

ASPHN's Children's Healthy Weight CollN

“Shaping healthy habits for life.”

In 13 states, public health nutritionists are supporting state **Title V** programs to promote nutrition, physical activity and breastfeeding through **collaborative** learning and **quality improvement** practices.

Innovative Nutrition Integration

Teams are creatively integrating nutrition into Title V MCH Block Grant and other MCH programs.



Physical Activity

State teams are increasing the number of schools and programs implementing select components of the Comprehensive School Physical Activity Program (CSPAP) model.



Breastfeeding

State teams are establishing new policies or practices that address social and ecological barriers to breastfeeding.



Expert Support

State teams are assisted by experts in broad ranging fields

PEDIATRICS
 MATERNAL & CHILD HEALTH
 BREASTFEEDING
 PHYSICAL ACTIVITY
 EVALUATION
 QUALITY IMPROVEMENT
 PUBLIC HEALTH NUTRITION
 MILLENNIAL ENGAGEMENT
 SPECIAL NEEDS CHILDREN

11 Breastfeeding State Teams

Arkansas | California | Indiana | Iowa | Louisiana | Nebraska | Nevada | North Carolina | North Dakota | Texas | Wisconsin

Key Drivers



- Strengthen health equity
- Establish breastfeeding friendly communities
- Provide technical assistance & training

13 Innovative Nutrition Integration State Teams

Arkansas | California | Florida | Iowa | Indiana | Louisiana | Nebraska | Nevada | North Carolina | North Dakota | Oregon | Texas | Wisconsin

Key Drivers



- Improve access to Title V quality nutrition programs
- Optimize number of local, state & national Title V PHNs
- Increase nutrition competency of Title V workforce
- Develop messaging that integrates nutrition with Title V programs
- Maximize partnerships to integrate nutrition into Title V

7 Physical Activity State Teams

Florida | Indiana | Nebraska | Nevada | Oregon | Texas | Wisconsin

Key Drivers



- Adapt for special needs
- Offer technical assistance & professional development
- Increase physical activity before, during & after school

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