

PA Networking Resources

January 2019

MCH Evidence website: <https://www.mchevidence.org>

Evaluation Toolkit developed through the MCH

Navigator: <https://www.mchnavigator.org/trainings/evaluation.php>.

NCHPAD Educators Target Audience Page -

<https://www.nchpad.org/Educators>

Afterschool programs -

- <https://www.cdc.gov/features/fitness-disabilities-kids/index.html> Girls on the Run
- <https://catchinfo.org/ckcinclusion/> CATCH Kids Club Inclusion Guide and Video Contest

Disability awareness training ideas:

- Inclusion Week - <https://www.youtube.com/watch?v=LehjtceiPXQ>
- General Disability Awareness - <https://www.youtube.com/watch?v=SoWNenEObu0&list=PLwMObYmISHaN-Mrz2oX7Sk3W1rMWvu7R2>
- The Awesome Mary Show - <https://www.youtube.com/watch?v=EcBxF0iTjvY&list=PLwMObYmISHaOyBGZvsbGVWrgqCr4K2Tic>

Community inclusion / micro grant ideas:

- Tactical Urbanism for Inclusive Community Design - https://www.youtube.com/watch?v=g5wa9aej7_E
- Walk audits - <https://www.nchpad.org/1709/6826/Conducting~a~Walk~Audit>
- Designing for Inclusive Health grantees - <https://www.nchpad.org/1581/6595/Designing~for~Inclusive~Health~Grants>
- Disabilities and Healthy Communities Project - <https://www.nchpad.org/1627/6681/Promoting~Activity~and~Inclusive~Healthy~Communities~Series>
- NRPA Parks for Inclusion - <https://www.nrpa.org/parksforinclusion>

Assessment tool -

- Community Health Inclusion Index - <https://www.nchpad.org/1273/6358/Community~Health~Inclusion~Index>

- Active Schools Survey Report - <https://www.nchpad.org/1670/6766/Active~Schools~Inclusive~PE~and~Physical~Activity~Survey~Report>

Inclusive Policy Guidelines -

- Commit to Inclusion - <http://committoinclusion.org/>
- 9 Guidelines - <http://committoinclusion.org/9-guidelines-for-disability-inclusion/>

Adapted CSPAP -

[https://www.nchpad.org/fppics/NCHPAD_Discover%20Inclusive%20School%20Wellness\(1\).pdf](https://www.nchpad.org/fppics/NCHPAD_Discover%20Inclusive%20School%20Wellness(1).pdf)

September 2018

GOVERNMENT

Community Guide

Summary tables with alphabetized lists of intervention approaches in three domains reviewed by the Community Preventive Services Task Force

<https://www.thecommunityguide.org/content/task-force-findings-physical-activity>

Active People, Healthy Nation

<https://www.cdc.gov/physicalactivity/activepeoplehealthynation/index.html>

Physical Activity Guidelines for Americans -- update expected before end of 2018

<https://health.gov/paguidelines/second-edition/about/>

HRSA

<https://www.hrsa.gov/healthy-weight/index.html>

NPAS - NATIONAL PHYSICAL ACTIVITY SOCIETY

Webinar on Physical Activity & Public Health professionals

<http://physicalactivitysociety.org/2018/09/11/survey-results-2018-webinar-917/>

Upcoming webinars

<http://physicalactivitysociety.org/2018/09/11/fall-webinars/>

SCHOOLS

Active Schools

<https://www.activeschoolsus.org/>

National Physical Activity Plan (education sector)

<http://www.physicalactivityplan.org/theplan/education.html>

DISABILITIES

<https://www.nchpad.org/>

FUNDING

Announcement from CDC

The Division of Nutrition, Physical Activity, and Obesity is pleased to announce awards to 16 recipients through the State Physical Activity and Nutrition Program (SPAN).

Recipients will implement evidence-based strategies to improve nutrition and physical activity. Recipients include:

- Alaska Department of Health and Social Services
- California Department of Health
- Colorado Department of Public Health and Environment
- Connecticut Department of Public Health
- New York State Department of Health
- Illinois Public Health Institute
- Kentucky Cabinet for Health and Family Services
- Minnesota Department of Health
- Missouri Department of Health and Senior Services
- North Carolina Department of Health and Human Services
- Ohio Department of Health
- Pennsylvania Department of Health
- Texas Department of State Health Services
- University of Arkansas for Medical Sciences
- Utah Department of Health
- Washington State Department of Health

July 2018

Active Early: Early care resource toolkit

Web page: <https://www.dhs.wisconsin.gov/physical-activity/childcare.htm>

Pdf document: <https://www.dhs.wisconsin.gov/publications/p0/p00280.pdf>

Active Schools: Core 4+ : K-12 resources

WI Public Instruction web page <https://dpi.wi.gov/sspw/physical-education>

May 2018

NV wellness website. www.Nevadawellness.org.

March 2018

Active kids learn better infographic from Active Living

Research: <https://activelivingresearch.org/blog/2015/01/infographic-active-kids-learnbetter>

Alabama guide: https://alsde.edu/general/HPE_AL_P_E_Instuational_Guide.pdf

CATCH program: <https://catchinfo.org/>

ESSA Every Student Success Act - Dr. Kymm Ballard -- March webinar free on NPAS site. Also includes examples of active learning:

<http://physicalactivitysociety.org/2018/03/13/webinars-are-back-march-19/>

NCHPAD: National Center for Health, Physical Activity and

Disabilities: <https://www.nchpad.org/Aboutus>

Physical education in Naperville, Illinois -- using science of brain health to get kids more active -- webinar available free on NPAS site:

<http://physicalactivitysociety.org/howquality-physical-education-recess-and-active-classrooms-enhance-learning/>

SPARK physical activity programs: <https://sparkpe.org/>

Walking and walkable communities: cross-sector recommendations from the National Physical Activity

Plan: http://www.physicalactivityplan.org/docs/NPAP_Recommendations_rept_031518_FINAL.pdf

You can also find this on the site where the National Physical Activity Plan is housed:

<http://www.physicalactivityplan.org/index.html>