

October 2018

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Due October 11: Growing ASPHN Leaders Applications

If you're ready to hone your leadership skills, now's the time to act. Enrollment for the 2019 Growing ASPHN Leaders program is open through Thursday, October 11th.



Sessions will begin in December and run through June 2019. You'll participate in one orientation call, five to six leadership calls and a final debrief. Throughout the process you'll be challenged and supported while gaining practical experience that enhances your leadership skills.

Karen Cutler MS, RD recently completed the program and says, "I really loved this class! ...it really gave me a great jumping off place and I am looking forward to sharing the readings and the materials that we have reviewed with others in my job."

Space is limited and filling fast. Contact Shana Patterson at shana@asphn.org to request the Growing ASPHN Leaders application or get more information.

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Five-Year CDC Funding Award

ASPHN is pleased to announce that it was awarded a five-year cooperative agreement from the CDC on August 14, 2018. The agreement began on August 1, 2018 and will end on July 31, 2023. Funding for the first year in the amount of \$950,913.00 has been approved.



Under this agreement, ASPHN will continue its work to optimize the performance of public health nutritionists (PHNs) working in state, territorial, local and tribal public health agencies.

Specifically, the Association will focus on the development of programs and training opportunities designed to strengthen PHNs' leadership and public health nutrition competencies, improve their ability to establish and maintain partnerships, and advance the implementation of nutrition-related, evidence informed programs and services.

"Receiving this contract is a real boost for ASPHN's members and the populations they serve, says ASPHN President Robin Stanton, MA, RD, LD. "The stronger we become as leaders, the greater the likelihood our programs will gain traction. This will have a positive impact on our communities."

To learn more, please contact Karen at karen@asphn.org.

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New Fact Sheets Available for ASPHN's Councils

ASPHN's three nutrition councils - Maternal and Child Health, National Fruit & Vegetable, and Obesity Prevention - bring members together in meaningful and productive ways. From networking and collaboration, to advocacy and promotion, ASPHN's councils are taking a leadership role in strengthening policies, programs and systems that improve national health and wellbeing.



To learn more about each council's work, ASPHN has developed vibrant fact sheets that can be downloaded and shared. You can find them at the following links on asphn.org:

[Maternal and Child Health Nutrition Council fact sheet](#)
[National Fruit & Vegetable Nutrition Council fact sheet](#)
[Obesity Prevention Nutrition Council fact sheet](#)

If you're new to ASPHN or wish to become more active, council participation is a great way to engage with fellow members on issues that matter to you. Learn more by downloading the fact sheets or contacting Sandy Perkins at sandy@asphn.org.

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Find a Job, Post a Job

Find your next great job or employee through the [ASPHN Job Board](#).

To post a job opening, contact Allison McGuigan at allison@asphn.org.



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Join the 2019 ASPHN Annual Meeting Planning Committee

Interested in planning fun and engaging experiences for professional learning? Join the 2019 ASPHN Annual Meeting Planning Committee!



Tasks: Committee members are asked to give input about potential speakers, flow of the meeting, activities, and optional excursion(s).

Commitment: Being a member of the Annual Meeting Planning Committee is a short term commitment.

Schedule: The Annual Meeting Planning Committee will begin to meet in the fall. The committee meets for 2 (approximately 1 hour) conference calls per month through April. Then the meetings decrease to 1 time per month until the annual meeting in June.

Benefits: Advance your meeting planning skills. Influence speaker selection and activities. Build relationships with national colleagues. Enhance your resume.

For more information about this committee contact Cyndi Atterbury at cyndi@asphn.org.

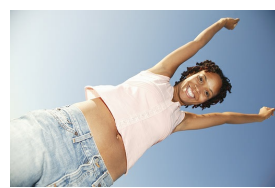
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Highlighting the Work of Public Health Nutritionists During National Breast Cancer Awareness Month

October is National Breast Cancer Awareness month! During October and throughout the year, public health nutritionists support women in the fight to prevent breast cancer.

Public health nutrition collective action complements

existing federal and state programs aimed at reducing breast cancers disparities through initiatives based on the dietary guidelines and breastfeeding.



If you are looking for a new way to advance healthy weight and breastfeeding across the nation, consider joining these ASPHN Councils.

[Obesity Prevention Nutrition Council](#)
[MCH Nutrition Council](#)

Contact Sandy Perkins at sandy@asphn.org to join or get more information.

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Welcome New Members!

ASPHN expands its network of talented professionals this September as it welcomes 8 new members.

Thank you for joining us!

Expanded Members, all in the Arkansas Department of Health:

Elizabeth Butler, MS, RD, LDN
Shannon Carpenter, MS, RD, LD
Patricia Dexter, RD, LD
Jamie Downen, MS, RD, LD
Rita Havner, MS, RDN, LD
Vanessa Sneed
Kelley Staggs, MS, RD, LD, IBCLC

Associate Member:

Matthew Landry, Doctoral Candidate at The University of Texas at Austin

Our ASPHN member-network is strengthening our nation through collective action that makes healthy eating and active living possible for everyone.

You, too, can join this dynamic group of Public Health Nutrition leaders. Check out our [member benefits](#) and [become a member now](#).

Contact Allison McGuigan at allison@asphn.org with questions.

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About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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