What We Do
Provide national leadership for efforts to achieve optimal wellbeing through healthy eating and active living among the maternal and child health population, including those served by Title V/MCH Block Grants.

How We Do It
✓ PROMOTING
  The importance of healthy eating and active living among women, children and families
✓ RAISING AWARENESS
  For evidence-based public health nutrition within the MCH community
✓ ADVOCATING
  And developing policies that influence healthy eating and active living among the MCH community
✓ PARTICIPATING IN PROJECTS
  That support and achieve the nutritional wellbeing of the MCH population
✓ SHARING RESOURCES & IDEAS
  With our peers through annual meetings, conference calls and council work

Join the Team!

The Maternal & Child Health Nutrition Council is a council of the Association of State Public Health Nutritionists (ASPHN), a non-profit membership organization. For more information visit:

www.asphn.org or www.facebook.com/asphn