ASPHN

Advancing Health Through Leadership

Children's Healthy Weight CoIIN

October 17, 2018

ASPHN
Advancing Health Through Leadership

ASSOCIATION OF STATE PUBLIC HEALTH NUTRITIONISTS

2018-2019 Funding

- ✔$6000 stipend
- ✔In addition to travel costs for 4 team members to in person learning session
- ✔In addition to travel costs for 1 team member to ASPHN Annual Meeting June

2019 In-Person Meeting

- ✔ January 8-9, 2019
  - ✔ Plan to arrive Monday, Jan 7
  - ✔ Plan to leave Thursday, Jan 10
- ✔ Hyatt Regency Bethesda, Bethesda, MD
- ✔ 4 Team Members from each Intensive Learning Team

ASPHN Annual Meeting

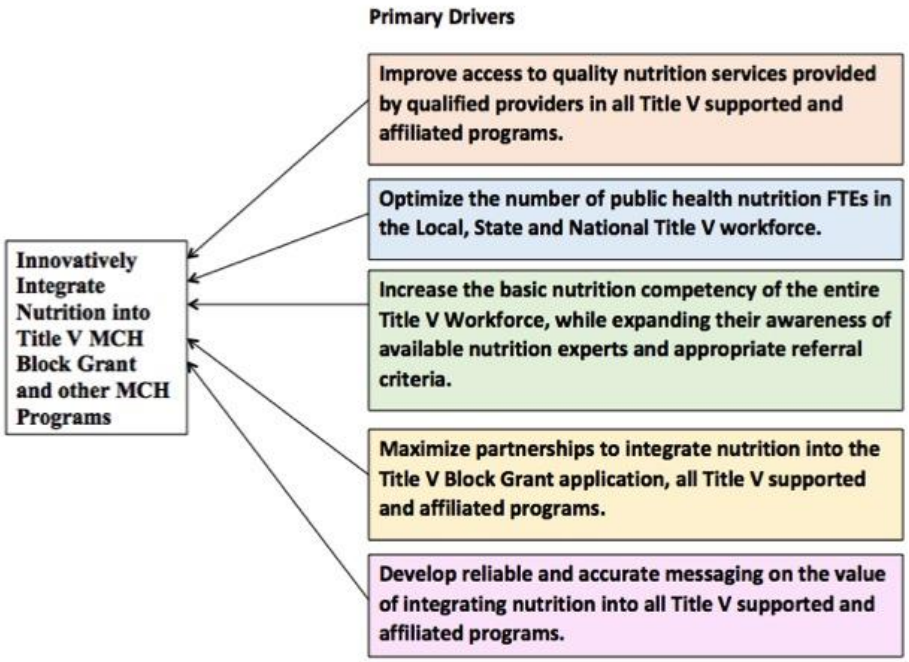
- ✔June 9 – 11, 2019
- ✔Location: TBD
- ✔1 Team Member from each Intensive Learning Team
- ✔Expectation
  - ✔Poster to share state work

Evaluation

- State Team Member Survey conducted by AMCHP
- Survey link:
  - https://www.surveymonkey.com/r/CHWCoIIN_FY2018StateTeamSurvey

Innovative Nutrition Integration

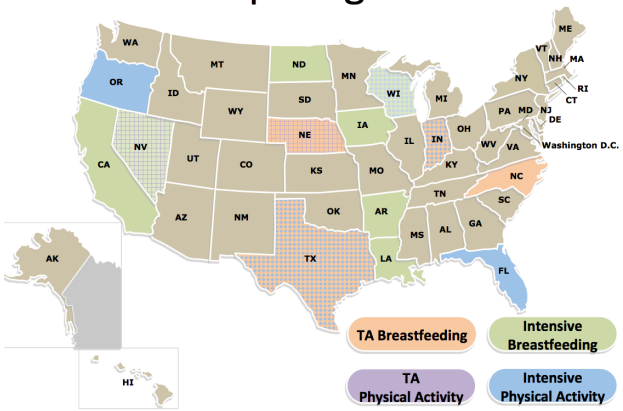
Needs Assessment



Needs Assessment Summary

- ✔13 State Teams
  - ✔9 Submitted
    - ✔2 Incomplete
  - ✔2 Extensions
  - ✔2 Not received / no response

Participating States



How Nutrition is Currently Integrated

North Dakota

- 4th smallest state
- 2016 population: 757,952
- Title V MCH Block Grant funds one FTE, MCH Nutritionist.
- Maternal and Child Health Nutritionist and School Health Specialist work with 3 MCH grantees on increasing Physical Activity, but nutrition is also a priority.

NORTH DAKOTA
DEPARTMENT *of* HEALTH
Healthy & Safe Communities Section

Data

- Title V-MCH funds the School Physical Activity and Nutrition Survey (SPAN).
  - dietary behaviors
  - nutrition knowledge and attitudes
  - physical activity, and
  - social and environmental factors.

Indiana

Partnerships and Coalitions

- **MCH**
  - Statewide coalitions
  - Perinatal Breastfeeding Coordinator
  - Lactation consultant training
- **CYSHN**
  - Two school based clinics, one in East Chicago and one in Michigan City
  - Partnered with Purdue Extension to provide nutrition education.
- **MCH and DNPA**
  - Youth Risk Behavior Survey
  - School Health Profiles.
- **WIC**
  - Farmers markets to provide supplemental assets to underserved populations through CSFP and TEFARP.

Indiana State Department of Health

Ideal Vision

- ✔Nutrition expertise is incorporated in all relevant MCH programs.
- ✔FTEs committed to nutrition integration.
- ✔Optimizing nutrition-related data sources
- ✔Leveraging of partnerships/collaborations

Top Priorities

- ✔ Advocating for a paid position at the state level (through needs assessment data to show need)
- ✔ Education
  - ✔ Sharing resources with and/or providing training to other health professionals
  - ✔ Integrating nutrition into existing meetings/trainings on a regular basis
- ✔ Improved collaboration and partnerships
  - ✔ Children and Youth with Special Health Care Needs
  - ✔ WIC
- ✔ Environmental scans
  - ✔ Within state
  - ✔ Other states
- ✔ Messaging on the value

Questions

Upcoming Calls

- ✔BF Workstream Networking Call
  - ✔October 25, 2018 at 1 pm ET
- ✔CHW-CoIIN Webinar
  - ✔November 21, 2018 at 1 pm ET
    - ✔Social Media and Public Health
  - ✔December 19, 2018 at 1 pm ET
  - ✔NO January Webinar
- ✔PA Workstream Networking Call
  - ✔November 28, 2018 at 1 pm ET

Evaluation

- ✔Webinar Evaluation conducted by AMCHP
- ✔Survey link:
  - ✔https://www.surveymonkey.com/r/CHWOct2018
- ✔Email from Sauda Muhammad, smuhammad@amchp.org
- ✔Survey will be open for 2 weeks.