



News from the Association of State Public Health Nutritionists

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Public Health Nutrition Online Certificate of Training Promoted at NFCE 2017

The impact of the Public Health Nutrition Online Certificate of Training is spreading. The 5-module, web-based certificate develops competency and provides CEUs for the public health nutrition workforce. The Public Health Nutrition Online Certificate of Training was heavily promoted at the Food & Nutrition Conference & Expo (FNCE) 2017 that was held in Chicago October 21 - 24.

ASPHN is proud to have developed the content for this Certificate of Training in collaboration with the Academy of Nutrition and Dietetics.

Get your continuing professional education credits and advance your knowledge with the [Public Health Nutrition Online Certificate of Training](#). Start today.

For questions about course content, contact [Karen Probert](#) at karen@asphn.org.



Opportunity Awaits in the Emerging Area of Public Health Nutrition: Public Health Nutrition Certificate of Training Program

Develop competency and earn CPEUs online with this brand-new program concerning the exciting area of public health nutrition. The public health field is diverse with employment opportunities found in a variety of government and non-profit settings focused on prevention of chronic diseases. This program will focus on the responsibilities of a public health nutritionist, which includes planning, developing, monitoring, evaluating, administering, and establishing performance measures for public health nutrition programs, providing nutrition services to high risk populations, and much more.



- The Level 2 program consists of five separate modules that build on each other:
- **Module 1:** Foundations of Public Health Nutrition
 - **Module 2:** Public Health Nutrition Work
 - **Module 3:** Developing a Public Health Nutrition Plan
 - **Module 4:** Implementing and Evaluating a Public Health Nutrition Plan
 - **Module 5:** Building Partnerships and Collaborations

Academy members enjoy a reduced rate of \$24 for each module, or may complete all five modules and earn 10.0 hours of CPEUs for \$120.

Gain public health competency today! Learn more at www.eatrightpro.org/onlinelearning.

This program has been developed by the Academy's Center for Lifelong Learning and planned with the Association of State Public Health Nutritionists (ASPHN) and the Committee for Public Health/Community Nutrition (CPHCN) and the Public Health and Community Nutrition Practice Group (PHCNPG).

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Become an ASPHN Liaison

Become an ASPHN liaison for the American Public Health Association (APHA) or National Salt Reduction Initiative (NSRI). Liaison work can deepen your connection with public health nutritionists.



Not sure what a liaison does? Contact [Shana Patterson](#) at shana@asphn.org for notes from the ASPHN Liaison Training call.

APHA Liaison - This position is ideal if you are already a member of APHA and involved/interested in the Food and Nutrition Section. Past liaisons participated in online meetings and volunteered to serve on conference presentation reviews and conference planning, as

well as representing ASPHN during the APHA Annual Conference.

NSRI Liaison - This position is a perfect fit if you are from one of the 8 states working on the Sodium Reduction in Communities Grants (SRCG). If your state/community is not one of the SRCG, but you are interested in sodium reduction initiatives, this could still be a great position for you. NSRI hosts quarterly calls, provides expert presentations, and asks partners to share information with their networks, or possibly sign a letters of support, etc.

To find out more about ASPHN Liaisons, please contact [Shana Patterson](mailto:shana@asphn.org) at shana@asphn.org.

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Children's Healthy Weight CoIIN

ASPHN is excited to announce that 18 State Teams from 13 different states will participate in the Children's Healthy Weight Collaborative Improvement and Innovation Network (CoIIN).



The Children's Healthy Weight CoIIN is a 3-year Cooperative Agreement from the Maternal and Child Health Bureau. The purpose of this project is to increase the proportion of children and young adults ages birth to 21 years who fall within a healthy weight range by supporting states to adopt evidence-based or evidence-informed policies and practices related to nutrition, physical activity, and breastfeeding.

The CoIIN will support the state teams work towards the National Outcome Measure to reduce the percent of children and adolescents who are overweight or obese and implement National Performance Measures on Breastfeeding and Physical Activity in their Title V Block Grant programs.

The Children's Healthy Weight CoIIN has 3 Work Streams.

1. Breastfeeding
2. Physical Activity
3. Innovative Nutrition Integration

The first year states will work on the Breastfeeding and/or the Physical Activity Work Stream. The second year **ALL** states will continue working on their original Work Stream(s) **AND** the Innovative Nutrition Integration Work Stream. There are two different levels of participation, Technical Assistance (TA) and Intense Learning (IL). States participating at the TA level will be able to participate in webinars, get resources, and have access to experts. IL level states will also in-person participate in an learning session, receive coaching, and a small seed grant.

Participating States

Intensive Level Breastfeeding Work Stream: California, Iowa, Louisiana, North Dakota, Wisconsin
Physical Activity Work Stream: Florida, Indiana, Oregon

Technical Assistance Breastfeeding Work Stream: Arkansas, Indiana, Nebraska, Nevada, North Carolina, Texas

Physical Activity Work Stream: Nebraska, Nevada, Texas, Wisconsin

Contact [Sandy Perkins](mailto:sandy@asphn.org) at sandy@asphn.org for more information.

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Join the Annual Meeting Planning Committee!

Your time is valuable. Make a big impact with a short-term commitment to the 2018 ASPHN Annual Meeting Planning Committee.



Meet for two 1-hour sessions from November through February, then one 1-hour in March, April and May by phone. Share thoughts, topics, speaker ideas, and suggestions to increase the fun and improve the functions of the Annual Meeting.

Contact [Cyndi Atterbury](mailto:cyndi@asphn.org) at cyndi@asphn.org to get involved today. And save the date for the 2018 ASPHN Annual Meeting, June 10-12.

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ASPHN at the Childhood Obesity Prevention Awareness Expo

ASPHN was invited to showcase our work in the area of childhood obesity at the Childhood Obesity Prevention Awareness Expo on October 13th in Washington, DC. See [pictures](#) of the event.



We distributed these ASPHN materials:

- Cornerstones of a Healthy Lifestyle: Blueprint for Nutrition & Physical Activity
- ASPHN Capabilities handout
- Childhood obesity prevention efforts promo sheet
- Pediatric Obesity Mini CoIIN handouts
- ASPHN Success Stories

Visitors to the ASPHN table included:

- Sara Nasta, staff person for Representative Fudge (OH District 11),
- a staff person from the President's Council on Fitness, Sports & Nutrition,
- a staff person from Congresswoman DelBene's office, and
- representatives from 10 different Congressional offices.

ASPHN's nutrition focus stood out among the many booth representing physical activity organizations.

This activity was sponsored by The Congressional Childhood Obesity Task Force, which is co-chaired by four members of Congress - Reps. Fudge (OH), Kind (WI), Tiberi (OH), and Reichert (MN).

Meet ASPHN Consultant Karen Probert, MS, RDN

Karen Probert supports the success of members' work for ASPHN as Executive Director on the consultant team. She has been a nonprofit executive director for about 20 years and has worked for ASPHN in many different capacities for 23 years.



Read Karen's interview.

Q1: What motivations lead you into nutrition work?

Karen: Into nutrition - my mother was a dietitian and as a high school student I slowly became aware of the abhorrent eating habits and eating behaviors of my classmates, and that

inspired me to study nutrition. Into public health - as a dietetic intern I realized that I didn't think someone who needed to change their diet 50+ years ago should change their diet because of a health event. Instead I wanted to work to make sure people started eating healthfully from the get go.

Q2: Why did you join the ASPHN consulting team?

Karen: I think the work done by ASPHN members is the most important work to be done by nutrition professionals. I respect and admire ASPHN members for persevering in what can be very challenging work environments. Plus I think policy, system and environmental (PSE) change strategies are cool! I worked for ASPHN for five years in the mid 1990s and was thrilled at the chance to return in 2007.

Q3: What's something quirky about you?

Karen: Lots! Right now, my husband and I are having fun finding things for our mint condition, mid-century house build in the early 1960s. We just spent time refurbishing retro bright orange patio furniture and a 1940s antique gas stove.

Contact [Karen Probert](mailto:karen@asphn.org) at karen@asphn.org and connect with her on [LinkedIn](#).

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Welcome New Members!

In October, ASPHN welcomed 12 new members! Our dedicated membership is making healthy eating and physical activity the easy choice, one community at a time. Thank you for joining us.



Expanded Members:

Morgan Ashley, RD

Laura Douglas, NDTR, CLC

Amy Gelfand, MS, RDN, CNSC

Amy Imler, MS, RD, CDN

Sharon Isaac

Rebecca Monahan, MS, RD, CDN

Meghan Muller, MPH, RDN

-All 7 in the New York State Department of Health

Laurel Huffman, MPH, CPH, RDN, LDN in the Maryland Department of Health

Lezly Hughes, MPH, RDN, IBCLC, MCHES, CD in the Washington State Department of Health

Stacy Miller, PhD, RD, CLC in the Colorado Dept of Public Health and Environment

Carrie Pearse, MPH, RD in the Colorado Department of Education

Lydia West, MPH, RD, LD in the Mississippi Public Health Institute

Associate Members:

Kelly Vrablic in the Illinois Department of Public Health

Rayangnewinde Yanogo at the Robert Stempel College of Public Health and Social Work

You, too, can join this dynamic group of Public Health Nutrition leaders. [Become a member now](#).

Contact Allison McGuigan at allison@asphn.org with questions.

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About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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