Greetings Members and Partners,

I am proud to introduce the 2017-2018 ASPHN Annual Report. As you know, it has been a memorable year for public health nutrition and a banner year for ASPHN.

Thank you to the Board who approved new bylaws that made the Obesity Prevention Nutrition Steering Committee an official Council and opened membership in the National Fruit and Vegetable Council to any ASPHN member interested in affecting fruit and vegetable public health efforts. The Board also worked on the next five-year Strategic Plan, developed new policies related to social media, governance and contracting, and welcomed new consultants and subcontractors.

Thank you to our Consultants, Committees and Councils who guide the development of our trainings and products. ASPHN continues to strengthen the Public Health Nutrition Workforce by offering timely guidance in public health nutrition policy, systems and environmental changes that can make healthy choices easy and natural for all Americans. This is evident in the release of several new products, including PublicHealthNutrition.org. ASPHN also advances PHN through the See It. Say It. Share It. campaign, which promotes the role and value of the public health nutritionist.

In addition to the health equity-focused Annual Meeting, regular webinars, leadership and mentoring activities continue to be offered by ASPHN. Policy action alerts and
letters of advocacy shape national policy. The Academy of Nutrition & Dietetics partnered with ASPHN on a five-module Public Health Nutrition Certificate of Training program. Additionally, in collaboration with the National WIC Association, ASPHN launched the Public Health Nutrition Webinar Series for local and state WIC staff and all ASPHN members.

Finally, thank you to the members. It has been my honor to serve as ASPHN President this past year. It is because of your participation with us that Public Health Nutrition messages, practices and plans are moving forward to build up the health of our nation.

Best Regards,

Takako Tagami, MS, MBA, RD, LD
ASPHN Past-President

ASPHN Launches New Products

ASPHN seeks to create new environmental norms where healthy eating and active living are the easy and natural choice for all Americans.

ASPHN Strengthens Public Health Nutrition Practice through the Launch of PublicHealthNutrition.org

PublicHealthNutrition.org is a new dynamic website developed by ASPHN that serves up hundreds of resources and programs available to PHNs. Since October 2017 it has disseminated tips, tools and guides for greater public health impact through 4094 unique web visits.

The site's content is organized by our profession's broad categories of practice (Nutrition, Advocacy, Communication, Research, PSE, and Leadership) and sub-categorized by "indicators." The indicator pages provide definitions of what they encompass and link to information and programs from government agencies, educational institutions, professional organizations and others.

"This website is a gold mine of resources for state public health nutritionists and public health nutrition students. It is a huge asset to the profession, made for us by us!," says Christina Thi, Obesity Prevention Coordinator, Texas Department of State Health Services.

ASPHN keeps the content on the site current by including any resource/training suggestions from members.

ASPHN’s New Compilation of Food Service Guidelines Products Delivers a Time-Saving Tool for Nutritionists

The brand new Food Service Guidelines resource page is an innovative tool containing a compilation of over 100 products related to Food Service Guidelines (FSG) that have been used or developed by state agencies and other programs. These products include standards, policies and best practices that make healthy choices, easy choices for
those purchasing or receiving food from state-run facilities.

The web page is well organized and easy to use. Products are identified by the category or setting for which they were implemented, and you can also find them listed by state.

According to ASPHN member Mary Ann Ellsworth, MS, RD from the New Jersey State Department of Health, "I envision this will be a new favorite reference that members will suggest to partners working to create healthier food environments in a variety of settings. This is definitely another ASPHN SUCCESS STORY!"

**ASPHN Kicks-Off its See It. Say It. Share It. Campaign**

In November 2017 ASPHN announced the kick-off of its See It. Say It. Share It. campaign, a communications effort to promote the value of public health nutritionists. The campaign is based on a series of sound bites that can be used to help others learn more about the profession. The sound bites will be shared on Facebook, Twitter and LinkedIn.

The first sound bite in the series is "Improving nutrition, decreasing disease." According to ASPHN executive director, Karen Probert, MS, RD, "a critical aspect of any public health nutritionist’s job is developing strategies that offer greater access to healthy and affordable food and nutrition-related care. These strategies are improving nutrition, decreasing disease within our at-risk populations, which often suffer from preventable health conditions related to poor nutrition."

ASPHN's See It. Say It. Share It. campaign offers a web page that houses downloadable posters and videos highlighting individual state initiatives spearheaded by public health nutritionists who are ASPHN members. The video related to the sound bite "Improving nutrition, decreasing disease" showcases Iowa's Guide for Growing Healthier Iowans, a document filled with practical steps that low-resource Iowans can use to get involved in food gardening.

The second sound bite "Shape healthy habits for life" was released in January 2018 with this video highlighting ASPHN member Diane Peck, MPH, RD, and her work in Alaska's Obesity Prevention and Control Program. The Salad Bars to Schools initiative was carefully implemented with safety and cost-effectiveness in mind. Today, it is shaping healthy habits for life for nearly 80,000 students.

ASPHN encourages its members, partners, colleagues and other stakeholders to visit its See It. Say It. Share It. web page to obtain the materials and get ideas on how to use the sound bites. "Together, we can raise awareness for the value of public health nutritionists and the wonderful work they do," says Probert. "The sound bites make it fun and easy."

**ASPHN Releases New Brief Titled Intersection of Public Health, Community and Clinical Dietetics**

ASPHN's brief Intersection of Public Health, Community and Clinical Dietetics explores the relationship between community, public health and clinical nutrition and ideas for innovative strategies combining the strengths of each discipline and creating a synergistic effect that is greater than the sum of the parts.
ASPHN Releases New Brief on Supporting Maternal Mental Health

ASPHN's new brief, Supporting Maternal Mental Health in Public Health Nutrition Practice, addresses how public health nutritionists can strategically and positively influence the outcomes of maternal mental health.

This brief marks the latest in ASPHN's series on maternal and child health. It provides valuable insight into maternal depression and the potentially harmful effects it can have on mothers, families and children. It also highlights programs that use integrated maternal mental health screening and training to help those who are at risk, and offers resources that can be used to screen and treat maternal depression.

Professional Development Updates

ASPHN provides online and in-person leadership development resources and training programs to its members.

ASPHN Trainings Enhance Skills and Build Career Success for Public Health Nutritionists

ASPHN enhances skills in the Public Health Nutrition workforce through timely and cutting-edge training topics offered throughout the year. An average of three engaging professional development opportunities are offered each month. Ninety percent of trainings are available online, fitting easily into all schedules.

The 35 trainings offered in 2017-2018 drew 1180 participants.

Praise for trainings from the 2018 ASPHN Membership Survey:

"ASPHN has helped me be more assertive in taking on leadership roles within my organization and has assisted me with my communication and leadership style."

"ASPHN trainings have helped me advance leadership and nutrition expertise skills which in turn have helped me in my state role in public health."

Find ASPHN Trainings archived here. Click Show All.

Growing ASPHN Leaders 2017-2018 Class Adds a Focus on Equity

The 2017-2018 class of Growing ASPHN Leaders (GAL) convened a circle of 11 members CA, MN, TX, MI, ND, and NY for learning, encouragement and network building. The ASPHN leadership class helps members grow in ways that enhance leadership skills and provides practical application.

GAL class members are challenged and supported in 5-6 leadership calls, 1 orientation call and a final debrief call from December through June.
This year, GAL class members' supervisors were asked to assist them in identifying an opportunity to practice their new leadership skills. Also, among the session topics, the class members chose to include a discussion on *Dream with Me: Race, Love and the Struggle We Must Win* by John Perkins. This was the first time that a leadership book was chosen that addressed race, disparities, and equity.

Class members join an ASPHN committee or council leadership team after they complete the program.

Praise for Growing ASPHN Leaders from the 2018 ASPHN Membership Survey:

"ASPHN training and the mentoring I received from Growing ASPHN Leaders equipped me well to grow and attain greater levels of supervisory and budget authority."

Learn more about Growing ASPHN Leaders by contacting Shana Patterson at shana@asphn.org.

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**ASPHN Builds Diversity Among Public Health Students Through the Health Equity Internship Program**

Since October 2017 the ASPHN Health Equity Internship has placed 20 interns at 16 sites.

Like many professions, public health also needs help recruiting a new generation of diverse professionals. ASPHN selects undergraduate and graduated college student applicants, recruited mainly from Minority-Serving Institutions (MSI), and places them into 12-week internships during Fall and Spring semesters.

Federal, regional, state and local health agencies provide real-world work experience and students complete health equity projects in areas such as HIV, Cancer, Obesity, Cardiovascular Disease, Diabetes, Lupus, Nutrition, Mental Health, Program Planning, Health Policy, Tobacco, Injury/Violence Prevention, Aging and more. Hourly stipends are paid to interns at no cost to the host agency. Professional development opportunities, such as attending conferences and CHES/CPH exam fees are also covered.

**Intern Achievement Highlights**

**Spring 2018**

- Nordelle Bent received an award for her poster abstract from ASPHN at the Annual Meeting.
- Helena Berlin received an award for her poster at ASPHN conference and present at the Florida Equity conference.
- Shannen Johnson offered a traineeship in nutrition at the University of Alabama Birmingham.

**Fall 2017**

- Mariah Russel was accepted to the masters of health science program at the University of Alabama Birmingham.
- Kristie Sergerie was hired as the Crisis Response Coordinator with Nishnawbe Aski Nation.
- Sequoia Garlington accepted a position at the US Department of State.
- Carion Marcelin received a part-time position at her placement site continuing through her graduation.

Learn more about the [ASPHN Health Equity Internship Program](#).
ASPHN Council Updates

ASPHN facilitates peer support.
Councils, committees and workgroups bring members together in meaningful and productive ways.

National Fruit and Vegetable Council Accomplishments

- Membership Gains: As of June 30, 2018 the National Fruit & Vegetable Nutrition Council has 81 members, an increase of almost 125% for the year.
- Reflection & Change: The National Fruit & Vegetable Nutrition Council is implementing changes based on member survey feedback. This time of reflection and change ensures the Council is meeting member needs and expectations.
- Engaging Trainings: September 2017 - Healthy For Good: NGO Initiatives to Increase Fruit and Vegetable Consumption; December 2017 - Access to Nutritious Choices; April 2018 - 2018 State Indicator Report on Fruits and Vegetables; June 2018 - National Fruit and Vegetable Nutrition Council All Member Networking call.

Find Fruit and Vegetable Nutrition Council webinars here. Click Fruit & Veg Nutrition Trainings.

MCH Nutrition Council Accomplishments

- Membership Gains: As of June 30, 2018 the ASPHN MCH Nutrition Council has 193 members including 31 liaisons (an increase of 44 members with a loss of 1 liaison from June 2017).
- National Leadership: Released 2 briefs: The Intersection of Public Health, Community and Clinical Dietetics; Supporting Maternal Mental Health In Public Health Nutrition Practice
- In Development: Worked on development of a brief on the long-term implications of early infant feeding.

Find MCH Nutrition Council webinars here. Click on MCH Nutrition Trainings.

Obesity Prevention Nutrition Council Accomplishments

- Membership Gains: As of June 30, 2018 the Obesity Prevention Nutrition Council has 77 members.
- Member Engagement: Engaged members with new 'spot light on practice' and 'spot light on policy'
- Work Planning: Developed a 2-year Work Plan to guide continued work of the Council
- Engaging Trainings: October 2017 - The New Child and Adult Care Food Program (CACFP) Meal Patterns; January 2018 - Breastfeeding in the Drug-Dependent Woman; April 2018 - Does Breastfeeding Protect Maternal Mental Health?; July 2018 - MCHB Update (streamed presentation from the June ASPHN Annual Meeting)
Blueprint Seed Grant

Congratulations to our ASPHN member Blueprint Seed Grant awardees!

On April 30th ASPHN awarded three seed grants for small, one-year projects that utilize the strategies listed in the Cornerstones of a Healthy Lifestyle Blueprint for Nutrition & Physical Activity to support public health nutrition efforts in states.

Here are the state awardees and their objectives.

- Arkansas - Improve breastfeeding friendly policy and practices in ECE centers, with the ultimate goal of increasing breastfeeding rates among women whose infants are in childcare.
- Colorado - Increase awareness of maternal mental health and promote resources for supporting mental health to nutritionists and other professionals who support families.
- Nebraska - Train WIC employees to screen pregnant, postpartum and breastfeeding moms for depression and provide appropriate referrals.

Policy Updates

ASPHN strengthens its members’ work by keeping legislators informed of priority issues.

Our members offer state and national leadership on food and nutrition policy, programs and services that help improve the health of our population.

ASPHN Shapes National Policy

Over the course of the 2017-2018 reporting period the ASPHN Policy Committee partook in an assortment of advocacy initiatives.

Issued an Action eAlert to all ASPHN members opposing the US House of Representative's proposed HR 2 - the Agriculture and Nutrition Action Act of 2018/farm bill.

Submitted ASPHN Board approved comments on prominent nutrition guidance and federal policies to the USDA and HHS on "Topics and Scientific Questions for the 2020-2025 Dietary Guidelines for Americans; to FDA on menu labeling guidance and implementation; and to the USDA on child nutrition programs in opposition to the proposed interim final rule (82 FR 56703) three year delay of the second sodium reduction targets for the National School Lunch and National School Breakfast programs.

Co-signed ten letters of advocacy on national nutrition and health related regulations in collaboration with ASPHN partner organizations.

1. The Academy of Nutrition and Dietetics' letter in support of the president's FY 2019 budget request of $12.297 million for the development and release of the 2020-2025 Dietary Guidelines for Americans. The proposed funding for FY 19 would support the USDA and HHS in meeting the increased demands and responsibilities of the 2020 edition of the DGAs, including the increased scope of birth to 24 months mandated by the 2014 farm bill and increased transparency (which as it turns out, transparency is time intensive and expensive!). The letter is a joint effort between the Academy of Nutrition and Dietetics, the American Academy of Pediatrics, the American Heart Association, the Center for Science in the Public Interest, and the National WIC Association.
2. Center for Science in the Public Interest (CSPI)
In opposition to the House Agriculture Appropriations bill that has a Rider which would exempt honey and maple syrup products from disclosing how much added sugars are in their products (they wouldn't have to have an added sugars line with the daily value).

To The Office of The United States Trade Representative (USTR) and members of Congress on the content of unhealthy food and beverages—such as on the front-of-pack labeling—in the North American Free Trade Agreement (NAFTA).

To the Senate, and particularly the Health, Education, Labor and Pensions' (HELP) committee opposing the anti-menu-labeling bill.

To the United States Department of Agriculture (USDA) in opposition to the proposed interim final rule (82 FR 56703) three year delay in implementing the second sodium reduction targets for USDA’s child nutrition National School Lunch (NSL) and National School Breakfast (NSB) programs.

The United States Breastfeeding Committee (USBC)

To Senator J. Merkley and Rep. C. Maloney in support of the Supporting Working Moms Act (SWMA) which would protect and expand working moms’ right to breastfeed by extending the existing federal law to ensure that executive, administrative, and professional employees, including elementary and secondary school teachers, have the right to reasonable break time and a private, non-bathroom place to express breast milk at work.

To Senator T. Duckworth and Rep. S. Knight in support of the Friendly Airports for Mothers (FAM) Act which would require all large and medium hub airports to provide a private, non-bathroom space in each terminal for mothers to express breast milk.

To the Fed is Best Foundation requesting a meeting with it’s co-founders to discuss the recommended practice of exclusive breastfeeding.


Learn more about the ASPHN Policy Committee here.

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ASPHN Policy Committee

Partnership Updates

ASPHN builds strategic partnerships for successful outcomes in public health.

ASPHN partners with over a dozen organizations, ranging from Action for Healthy Kids, to the United States Breastfeeding Committee, to the National Physical Activity Society.

National WIC Association Webinar Series

The National WIC Association and ASPHN, through funding provided by The Centers for Disease Control and Prevention, have collaborated to provide public health nutrition education monthly webinars to all NWA and ASPHN members.

Participants will see how state, local and private partners are working together in unorthodox ways to create synergy and environmental changes that support low income populations.
Webinars have been popular, drawing up to 225 attendees. All webinars contain public health nutrition topics that have relevance to WIC clientele and/or WIC staff, but are broader than WIC-only content.

Find NWA-ASPHN webinars here.

**Online Certificate of Training Program:**
**Beneficial at Any Stage of Career in Public Health Nutrition**

As of August 2018, 772 individuals have begun the Public Health Nutrition Online Certificate of Training (CoT) module series. Plus, 68 individuals have completed all five modules and earned a Certificate of Training in Public Health Nutrition. More are beginning the series every month.

The five separate modules of the CoT build on one another and focus on the fundamental components of public health nutrition. The self-study series includes web links and resources for additional online learning opportunities.

Each module is available to the registered participant for 30 days. To receive the CoT, all five modules and related tests must first be completed, and a final exam must be passed with a minimum of 80 percent.

ASPHN Past-President Takako Tagami, MS, MBA, RD, LD, Nutrition Specialist with the Missouri Department of Health and Senior Services, has taken the online course and earned her Certificate of Training.

States Tagami, "Everyone in public health nutrition can benefit from this program. I have worked as a state public health nutritionist since the mid 1990s and hold a master's degree focused on nutrition and dietetics, yet I never had classes related to public health nutrition in grad school. This program exposed me to theoretical frameworks and strategies for successful outcomes that I had not considered."

Indeed, some states are finding the training so valuable that they are offering it to all employees involved in public health nutrition. Adds Tagami, "This is a great way to get everyone on the same page. Public health nutritionists work in partnership, and obtaining the same training allows us to effectively join forces for healthy food sources."

Learn more about the Public Health Nutrition Online Certificate of Training here.

**Partnerships & Collaborations**

ASPHN currently maintains 30+ relationships that multiply the impacts of public health nutrition. These partner relationships are maintained through the work of the ASPHN Collaboration Committee. Here is a sampling of some of the represented collaborations and partnerships:

- Academy of Nutrition and Dietetics
- Breastfeeding Public Health Partners (BPHP)
- National Consortium for Public Health Workforce Development
- National Farm to School Network
- University of Tennessee Maternal and Child Health Nutrition Leadership Training Program Advisory Committee
- University of Washington, Center for Public Health Nutrition
- University of Wisconsin, Madison, LEND Program
- Young Invincibles
- Association of SNAP-Ed Nutrition Networks and Other Implementing Agencies (ASNNNA)
- Trust for America's Health (TFAH)
Learn more about the ASPHN Collaboration Committee here.

Member Engagement Updates

ASPHN's active members build relationships with peers in other states and are able to learn how peers' work can be applied in their own communities.

From advancing the consumption of fruits and vegetables to promoting breastfeeding and maternal and child health and nutrition, to stemming the tide on the obesity epidemic, ASPHN's members share a common drive and passion for public health nutrition.

Membership and Participation are Increasing

ASPHN has welcomed 53 new members in 2018. The total membership is now over 375 strong and new members are joining every month. Our membership is active, with 110 members volunteering on ASPHN committees & councils and 16 on the Board. View the membership directory.

Membership Communications & Outreach Committee Accomplishments

Major activities: The ASPHN Membership Communications & Outreach (MC&O) Committee recently updated its work plan, identifying 7 high-priority projects to complete in order to carry out its purpose.

Exceeding goals: ASPHN's membership goal has already exceeded the goal set in the ASPHN Strategic Plan 2017-22 and required the ASPHN board to change the objective in the Strategic Plan.

Meeting goals: And every new ASPHN member is welcomed by a member of the MC&O Committee.

Learn more about the ASPHN Membership Communications & Outreach Committee by contacting Allison McGuigan at allison@asphn.org.

ASPHN Advances Innovation Through CoIINs

Collaboration and innovation are driving the success of state level nutrition programs. ASPHN supports Collaborative Innovation and Improvement Networks (CoIINs) that create teamwork across departments and programs to multiply the public health nutrition impact of resources.

Children's Healthy Weight CoIIN

The Children's Healthy Weight CoIIN (CHW-CoIIN) is a multi-year initiative including 31 states. It formally launched in July 2017 and continues through July 2019.

Goal: to develop, implement and/or integrate evidence informed policies and practices which will support State Title V programs in improving health behaviors related to breastfeeding, physical activity, and nutrition for children, adolescents and young adults up to 21 years of age, including those with special health care needs.

CHW-CoIIN has the longterm intent of increasing the proportion of children and young adults ages birth to 21 years who fall within a healthy weight range.
State Activities: Eleven states are working on the Breastfeeding Work Stream by establishing new policies or practices that address social and ecological barriers to breastfeeding.

Seven states are working on the Physical Activity Work Stream to increase the number of schools and programs implementing select components of the Comprehensive School Physical Activity Program model. Thirteen states are working to creatively integrate nutrition into Title V MCH Block Grant and other MCH programs.

States participate in either the Intensive Learning or the Technical Assistance level of the CHW-CoIIN.

Funding: In June 2018 ASPHN received additional funding that made it possible to move 4 state teams up from the Technical Assistance level to the Intensive Learning level. The CHW-CoIIN is funded by the Maternal and Child Health Bureau of the Health Resources and Services Administration.

Find Children's Healthy Weight CoIIN webinars here. Click on Children's Healthy Weight CoIIN.

**Pediatric Obesity Mini CoIIN**

ASPHN continued to manage the Pediatric Obesity Mini CoIIN until May 2018. The Pediatric Obesity Mini CoIIN supported 13 state teams working to embed policies and practices that support healthy weight behaviors in early care and education systems. The mini-CoIIN was funded by CDC's Division of Nutrition, Physical Activity and Obesity.

Find Pediatric Obesity Mini CoIIN Success Celebrations here.

**Mid-Year Meeting: Practice Promoting Public Health Nutritionists Through the See It. Say It. Share It. Sound Bites**

During ASPHN's Mid-Year Board Meeting, board members explored communication techniques public health nutritionists can employ to effectively promote the value of their work.

Using the customizable posters available on the See It. Say It. Share It. website, members created marketing pieces about their initiatives using communication tools like hooks, benefits, features, calls-to-action and contact information.

The sound bites from the See It. Say It. Share It. campaign served as hooks to lure target audiences, and participants worked on reeling in support by describing the benefits their programs offer.

Learning to distinguish between their programs' benefits and features was an eye-opening exercise for attendees, and one they found could directly be applied to their work writing grants, securing partnerships and alliances, and even attracting outstanding employees.

**Liaison Corps Updates**

The purpose of the Liaison Corps is to expand ASPHN's influence. To be more effective, ASPHN maintains regular contact with a variety of nutrition and public health organizations around the country.

The Liaison Corps focuses on sharing ASPHN's goals,
objectives, and activities with these organizations and learning the same about our partner groups. Liaisons identify areas for networking, coordination and collaboration to expand our impact on public health nutrition issues.

Below is a list of the members who are active liaisons for ASPHN.

Becky Adams (AR)
Aurora Buffington (NV)
Alison Conneally (NY)
Mary Ann Ellsworth (NJ)
Susan Forester (CA)
Carole Garner (AR)
Suzanne Haydu (CA)
Michele Kawabe (MI)
Leslie Lewis (LA)
Carolyn Donohoe Mather (HI)
Kelli Stader (WI)
Robin Stanton (OR)
Jennifer Young (OR)

What's Ahead
Watch for these ASPHN Advancements
ASPHN will continue to advance several exciting projects in the next fiscal year.

Workforce development projects including PublicHealthNutrition.org, the See It. Say It. Share It. campaign, and the Certificate of Training in Public Health Nutrition will continue.

Also, leadership opportunities such as the Growing ASPHN Leaders program and committee membership and council leadership team positions will continue.

The Health Equity Internship program will expand, recruiting 30 students a year, an increase from 20 students.

Early in 2019, the Moving to the Future website will be upgraded and ASPHN will release some new products related to work with blind vendors.

Also watch for these new projects:

- Work with U.S. Breastfeeding Committee to build capacity to increase access to breastfeeding
- Work with state WIC programs to incorporate the "Learn the Signs. Act Early." program into WIC clinics
- Improving nutrition environments, policies, and practices of early care and education providers by focusing on one area such as Farm to Preschool

Plus, ASPHN is just starting a contract with Maternal and Child Health Bureau to provide technical assistance and training to MCHB Title V Block Grant grantees on food and nutrition policy, programs and services with a focus on bolstering the public health nutrition workforce.
Robin Stanton, MA, RD, LD (OR)  
President

Takako Tagami, MS, MBA, RD, LD (MO)  
Past-President

Diane Golzynski, PhD, RD (MI)  
President-elect

Christina Thi, MPH, RD, LD (TX)  
Secretary

Patricia Simmons, MS, RD, LD (MO)  
Treasurer

Jennifer Dellaport, MPH, RD (CO)  
Director-at-large and Co-Chair, Policy Committee

Jennifer Young, MPH, RDN (OR)  
Director at Large and Co-Chair, Policy Committee

Becky Adams, DrPH, RD, LD, CDE (AR)  
Director at Large and Co-Chair, Collaboration Committee

Jill Lange, MPH, RD, LD (IA)  
Director at Large, Chair, Membership Communication & Outreach Committee

Jackie Rios-Avila, MS, RD, CDN (NY)  
Director at Large, Chair, Collaboration Committee

Vacant, Chair, Fundraising Committee

Mikaela Schlosser, RD (ND)  
Board Member and Chair, Maternal and Child Health Nutrition Council

Heather Harrison-Catledge, BS, LDN, CLC (MA)  
Board Member and Chair-elect, MCH Nutrition Council

Helen Brown, RD, MPH (ID)  
Board Member and Chair, Obesity Prevention Nutrition Council

Elaine Russell, MS, RD, LD (KY)  
Board Member and Chair-elect, Obesity Prevention Nutrition Council

Ashley Sweeney Davis, MA, RDN, LD (OH)  
Board Member and Chair, Fruit & Vegetable Nutrition Council

Lisa Gemlo, MPH, RD, LD (MN)  
Board Member and Chair, Fruit & Vegetable Nutrition Council

Megan Hlavacek, MS, RD, LN, CLC (ND)  
Board Member and Chair-elect, Fruit & Vegetable Nutrition Council

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