



News from the Association of State Public Health Nutritionists

January 2018

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Register Now: Public Health Nutrition Webinar Series, January 11

**A collaboration between National WIC Association and
Association of State Public Health Nutritionists**

Join us for the next webinar of ASPHN/NWA
Public Health Nutrition Webinar Series.

Highlights of the NC Farmers' Markets Nutrition
Programs Integration Pilot Project
Thursday, January 11, 2018 3 -4 p.m. EST

[Register now!](#)

Presented by:

Diane Beth, MS, RDN, LDN
Nutrition Program Consultant
Children & Youth Branch
Division of Public Health

North Carolina Department of Health and Human Services



National WIC
Association



Webinar Description:

How can state and local WIC and community-level programs collaborate to assist limited resource households in maximizing their USDA benefits at Farmers' Markets? Learn how one state, North Carolina, took this on. Also, be ready to share with others on the webinar some ideas or projects that have worked or could work in your community.

Presentation Goals:

- Provide a highlighted summary of the NC Farmers' Markets Nutrition Programs Integration Project
- Spark ideas for how state and local WIC and community-level programs can collaborate

The National WIC Association and ASPHN, through funding

provided by The Centers for Disease Control and Prevention, are collaborating to provide public health nutrition education.

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Future CDC Nutrition Funding for States

On December 20, 2017, Grants dot gov included a forecasted opportunity (CDC-RFA-DP18-1807), "The State Physical Activity and Nutrition Program."

This is a notice to say that CDC expects to release a funding opportunity in February 2018. ASPHN does not have any more information than what is included in the notice posted on grants.gov.

Go to www.grants.gov, select "SEARCH GRANTS," type nutrition in the "Keyword(s)" box on the left, then click the "Forecasted" box found on the left, and click the "SEARCH" button.

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National Fruit and Vegetable Nutrition Council Update

The National Fruit and Vegetable Nutrition Council is now open to all ASPHN members!



In July 2017, the ASPHN board approved changes to the bylaws that affected the Council membership and representation. The bylaws also changed the name of the Council. These changes increased participation and made the Council more successful.

As a result of these changes to the Council bylaws, the position of Fruit and Vegetable Coordinator, as designated by each state, was eliminated. Now all National Fruit and Vegetable Nutrition Council members will be voting members in ASPHN elections of Council leadership.

The mission of the National Fruit and Vegetable Nutrition Council is to serve as an organized voice of state public health nutrition leaders in decisions affecting fruit and vegetable public health planning.

You, too, can be a part of this active and growing group! The Council has finalized its strategic work plan for this year and we hope you consider involvement in the activities. To join the Council, email Sandy Perkins at sandy@asphn.org.

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School Health Funding Opportunity for States

On January 3, 2018, Grants dot gov posted a 5-year cooperative agreement opportunity for state education

agencies.

Funding Opportunity Number CDC-RFA-DP18-1801 has three purposes - helping students eat healthy foods and drink healthy beverages, increasing participation in daily physical activity, and helping students manage their chronic health conditions.

Go to www.grants.gov to search for more information.

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Continuing Education: Breastfeeding and Public Health Equity

Charting the Course Together:
Breastfeeding and Public Health Equity
January 22 from 2:00 to 3:30 pm ET



[Register now!](#)

This first webinar of the Public Health Breastfeeding Partner Series will discuss the significance of breastfeeding as a public health issue and explore the matter of equity in access and outcomes in breastfeeding. Presenters will share their public health breastfeeding work and highlight their efforts to advance equity in the field. [Continuing education information.](#)

Presenters: The Centers for Disease Control Division of Nutrition Physical Activity and Obesity (CDC-DNPAO) and the Breastfeeding Public Health Partners will present this webinar. The Breastfeeding Public Health Partners is a group of national organizations that collaborate to support national public health priorities to improve the health and overall well-being of women, infants, children and families through individual and collective efforts.

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Fresh Resource: ASPHN Brief - Supporting Maternal Mental Health in Public Health Nutrition Practice

According to JAMA Psychiatry, one in seven mothers experiences depression or anxiety during pregnancy or postpartum.

Read or download ASPHN's new brief, [Supporting Maternal Mental Health In Public Health Nutrition Practice](#), which addresses how public health nutritionists can strategically and positively influence the outcomes of maternal mental health.

This brief marks the latest in ASPHN's series on maternal and child health. It provides valuable insight into maternal depression and the potentially harmful effects it can have on mothers, families and children. It also highlights programs that use integrated maternal mental health screening and training to help those who are at risk, and offers resources that can be

used to screen and treat maternal depression.

For more information or questions, contact Shana Patterson, RDN at shana@asphn.org.

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Welcome New Members!

In December, ASPHN welcomed 7 new members! Our dedicated membership is working daily towards healthy eating and active living for everyone. Thank you for joining us.



Expanded Members:

Kristi Jones, RD and Sherin Joseph, MA, RDN, CDN in the New York State Health Dept.

Jamie Larson and Lisa Schlientz, MPH, IBCLC in the Missouri Dept. of Health

Kristina Thompson, CLC in the New Hampshire Dept. of Health

Associate Members:

LaShaundra Crook, MS, RDN, LD at The Research Diva-RD

Desiree Erchul, BS, NDTR at CARE Chest of Sierra Nevada

Amanda Frankeny, RDN, LDN at Pennsylvania Nutrition Education Network

Shannon Robson, PhD, MPH, RD at the University of Delaware

You, too, can join this dynamic group of Public Health Nutrition leaders. [Become a member now.](#)

Contact Allison McGuigan at allison@asphn.org with questions.

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About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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