp Up Your Impact- See it, Say it, Share it!

#### ASPHN Professional Messaging Campaign Launch:

Lourdes Pogue  
Gail Fottrell-Jones



Lourdes Pogue

ASPHN partnered with Lourdes Pogue of C5 Communications to create a messaging campaign that highlights the roles and value of public health nutritionists.

In the *See It, Say It, Share It!* campaign launch workshop, Lourdes and Gail helped attendees discover ways to use these messages on posters, social media and in conversation to describe the impact that public health nutrition is making where they are.



Gail Fottrell-Jones

[Get the slides.](#)

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## Annual Awards

### Celebrate!: 2017 ASPHN Annual Awardees

#### Becky Adams



Becky Adams

#### EXCELLENCE IN ASSOCIATION WORK

Becky's Board activities during the past year have made a major difference in moving forward ASPHN's goals and objectives.

"When I describe state nutrition programs and leaders to graduate students, Becky is a person who is often used as an example of a great leader."

- *Jamie Stang*

## Elizabeth Pivonka

### EXCELLENCE IN ADVOCACY

Elizabeth has made a significant contribution to the field of public health nutrition through advocacy, policy change, and/or collaborative work with decision makers.

"A major accomplishment is Elizabeth's leadership on the National Action Plan (NAP) to Promote Health Through Increased Fruit & Veg, Consumption in 2005 and its evaluation report cards in 2010 and 2015."

- *Mary Ann Ellsworth*

## Angie Tagtow

### EXCELLENCE IN PRACTICE

Angie is recognized for outstanding contribution to the field of public health nutrition and efforts that have assisted in meeting ASPHN's mission.



Angie Tagtow

"During her time as Executive Director for the CNPP at the USDA, a major activity that occurred was the development and promotion of the Dietary Guidelines for Americans 2015-2020... [which] are followed by all public health nutritionists across the nation."

- *Jill Lange & MCH Nutrition Council Steering Committee*

## Ashley Davis

### EXCELLENCE IN PRACTICE



Ashley Davis

Ashley is recognized for outstanding contribution to the field of public health nutrition and her activities and efforts that have assisted in meeting ASPHN's mission.

"Over the past 3 years, Ashley Davis has helped to bring the Creating Healthy Communities (CHC) program at the Ohio Department of Health (ODH) to a new level.

What was once primarily a sub grant program, has now become a robust statewide program..."

- *Sara Ginnetti*

## Bridget Igoe

### FRUIT AND VEGETABLE COUNCIL LEADERSHIP

Bridget is honored for outstanding contribution to public health nutrition specifically related to increasing fruit and vegetable consumption. This award also recognizes her leadership role with federal partners and the National Council of Fruit & Vegetable Nutrition Coordinators.

"Bridget's work [on Washington's USDA Food Insecurity Nutrition Incentive (FINI) project] serves as an outstanding example of using strong policies, programs, and environments to increase access to and support consumption of fruits and vegetables."

- *Diane Peck & Fruit & Vegetable Nutrition Coordinators Leadership Team*

## Peggy Trouba

### MCH COUNCIL LEADERSHIP

Peggy is honored as a leader on the MCH Council for outstanding contribution to expanding ASPHN's purpose of improving the health and wellbeing of the MCH population.



Peggy Trouba

"Under Peggy's leadership, we expanded our membership significantly, thanks largely to her efforts to reach out to potential new members.... Her enthusiasm for MCH nutrition is infectious."

- *Jamie Stang*

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## Federal Updates

### Across the USDA Landscape

#### USDA Update:

Donna Johnson-Bailey

Get the guidance you need to improve your program. The USDA continues to advance health through tools and resources that support public health nutrition programs across the US.

Highlights include:

- Planned updates to the Dietary Reference Intakes
- Pregnancy and Birth to 24 Months Project
- WIC guidance, food package and curricula
- SNAP data and guidance
- SNAP-ED Connection and the Framework
- USDA Branded Food Products Database
- Global Nutrition Coordination Plan

[Watch the video.](#) [Get the slides.](#)

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### Supporting Regular Physical Activity, Good Nutrition, and Healthy Weight

#### CDC-DNPAO Annual Update:

Janelle Gunn, MPH, RD



Janelle Gunn

Review the physical activity and nutrition programs that are leading our nation to healthier weight.

Highlights include:

- Racial and Ethnic Approaches to Community Health (REACH) Program
- Breastfeeding research and surveillance data, and resources
- Child nutrition
- Healthy food environment guideline updates
- Stories from physical activity partners
- Success story resources

[Watch the video.](#) [Get the slides.](#)

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### Opportunities for Collaboration with SNAP-Ed

#### SNAP-Ed Update:

Jenna Seymore, PhD

Dennis Savaiano, MS, PhD

Suzanne Stuka, MS, RDN, LN

Broaden your vision for collaboration

options that increase public health nutrition programs' impact. Here about successful collaborations with SNAP-Ed from Purdue and South Dakota State University.



Dennis Savaiano

Highlights Include:

- Updates to SNAP-Ed guidance
- Options for physical activity promotion
- Obesity Prevention Tool Kit for States



Suzanne Stluka

[Watch the video.](#) [Get the slides.](#)

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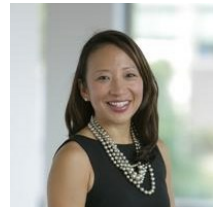
## NIH Research and Resources

### NIH Update:

April Oh, PhD, MPH

Kellie O. Casavale, PhD, RD

Angela K. McGowan, JD, MPH



April Oh

A panel of presenters offer insight into how NIH tools and policies are shaping nutrition and national health in alignment with federal goals.

Highlights include:

- Healthy Eating Index
- Dietary Guidelines for Americans
- Healthy People 2030
- The role of law and policy on fruit and vegetable intake



Angela McGowan

[Watch the video.](#)

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## Children's Healthy Weight CoIN

### MCHB Update:

Karen Probert, MS, RD

Sandy Perkins, MS, RD/LD



Karen Probert

Collaboration and innovation are driving the success of state level nutrition programs. Hear about the success and challenges of Children's Healthy Weight CoIN projects guided by ASPHN and funded through MCHB.

[Watch the video.](#)

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Sandy Perkins

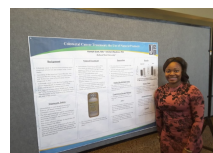
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## Poster Session

### Poster Session

#### Lessons Learned from Interventions and Research

Attendees gained insight into current nutrition research and intervention programs across the United States. The authors offered intriguing application possibilities for their findings.



Hannah Scott with her poster.

[See all the posters.](#)

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## Student Poster Session Awards

**Becca Leighton &  
Samantha Mosbrucker**

Congratulation to student poster session award winners Becca Leighton and Samantha Mosbrucker. These students from the University of Minnesota presented on the following timely topics.



Left to Right:  
Becca Leighton,  
Samantha  
Mosbrucker

Becca:

Food Insecurity at the University of Minnesota Twins Cities: Understanding students' experience to shape a campus food pantry

Samantha:

Local, Healthy Food Procurement Practices Among Minnesota Child Care Providers

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## State and Local Updates

### Food Systems in the US

**Crossroads Resource Center, MN**  
Ken Meter, MPA

Ken Meter's work integrates market analysis, business development, systems thinking, and social concerns to build capacity in the food system for US inner-city and rural communities.



Ken Meter

Highlights include:

- Defining "local" food
- Findings from food system assessments in Indiana, Alaska, and Hawaii
- Building networks for success

[Watch the video.](#)

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### Singularity of the First 1000 Days and Life-long Health

**Ohio State University**  
Robert Murray, MD, FAAP

Dr. Murray describes findings supporting the role of diet quality in the prenatal, pregnancy and postnatal periods as one of several protective factors in the chronic disease endpoints of 40 year olds.



Robert Murray

Topics include:

- Epigenetics
- Social-emotional skills
- Culture and relationships

[Watch the video.](#) [Get the slides.](#)

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### Minnesota Food Charter, Three Years Later

**Multiple Minnesota Organizations**

Michael Dahl

Stephanie Heim, MPH, RDN



Teresa A. Ambroz, MPH, RD, LD  
Alyssa Munsterman



The Minnesota Food Charter presents guidance and direction that fosters shared action towards healthy food access for all. Learn about the successes and challenges of MN Food Charter implementation from this engaging panel.



Stephanie Heim

Highlights include:

- Choose Charter strategies that fit your organization
- Be inspired by implementation examples from U of MN Extension, MN Department of Health, and more.



Therese Ambroz

[Watch the video.](#)

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## About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that develops leaders in public health nutrition who strengthen policy, programs and environments, making it possible for everyone to make healthy food choices and achieve healthy, active lifestyles.

Our vision is to create new environmental norms where healthy eating and active living are the easy and natural choices for all Americans. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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