

April 2018

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**Deadline Extended:
ASPHN Blueprint Technical Assistance
Seed Grant Due April 19**

There is still time! Act now to [apply for the ASPHN Blueprint Technical Assistance Seed Grant](#). The deadline for this short application has been extended one week to April 19.



You could be one of the three member-applicants chosen to receive a \$7,000 mini grant or technical assistance worth up to \$7000 for State projects using the [Cornerstones of a Healthy Lifestyle Blueprint for Nutrition & Physical Activity](#) (Blueprint) in public health nutrition efforts.

The State projects must be based on strategies outlined in the Blueprint.

Topics:

- Working with communities on activities related to the ASPHN Brief, [Supporting Maternal Mental Health in Public Health Nutrition Practice](#); (Preferred)
- Incorporating nutrition expertise into state home visiting programs;
- Integrating [USDA, FNS Core Nutrition Messages](#) within MCH activities.

Timeline:

Application due: 4/19/2018

Notice of Award: 4/30/2018

Final report due: 4/30/2019

For more information, please contact Sandy Perkins at sandy@asphn.org.

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**ASPHN Honors
National Minority Health Month from
Dr. Steve Owens**

Disparities in health outcomes among US populations are well-documented. Racial and ethnic minority populations tend to have some of the worst health outcomes related to chronic diseases.



Steve Owens

ASPHN members know that good nutrition and physical activity play key roles in addressing minority health disparities and inequities. Individual behaviors plus system factors influencing policy and the built environment contribute to inequities in many chronic

diseases and conditions.

As nutrition stakeholders and public health communities engage in activities to recognize National Minority Health Month, keep these ASPHN resources in mind.

View the [Leveling the Playing Field](#) presentation.

Then visit the ASPHN website, publichealthnutrition.org, which has hundreds of resources to build competency in the public health nutrition. It includes the category of practice, [Communications and Cultural Sensitivity](#). You can also find resources on health literacy for diverse populations, health inequity, and racial & socioeconomic inequality.

For questions about minority health, contact Steve Owens, MD, MPH at steve@asphn.org. Dr. Owens is the ASPHN Health Equity Internship Program Director.

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ASPHN Appreciates Our Member-Volunteers

ASPHN is on a mission to make healthy eating and active living available to everyone. We could not accomplish this vision without the creative work and dedication of our member-volunteers.



During Volunteer Appreciation Month, we offer extra applause and a big thanks to our members serving above and beyond their work duties in these ASPHN roles.

- Board of Directors
- Committees: Policy, Collaboration and Membership Communications & Outreach;
- Councils: Fruit and Vegetable Nutrition, Maternal and Child Health Nutrition, Obesity Prevention Nutrition
- CoIINs: Pediatric Obesity mini, Children's Healthy Weight

Thank you for your work in helping ASPHN achieve its mission and vision.

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Annual Meeting: Register Now!

[Register now](#) for the 2018 ASPHN Annual Meeting! The Annual Meeting is a chance to connect, collaborate and create a wide network that cultivates positive change across the country.



Hotel Valencia
Riverwalk

Expanding Your Boundaries:
Health Equity in Public Health Nutrition

June 10-12, 2018 at the Hotel Valencia Riverwalk in San Antonio, TX.

Get updates including the meeting agenda, travel tips and more on the ASPHN [website](#).

Plus there is still time to participate as a poster presenter. Click here to submit you [application](#).

Have questions? Don't wait. Contact Cyndi Atterbury today at cyndi@asphn.org.

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Annual Meeting:

Travel Scholarships

This year ASPHN is offering a number of travel scholarships to assist members who may not have funding to support attendance at the Annual Meeting. Just complete this [simple application](#).



Applications must be completed by close of business, Monday, April 16th.

The members selected to receive this support will be notified no later than Wednesday, April 25th.

Travel support between \$1000 and \$1600 per person will be offered to cover expenses to attend the 2018 ASPHN Annual Meeting within the rules of the ASPHN Travel Policy. The amount of support depends on the number of applicants.

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Annual Meeting: The Excursion

Create deeper connections with your national colleagues through the 2018 ASPHN Annual Meeting Excursion!



Relax, eat and stroll along our [San Antonio Food Tour](#) on Monday evening. Watch the [ASPHN website](#) for exciting location updates. Anticipate walking about 1 mile with about 4 stops to eat along the way. The cost is estimated at \$50 or less and must be prepaid.

@lacijanea

In addition to the excursion, we also plan for groups to take narrated riverboat tours Sunday and Monday evenings. The cost for this tour is around \$12 per person. There will be optional dinner groups after the tours for those interested.

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PHN Online Certificate of Training: Ideal for New Hires

Make sure your new hires have foundational training in public health nutrition by enrolling them in the [Public Health Nutrition Online Certificate of Training \(CoT\) program](#).



The CoT contains five separate modules that build on one another and focus on the fundamental components of public health nutrition. The self-study series includes web links and resources for additional online learning opportunities.

Each module is available to the registered participant for 30 days. To receive the CoT, all five modules and related tests must first be completed, and a final exam must be passed with a minimum of 80 percent.

This program was developed by ASPHN and the Academy of Nutrition and Dietetics Center for Lifelong Learning. Reviewers included the Committee for Public Health/Community Nutrition (CPHCN) and the Public Health and Community Nutrition Practice Group (PHCNPG).

Interested in learning more? Contact Karen Probert at karen@asphn.org.

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Public Health Nutrition Webinar Series: Collaboration Across FNS Programs

-A collaboration between National WIC Association and Association of State Public Health Nutritionists

[Register now](#) for the May installment of the Public Health Nutrition Webinar Series!



Working Together to Better Serve Families:
Collaboration Across FNS Programs
May 10 at 3:00pm ET

Presented by Lisa Mays, MPH, RDN, USDA
Food & Nutrition Service, SNAP-Ed



National WIC
Association

Gain fresh knowledge and skills:

- Be updated on the national food insecurity statistics and programs offered by the USDA Food and Nutrition Service.
- Review the collective impact approach, which uses collaboration to tackle complex social issues.
- Gain inspiration from examples of promising collaborative efforts with WIC and programs such as SNAP-Ed.
- Apply these lessons learned to partnership building within your own communities.

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ASPHN Internship Highlight: Children Count

Through her placement at the Nevada Institute for Children's Research & Policy (NICRP), ASPHN Intern, Helena Berlin, is supporting this year's [Kindergarten Health Survey](#) with data analysis and policy recommendations. The survey provides insight into the health status, household income, insurance status, routine care and access to healthcare for children.



Helena Berlin

According to [NICRP](#), the first years of life set the trajectory for future success. The years from birth to school age are keys to the development of the brain, establishing language and cognitive skills needed to learn, deal with stress, and interact with others. Since 2008, NICRP has implemented the Nevada Kindergarten Health Survey to assess the health status of children entering kindergarten each school year.

"The health status of children is vital to the future success of Nevada," says Berlin. The relationship between education and health is complex. Positive and adverse childhood experiences, as well as social issues, can impact education and health. These issues are often tied to social determinants of health and health services, and strongly correlated to disparities in educational achievement and health. Disparities that begin early in life often persist through the lifecycle of children, continuing into adulthood.

In addition to the Kindergarten Health Survey analysis, Berlin is analyzing data from the safety-net providers' interview survey to further characterize the state of children in Nevada. Results from the safety-net provider interviews will help inform policy to improve outcomes associated with poverty in Nevada.

Berlin has developed a policy brief and infographic on the impact of poverty in childhood to inform Nevada policy makers. The policy brief will be included in the next edition of Nevada Children's Legislative Briefing Book.

Berlin reports, "I am very fortunate to have this ASPHN internship! I am able to better connect how state-level policies influence the work public health practitioners do in

the community."

Prior to enrolling in the doctorate of public health program at the University of Nevada at Las Vegas, Berlin worked as a health educator in Connecticut. Upon graduating from her academic program, Berlin plans to work in the area of children's health with the goal to remediate the impacts of adverse childhood experiences.

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Welcome New Members!

ASPHN expands its network of talented professionals as it welcomes 10 new members in March! Thank you for joining us.



Our ASPHN member-network is strengthening our nation through collective action that makes healthy eating and active living possible for everyone.

Expanded Members:

Emily Bash, MPH, RD, CLC in the CO Dept of Public Health & Environment

Chris Benson, MPH, RDN in the WA State Dept of Health

Brooke Walker, MS, RDN, LD, CLC at the U of GA

Max Young, MPH, RDN in the CO Dept of Human Services

Associate Members:

Yetunde Akingbemi and Noelle Yeo from the U of MN (students)

Margaret Barth, PhD, MPH from Appalachian State University

Cambren Grimmatt from Rush Oak Park Hospital (student)

Deana Hildebrand, PhD, RD, SNS, LS from Oklahoma State University

Audrianna Marzette from Centers for Disease Control and Prevention

You, too, can join this dynamic group of Public Health Nutrition leaders. Check out our [member benefits](#) and [become a member now](#).

Contact Allison McGuigan at allison@asphn.org with questions.

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About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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