



News from the Association of State Public Health Nutritionists



October 2017

In This Issue

Continuing Education:
Public Health Nutrition
Online Certificate of Training

Public Health Nutrition
Webinar Series -...Nutrition
and the Life Course

Get Involved: Join the
Annual Meeting Planning
Committee

Join the 2018 ASPHN
Leadership Class

Meet ASPHN Consultant
Allison Cyndi Atterbury

Welcome New Members!

About ASPHN

Continuing Education: Public Health Nutrition Online Certificate of Training

Register now to get continuing professional education credits and encourage your colleagues to advance their knowledge with the [Public Health Nutrition Online Certificate of Training](#).

Since its release in mid-June, 159 people have registered for the Public Health Nutrition Online Certificate of Training Program and six people have completed all five modules.

ASPHN is proud to have developed the content for this Certificate of Training in collaboration with the Association of Nutrition and Dietetics.

Tell us how you have been impacted by this training. Karen Probert is collecting stories of how ASPHN members are using or marketing this product. Send a brief description to karen@asphn.org by November 15.



Opportunity Awaits in the Emerging Area of Public Health Nutrition: Public Health Nutrition Certificate of Training Program

Develop competency and earn CPEUs online with this brand-new program concerning the exciting area of public health nutrition. The public health field is diverse with employment opportunities found in a variety of government and non-profit settings focused on prevention of chronic diseases. This program will focus on the responsibilities of a public health nutritionist, which includes planning, developing, monitoring, evaluating, administering, and establishing performance measures for public health nutrition programs, providing nutrition services to high risk populations, and much more.



The Level 2 program consists of five separate modules that build on each other:

- **Module 1:** Foundations of Public Health Nutrition
- **Module 2:** Public Health Nutrition Work
- **Module 3:** Developing a Public Health Nutrition Plan
- **Module 4:** Implementing and Evaluating a Public Health Nutrition Plan
- **Module 5:** Building Partnerships and Collaborations

Academy members enjoy a reduced rate of \$24 for each module, or may complete all five modules and earn 10.0 hours of CPEUs for \$120.

Gain public health competency today! Learn more at www.eatrightpro.org/onlinelearning.

This program has been developed by the Academy's Center for Lifelong Learning and planned with the Association of State Public Health Nutritionists (ASPHN) and the Committee for Public Health/Community Nutrition (CPHCN) and the Public Health and Community Nutrition Practice Group (PHCNPG).

[Back to top](#)

Public Health Nutrition Webinar Series

Nutrition and the Life Course: Prevention Opportunities

A collaboration between National WIC Association and Association of State Public Health Nutritionists

"Nutrition and the Life Course: Prevention Opportunities "
October 26th, 3:00-4:00pm ET
Space is limited. [Register now](#)



This webinar explains the five tenets life course theory and identify immediate prevention opportunities for professionals who focus on family nutrition.

Objectives

1) to understand the five tenets of life course theory and how they shape the protective and risk factors which influence health outcomes



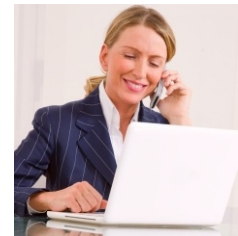
2) to identify program opportunities for nutrition that optimize interventions by using the life course theory framework

The National WIC Association and ASPHN, through funding provided by The Centers for Disease Control and Prevention, are collaborating to provide public health nutrition education.

[Back to top](#)

Join the Annual Meeting Planning Committee!

Your time is valuable. Make a big impact with a short-term commitment to the 2018 ASPHN Annual Meeting Planning Committee.



Meet for two 1-hour sessions from November through February, then one 1-hour in March, April and May by phone. Share thoughts, topics, speaker ideas, and suggestions to increase the fun and improve the functions of the Annual Meeting.

Contact [Cyndi Atterbury](#) to get involved today. And save the date for the 2018 ASPHN Annual Meeting, June 10-12.

[Back to top](#)

Join the 2018 ASPHN Leadership Class

ASPHN invites you to join our 2018 leadership class. The purpose of ASPHN's leadership program is to help ASPHN members grow as leaders.



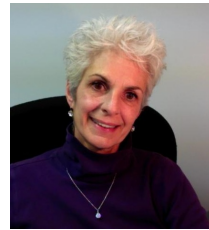
The program begins December 2017 and ends in June 2018. Participants are asked to join an ASPHN committee or council leadership team after they complete the program. We only have 10 spaces left. Apply Soon! Contact [Shana Patterson](#) for the Growing Leaders application.

The application deadline is Monday, October 23.

[Back to top](#)

Meet ASPHN Consultant Cyndi Atterbury, MPA, RDN, LDN

Cyndi Atterbury deftly manages the details and processes for ASPHN as Director of Operations on the consultant team. She also has expertise in Child Nutrition, Elder Nutrition and government contracting.



Read Cyndi's interview.

Q1: What motivations lead you into nutrition work?

Cyndi: In college, I started out in home economics education. Prior to college I had learned to sew quite well; even made a winter coat. My freshman year the clothing professor told me I was not to help the other students. WOW that was the most ridiculous thing I had ever heard - can't help someone? That same semester I was taking my first nutrition class and loved it. I had never heard of a dietitian but thought I would love that job. I thought to myself "...you have no worries about me helping my classmates in the future, I am out of here."

Q2: Why did you join the ASPHN consulting team?

Cyndi: After moving from Richmond, VA to York, PA in 1991, the President of ASTPHND (who was from VA) contacted me about doing some administrative work for the organization.

Q3: Briefly describe what makes you an expert in your role at ASPHN.

Cyndi: I have over the years become skilled in meeting planning by attending industry trainings and through hands on experience.

Contact [Cyndi Atterbury](#).

[Back to top](#)

Welcome New Members!

In September, ASPHN welcomed 7 new members! Our dedicated membership is making healthy eating and physical activity the easy choice, one community at a time. Thank you for joining us.



Expanded Members:

- Stephanie Brown in the South Carolina Dept of Health
- Jillian Osborn in the New York State Dept of Health
- Jennifer Tarburton in the Delaware Division of Public Health

Associate Members:

- Brenda Fisher from the Monongalia (WV) County Health Dept
- Melinda Hobler from the Allen County (PA) WIC Program
- Vera Prince, student (MI)
- Ginnie Uhley, Oakland University (MI)

You, too, can join this dynamic group of Public Health Nutrition leaders. [Become a member now.](#)

Contact [Allison McGuigan](#) with questions.

[Back to top](#)

About ASPHN



ASPHN

Advancing Health Through Leadership

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

[Back to top](#)