AMCHP's INNOVATION STATION: Search, Implement, Submit!

OVERVIEW

AMCHP defines “best practices” as a continuum of practices, programs, and policies that range from cutting-edge, emerging, and promising to those that have been extensively evaluated and proven effective, i.e. best practice.

AMCHP's Practice Categories

The Innovation Station database contains over 101 MCH practices, and is searchable by Title V National Performance Measure, topic, practice category, etc. Check out some of the practices relevant to the Healthy Weight CoIIN.

<table>
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<th>Topic</th>
<th>Practices</th>
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| Nutrition and Physical Activity | **Empower Program** (Best)  
**Georgia Shape** (Emerging)  
**Get Healthy Together** (Promising)  
**Urban Lotus** (Cutting Edge) |
| Overweight and Obesity  | **Body and Soul: A Faith Based Health Improvement Initiative** (Promising)  
**Touching Hearts and Minds** (Emerging)  
**Women Together for Health** (Emerging) |
| Breastfeeding           | **Baby Steps to Breastfeeding Success** (Emerging)  
**Breastfeeding Training.org** (Emerging)  
**Birth and Beyond California** (Emerging)  
**Communities Supporting Breastfeeding** (Emerging) |

Searching the Innovation Station database is a great way to learn about what is happening in your area of interest or in your geographic location. It can be a good tool to start thinking about what practice you might implement, or how you can build upon existing practices.
Do you already have a practice that seems successful, and don’t see it on the Innovation Station? Consider submitting it! Sharing practices can expand knowledge, promote collaboration, and support innovation in MCH. We encourage submissions in all practice categories, and can offer guidance to help move your practice through the continuum. We can also help you strengthen, communicate, and share the evidence behind your practice.

The Benefits to Practice Submission

- Share successes with peers and policy makers
- Receive expert feedback and suggestions
- Receive national recognition
- Contribute to program replication

The Process of Practice Submission

Submitting is Straightforward!
A minimum criteria checklist and guidelines are available to determine what your practice needs to fit within each category. The Best Practices Committee, comprised of partners and other experts in the MCH field, scores submissions based on a rubric that aligns with the checklist.

Submission Timeline is Flexible
Practices may be submitted on a rolling basis, whenever you are ready. Applications take about 1-2 hours to complete. Submissions are reviewed in the Fall (October) and Spring (March).

Be Confident!
Over 90% of applications are accepted.

Ask Us a Question
AMCHP staff are available to help throughout the submission process. Contact: Lynda Krisowaty lkrisowaty@amchp.org or Alyssa Bosold abosold@amchp.org

Ready to Submit?

CLICK HERE!

Or, to explore Innovation Station, visit www.amchp.org, and click on Best Practices on the right hand side.