



News from the Association of State Public Health Nutritionists



March 2018

In This Issue

Apply Now: ASPHN
Blueprint Technical
Assistance Seed Grant Due
April 12

Annual Meeting: ASPHN
Annual Awards Nominations

Annual Meeting: Call for
Posters

Member Spotlight: Michele
Kawabe

Fresh Resourch: Increase
Your Knowledge and Skills
Through
PublicHealthNutrition.org

National Nutrition Month:
Share Your Celebration

ASPHN Internship Highlight:
Food Fight!

Welcome New Members!
About ASPHN

Apply Now: ASPHN Blueprint Technical Assistance Seed Grant Due April 12

Act now to [apply for the ASPHN Blueprint Technical Assistance Seed Grant](#).

Up to three member-applicants will receive a \$7,000 mini grant or technical assistance worth up to \$7000 for State projects using the [Cornerstones of a Healthy Lifestyle Blueprint for Nutrition & Physical Activity](#) (Blueprint) in public health nutrition efforts.



The State projects must be based on strategies outlined in the Blueprint.

Topics:

- Working with communities on activities related to the ASPHN Brief, [Supporting Maternal Mental Health in Public Health Nutrition Practice](#); (Preferred)
- Incorporating nutrition expertise into state home visiting programs;
- Integrating [USDA, FNS Core Nutrition Messages](#) within MCHB activities.

Timeline:

Application due: 4/12/2018

Notice of Award: 4/30/2018

Final report due: 4/30/2019

For more information, please contact Sandy Perkins at sandy@asphn.org.

[Back to top](#)

Annual Meeting: 2018 ASPHN Annual Awards Nominations

Nominate your colleague for an ASPHN Annual Award. This is the time to honor the impact of Public Health Nutrition work done by advanced and early career professionals alike.



Annual Awards are presented in 5 categories:

- Excellence in Practice
- Excellence in Association Work
- Excellence in Advocacy
- Outstanding Leadership for the National Fruit & Vegetable Nutrition Council
- Outstanding Leadership for the Maternal and Child Health (MCH) Nutrition Council

Awards will be presented at the 2018 Annual Meeting in San Antonio, TX.

[Nominate your colleague today!](#) Just scroll over the star in category of your choice to submit the nomination. Nominations are open March 12-31. Recipients will be selected in early April.

Interested in joining the annual awards selection committee? It is fun and just takes a couple of hours. Contact Allison McGuigan at allison@asphn.org for more information!

[Back to top](#)

Annual Meeting: Draft Agenda, Call for Posters and More!

Check the website for exciting [2018 ASPHN Annual Meeting updates](#). The 2018 ASPHN Annual Meeting is Sunday, June 10 through Tuesday, June 12 and the draft agenda is now available.



Hotel Valencia
Riverwalk

Theme: Expanding Your Boundaries: Health Equity in Public Health Nutrition

Poster: [Apply now](#) to present.

Getting There: Book your room at the meeting venue [Hotel Valencia Riverwalk](#) in San Antonio, TX. Enjoy the elegant boutique hotel on the banks of the San Antonio riverwalk.

Mention Association of State Public Health Nutritionists to get the conference rate of \$124 per night, which matches the current federal per diem rate.

Getting to the Annual Meeting is easy. Arrive at the Hotel Valencia Riverwalk by [Super Shuttle](#) in just 20 minutes from the airport for \$15 one way and \$28 round trip. The shuttle hours are 8 AM until midnight.

[Back to top](#)

Member Spotlight: Michele Kawabe

[Michele Kawabe](#) is a Nutrition and Food Management Consultant at the Michigan Department of Health and Human Services. In her current role she works with stakeholders and partners to develop and deliver programs aimed at [preventing obesity and chronic disease](#) in adults and youth.

Michele is also the ASPHN liaison to National Salt Reduction Initiative (NSRI). Acting as the liaison to NSRI aligns with state initiatives that focus on reducing the incidence and prevalence of heart disease and stroke and lessening cardiovascular disease burden.

You, too, can further your state initiatives by becoming a liaison for ASPHN to other professional organizations, such as the American Public Health Association. [See the full list of ASPHN liaisons here](#). Contact Shana Patterson at shana@asphn.org to learn more.

[Back to top](#)

Fresh Resource: Increase Your Knowledge and Skills Through PublicHealthNutrition.org

Refresh your skills and increase your knowledge through PublicHealthNutrition.org, a new dynamic website developed by ASPHN



that serves up hundreds of resources and programs available to PHNs.

The site's content is organized by our profession's broad categories of practice ([Nutrition](#), [Advocacy](#), [Communication](#), [Research](#), [PSE](#), and [Leadership](#)) and sub-categorized by "indicators." The indicator pages provide definitions of what they encompass and link to information and programs from government agencies, educational institutions, professional organizations and others.

"This website is a gold mine of resources for state public health nutritionists and public health nutrition students. It is a huge asset to the profession, made for us by us!," says Christina Thi, Obesity Prevention Coordinator, Texas Department of State Health Services.

ASPHN is committed to keeping the content on the site current. Please send us any resource/training suggestions you have for inclusion on the website.

For more information or questions about the Public Health Nutrition website, please contact Shana Patterson at shana@asphn.org or 814 255-2829 ext. 708.

[Back to top](#)

National Nutrition Month: Share Your Celebration

Tell us what you're doing in your state to celebrate National Nutrition Month or "Go Further with Food" in March and we'll share it on social media.



As we help our friends at The Academy of Nutrition and Dietetics celebrate this year's theme, "Go Further with Food," we want to showcase how public health nutritionists are leading this charge.

Also, be sure to visit the [See It. Say It. Share It. website](#) to see how ASPHN is promoting member success stories, videos and other accomplishments during National Nutrition Month. Together, let's spread the word.

Please contact Lourdes Pogue at lourdes@asphn.org or 814 255-2829 ext. 710 to share your state's efforts.

[Back to top](#)

ASPHN Internship Highlight: Food Fight!

ASPHN Intern, [Curtis Tyger](#), is employing geographic information system (GIS) mapping and health data to better characterize communities in Atlanta where food insecurity exists and help residents fight for healthy food options. This project is part of his internship project at Morehouse School of Medicine Prevention Research Center (PRC).



Curtis Tyger

According to (PRC), causes of food insecure communities in urban areas are complex. Oftentimes, health disparities facilitated by food insecurity and access are viewed in terms of income, socio-economic status and geography. However these factors are not always the most compelling causes.

Tyger says, in addition to fighting for healthy food options, residents in these communities have to also deal with crime. His preliminary research revealed a strong

correlation between the dearth of healthy food options, food insecure households and violent crimes within certain neighborhoods. By identifying high crime areas in Atlanta and layering those data with access to healthy food options, Tyger developed hotspot maps that were presented to advocacy groups and neighborhood planning units within the city. These maps illuminate the lack of opportunities for residents to access healthy food options and engage in healthy behaviors, such as physical activity. Some of the areas of most concern are within a few miles of Atlanta City Hall.

Post internship, Tyger hopes to use these skills in urban planning with a public health equity focus. City planning and zoning can impact the physical and mental health of communities. Building a case for health in all policies, particularly in urban planning, can improve health outcomes for all residents in cities like Atlanta.

For more information about the ASPHN Health Equity Internship Program, contact internship@asphn.org.

[Back to top](#)

Welcome New Members!

In February, ASPHN welcomed 5 new members! Thank you for joining us.

Our ASPHN member-network is strengthening our nation through collective action that makes healthy eating and active living possible for everyone.



Expanded Members:

Michelle Compton, RD, LDN, CLC and Angela Lollock, BS in the Peoria City/County Health Dept

Melissa Dunlap, MS, RD, CD, CLC in the Wisconsin WIC Program

Nancy Keim, MS, RD, LD, IBCLC in the Missouri Dept of Health

QuinTasha Knox in the South Carolina Dept of Health

Associate Members:

Marissa McElrone from the University of Tennessee

You, too, can join this dynamic group of Public Health Nutrition leaders. Check out our [member benefits](#) and [become a member now](#).

Contact Allison McGuigan at allison@asphn.org with questions.

[Back to top](#)

About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

[Back to top](#)

