



News from the Association of State Public Health Nutritionists

November 2018

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Don't Miss ASPHN Messages: Add asphn@asphn.org to Your Email Contacts and Consult IT

Soon ASPHN business-related email messages for large groups of members will come from asphn@asphn.org. This change will make ASPHN group communications easily recognizable.



However, some email hosts and information technology departments (IT) have filters that could deliver emails from this new address to spam or promotions folders that you rarely check. To prevent this, it is important that you add this email address to your contact list and, if necessary, consult IT. Please advise IT that you want to receive all emails from the email address asphn@asphn.org to your inbox.

Examples of communications coming from asphn@asphn.org include dues notices that will be sent in November. Also, the newsletter will be sent from this address beginning in January 2019.

Questions? Contact Cyndi Atterbury at cyndi@asphn.org.

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Plan Your Nomination: 2019 ASPHN Board Positions

It is never too early to start thinking about the future. This is a call for nominations for the 2019 ASPHN Board of Directors! The ASPHN Governance Committee is seeking members to lead us into the next decade.



Please visit asphn.org's About page and scroll to the bottom to view the [descriptions of board positions](#) for which we are recruiting. Contact Jennifer Dellaport at jennifer.dellaport@state.co.us if you are interested, want to self-nominate, nominate someone else, or just have questions.

The election occurs in March and position terms begin August 1.

Positions to be elected:

- President-Elect (requires previous experience on the Board of Directors)
 - 1 year term followed by 1 year as president and 1 year as immediate past president
- Secretary
 - 2 year term
- Director at Large (2 positions)
 - 2 year term
- Chair-elect, MCH Nutrition council
 - 1 year term followed by one year as Chair and one year as Governance Committee member
- Chair-elect, Fruit and Vegetable Nutrition Council
 - 1 year term, followed by one year as Chair and

- one year as Governance Committee member
- Chair-elect, Obesity Prevention Nutrition Council
 - 1 year term followed by one year as Chair and one year as council past chair on the Governance Committee member
- Governance Committee members (3 positions)
 - 1 year term (non-board position)

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Funding Opportunity: "Learn the Signs. Act Early." WIC Model Implementation Application

Implement the "Learn the Signs. Act Early." WIC Model Project in your state WIC clinics. Watch your inbox for application instructions on this funding opportunity. An email with the subject line "Learn the Signs. Act Early. WIC Model Opportunity" will arrive by November 30.

[Click here for more information.](#)

ASPHN has been awarded funding for the Replication of the "Learn the Signs. Act Early." WIC Model Project from the CDC. ASPHN will recruit state WIC programs to implement and assess this Missouri-tested model in their own WIC clinics statewide.

The "[Learn the Signs. Act Early.](#)" Program is an evidence-based program developed by CDC that aims to improve early identification of developmental monitoring and promotion screening. This project aims to equip WIC staff with tools and resources to help identify earlier and address the developmental concerns of the one in six children in the U.S. with a developmental disability.

Contact Amber Brown at amberbrown@asphn.org for more information.

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Answer Two Questions for the ASPHN Continuing Education Credits Survey

Tell ASPHN about your continuing education credit needs. Take the two-question survey now.



[ASPHN Continuing Education Survey](#)

Questions about the survey? Contact Amber Phipps at amber@asphn.org.

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Plan Your Nomination: ASPHN Annual Awards

It's time to start thinking about the 2019 ASPHN Annual Awards! Nominations will be open throughout February 2019, and awards will be presented at the ASPHN Annual Meeting in June. [Nominate your fellow ASPHN members in any or all categories.](#)



Contact Allison McGuigan at allison@asphn.org with questions.

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ASPHN and Workforce Development: DAWNS and PH WIN Results

The results are in! Thank you to all ASPHN members who participated in the DAWNS and PH WINS surveys.



This past year, ASPHN worked with the Association of State and Territorial Health Officials (ASTHO) to collect information about the public health nutrition workforce. We



conducted two surveys to assess the needs of public health nutritionists across the nation. ASTHO invited member organizations of its Affiliate Council to participate in the Directors Assessment of Workforce Needs Survey (DAWNS), and in partnership with the de Beaumont Foundation, ASTHO fielded the Public Health Workforce Interests and Needs Survey (PH WINS) in the fall of 2017.

Goals

The goal of DAWNS was to contribute to a comprehensive analysis of public health workforce training needs, gaps, and priorities by incorporating perspectives from public health managers and leaders.

The goal of PH WINS was to survey state and local public health agency workers to capture their perspectives on key issues such as workforce engagement and morale, training needs, worker empowerment, and emerging concepts in public health. PH WINS is the only nationally representative data source of governmental public health workforce.

Highlights

A key finding of the DAWNS report:

The most significant barriers to recruitment in the government public health nutrition workforce, as reported by respondents, were...

- 75% low wages/salaries,
- 59% having sufficient funding to cover positions, and
- 56% competition from the private sector.

Key findings from the PH WINS report:

Job satisfaction was high...

- 85% of nutritionist/dietitian respondents are somewhat or very satisfied with their jobs.

But it also found these top skill gaps...

- 62% budget and financial management,
- 55% systems and strategic thinking, and
- 51% change management.

The top motivations for seeking additional training for nutritionists/dietitians are...

- 82% personal growth/interest,
- 60% covered time for training, and
- 55% paid travel for training.

The complete results of these two surveys can be found by following this link. [DAWNS Summary Report, DAWNS Affiliate Report, and WINS 2017 Report.](#)

Contact Shana Patterson at shana@asphn.org for more information.

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Find a Job, Post a Job

Find your next great job or employee through the [ASPHN Job Board](#).

To post a job opening, contact Allison McGuigan at allison@asphn.org.



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ASPHN Internship Highlight:

Empowering Black Women for Health

Through her placement at Black Women's Health Imperative, ASPHN Intern, [Tamea Williams](#), supports several programs contributing to their mission.



Although women live longer than men, multifaceted issues contribute to chronic disease and poor health outcomes in ethnic and racial minority women. The Black Women's Health Imperative (BWHI) mission is to lead the effort to solve the most pressing health issues that affect Black women and girls in the US.

According to BWHI, the most critical issues facing Black women's health include: reproductive health, maternal mortality and morbidity, cardiovascular disease, cancer, diabetes, HIV/AIDS and mental health. Williams is involved in several programs and her main project focuses on empowering college women in their health through the Imperative's My Sister Keeper (MSK) Program.

"I can easily identify with MSK's target audience, black women attending college like me," said Williams. This program heightens awareness about reproductive health and justice issues that support college-aged women to become leaders and health advocates in their communities.

In May 2019, Williams will graduate with honors and a degree in community health education from Howard University. Her professional goal is to become a supportive physician and researcher, empowering women to invest in themselves and improve their health outcomes while continuing to support their families. Williams plans to do a gap year, volunteering in a community health setting while applying to MD/PhD programs.

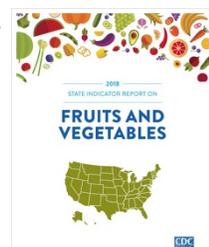
"This internship and BWHI have helped me make better connections to women's health outcomes and policy, and have strengthened my resolve to become a physician," said Williams.

Click here to find out more information about the [ASPHN Health Equity Internship Program](#) or email internship@asphn.org.

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Fresh Resource: 2018 State Action Guides on Fruits and Vegetables

Check out the [2018 State Action Guides on Fruits and Vegetables](#), showing the results of collective action for fruit and vegetable promotion across states.



The state-specific Action Guides highlight data from CDC's 2018 State Indicator Report on Fruits and Vegetables and summarize states' achievements on important measures of access and affordability. Use the included action steps to increase fruit and vegetable consumption through healthy food environments.

The State Action Guides can be used by public health practitioners, communication experts, decision makers, and agriculture and food systems leaders to tailor interventions for their states and communities. So spread the word! Share this new resource with your contacts.

Contact Amy Lowry Warnock at awarnock@cdc.gov.

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Welcome New Members!

ASPHN expands its network of talented professionals this October as it welcomes 13 new members!



Expanded Members:

Erica Auld, CPT, CES in the CA Dept of Public Health

Kai Bagwell in the SC Dept of Health

Danielle Conlon, RDN, CD in the UT Dept of Health

Jennifer Czelusniak, RD in the NY State Dept of Health

Charlene Garcia, MS in the MO Dept of Health

Brenna Kavakos in the NY State Dept of Health

Noelle Manley, RDN in the NY State Dept of Health

Mark Nielsen in the UT Dept of Health

Barbara Stahnke in the GA Dept of Health

Hillary Sutton, MAC in the LA Dept of Health

MaryAnn Tonrey, MS, RDN, LDN in the FL Dept of Health

Associate Members:

Karen Basinger, MS, LDN, CFCS at the University of MD Extension

Paul Shephard at Dentastic Dental Center in Pompano Beach, FL

Thank you for joining us!

Our ASPHN member-network is strengthening our nation through collective action that makes healthy eating and active living possible for everyone.

You, too, can join this dynamic group of Public Health Nutrition leaders. Check out our [member benefits](#) and [become a member now](#).

Contact Allison McGuigan at allison@asphn.org with questions.

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About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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