



October 2018

You are receiving this monthly newsletter because you are either a part of the ASPHN Children's Healthy Weight COIIN or a partner in this COIIN. This newsletter will feature stories and highlights from partners and COIIN members, information about resources and upcoming trainings, and other important news. If you have anything you'd like to contribute, you can reach out to Rebecca Leighton at reighton142@gmail.com. Thank you!

Upcoming Events

- November 21, 2018: CHW-COIIN Webinar
- November 28, 2018: PA Workstream Network Call
- December 19, 2018: CHW-COIIN Webinar
- NO January webinar!

Reminders

- Intensive Learning Team Leads - Please send the names of the 4 team members that are planning to attend the In Person Learning Session to Sandy@ASPHN.org. (This is for planning and tracking purposes only, this does not need to be the final list)
 - All team members planning to attend the In Person Learning Session - Please complete and submit the ASPHN travel authorization form no later than the close of business Friday, November 30, 2018. Submit the form to Sandy@ASPHN.org. Please do not hold up this form waiting for agency travel approval. This information will be used to make lodging reservations and budget funds. Please email Sandy@ASPHN.org if you need a copy of the form.
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Save the Date

January 8-9, 2018: CHW-COIIN In-Person Meeting
[Hyatt Regency Bethesda](#)
One Bethesda Metro Center (7400 Washington Ave)
Bethesda, Maryland

Resources

Did you know you can view past newsletters and more? Visit ASPHN's Children's Healthy Weight CoIIN page to view previous newsletters and resource documents for both breastfeeding and physical activity state teams. Check them out now!

Visit our website

Partner Spotlight

[The Association of Maternal & Child Health Programs](#) (AMCHP)

(AMCHP) has been a partner of ASPHN for over 10 years. AMCHP acts as a national resource, partner, and advocate for state public health leaders and others working to improve the health of women, children, youth and families, including those with special health care needs. As an active member of the Children's Healthy Weight CoIIN Steering Committee, AMCHP staff provides Title V Maternal and Child Health expertise to inform planning for CoIIN activities and assistance to participating state teams as requested.



AMCHP's members come from the highest levels of state government and include directors of maternal and child health programs, directors of programs for children with special health care needs, and other public health leaders who work with and support state maternal and child health programs. AMCHP members directly serve all women and children nationwide, and strive to improve the health of all women, infants, children and adolescents, including those with special health care needs, by administering critical public health education and screening services, and coordinating preventive, primary and specialty care. AMCHP membership also includes academic, advocacy and community-based family health professionals, as well as families themselves.

AMCHP builds successful programs by disseminating best practices; advocating on their behalf in Washington; providing technical assistance; convening leaders to share experiences and ideas; and advising states about involving partners to reach our common goal of healthy children, healthy families, and healthy communities.

Physical Activity Team Highlight



Each month, a new Children's Health Weight CoIIN team will be featured in the newsletter! This is what team lead Kelsey Barrick shared about Indiana's project.

After the CHW CoIIN trip in January 2018, Indiana's team acquired two interns from the University of Indianapolis to help research best practices related to adapting physical activity to students with special needs. The result of their work was a list of professionals in Indiana that focused their work in this area. Their findings also informed Indiana about what other states were doing regarding adapted physical activity projects.

In March, Indiana team leads Jessica and Kelsey attempted to convene a work group of professionals across Indiana who specialize in students with special needs. After consulting with professionals at Indiana University Bloomington, Jessica and Kelsey tried to recruit special needs advocates -- parents, educators, school professionals, after school providers, etc. Unfortunately, there was no traction with this work group.

In May, Jessica and Kelsey partnered with special needs professors at Indiana University Purdue University Indianapolis (IUPUI) and focused on regional work regarding adapted physical activity. The result of this partnership led to awarding scholarships to local districts in order to send one professional to a semester long training, for intensive,

hands-on learning for adapted physical activity.

The Adapted Movement Programs at Indiana University Purdue University Indianapolis School of Health and Human Sciences houses the Adapted Movement Programs (AMP). The mission of AMP is to provide high quality adapted physical activity programming to families and individuals with disabilities in conjunction with educating Kinesiology students on best practices. Individuals applying to the grant program will be involved in one of the two clinics during the academic year, Motor Activity Clinic (MAC) or Ability Fitness Clinic (AFC). Children that engage in MAC are between the ages of three to 15 years and have various disability characteristics. The focus on MAC is to provide motor development and motor skill training in the gymnasium and aquatic setting. Adults participating in AFC age from 16 through adulthood and also have various disabling conditions.

Those applying to the grant will work one to two on one with a child or adult under supervision of Dr. Katie Stanton and Mrs. Amy Oliver, MS. Both Dr. Stanton and Mrs. Oliver have expertise in adapted physical activity and considerable experience teaching and working with people with disabilities in various settings. Grantees can expect to gain skills in assessment, activity modification, appropriate planning and motor skill development, and experience in writing Individualized Education Planning goals and objectives. Grantees will also work with Dr. Stanton and Mrs. Oliver on how to apply skills gained in their own school/organizational setting.

Are you interested in sharing the great work your team is doing? Fill out the form to be featured in the next newsletter!

Share your story here!

Share your feedback!

Please take a few minutes to provide feedback and suggestions about the monthly CHW CollN newsletter. This will help us evaluate and improve the newsletter for you!

Take our survey!

About Us

The Children's Healthy Weight Collaborative Improvement & Innovation Network (CollN), is designed to support Title V programs to promote nutrition, physical activity and breastfeeding through collaborative learning and quality improvement practices.

The Children's Healthy Weight CollN is managed by the Association of State Public Health Nutritionists (ASPHN). Visit www.ASPHN.org for more information about ASPHN.

Visit the CollN Website

Children's Healthy Weight CollN | Association of State Public Health Nutritionists

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