



July 2018

You are receiving this monthly newsletter because you are either a part of the ASPHN Children's Healthy Weight COIIN or a partner in this COIIN. This newsletter will feature stories and highlights from partners and COIIN members, information about resources and upcoming trainings, and other important news. If you have anything you'd like to contribute, you can reach out to Rebecca Leighton at reighton142@gmail.com. Thank you!

Upcoming Events

- August 15, 2018: CHW-COIIN All Work Stream Webinar
- August 30, 2018: CHW-COIIN Breastfeeding Work Stream Networking Call

Reminders

Did you miss a CHW-COIIN Webinar? All past webinars are available to view at <https://asphn.org/trainings-webinars/>.

We want to hear from you. After all webinars, look for an email from Cheryl Clark (cclark@amchp.org) with a link to an evaluation survey. All webinar attendees are expected to complete the survey.

Resources

The California Children's Healthy Weight COIIN is helping to raise awareness about [lactation accommodation](#) in the workplace for World Breastfeeding Week (August 1-7, 2018) by using Facebook and Twitter. As part of their efforts, the California Breastfeeding Coalition, the California WIC Association and the California Department of Public Health are sharing campaign materials.

[Click Here for Materials](#)

Wisconsin has developed resource toolkits designed to provide resources for use in efforts to reduce childhood obesity. The Active Early toolkit is designed to provide resources for providers, parents, and educators to use in efforts to reduce childhood obesity and children's risk for developing obesity by encouraging a healthy early care and education environment.

[Visit the Toolkit](#)

Check out this new toolkit from Wisconsin! Active Schools: Core 4+ : K-12 is a set of strategies to increase student physical activity and improve academic learning. Information about Active Schools is available on the [Wisconsin Public Instruction webpage](#).

Partner Spotlight

Young Invincibles (YI) is a national organization started by students in 2009 in response to the health care reform debate. They are committed to ensuring that young people, especially those with the least access to political and economic power, have a voice. Young Invincibles takes on issues related to health care, higher education, and economic security. They do this through policy and advocacy, building a community of young leaders and by providing consumer education. Some of their major successes include implementing strong consumer protections for health insurance plans for millions of college students and protecting funding for the federal Pell grant program.



This organization continues to fight to make health care affordable for the young adult population. In a recent example, YI's Young Advocate program in Colorado fought to bring more mental health resources to campus. Check out this great video to see their work in action!

Young Invincibles is a proud partner of the ASPHN Children's Healthy Weight CoIIN.

[Learn More Here](#)

New Member Introduction



Rebecca Leighton is the latest edition to the team! She will be helping with things such as coordinating webinars, sending the monthly newsletter, helping manage the State reporting AIM form and other resources and more.

Rebecca graduated from the University of Minnesota with her Master's in Public Health Nutrition and she is a Registered Dietitian. She currently works at the University of Minnesota running a campus food pantry for college students that she began when she was a student herself. She also works on various food and housing insecurity initiatives along with nutrition health promotion.

As a graduate student, Rebecca helped manage the social media for ASPHN. She is excited to be involved again and is eager to learn more about all of the work you do! Feel free to reach out to Rebecca (rleighton142@gmail.com) with any questions or to simply introduce yourself.

About Us

The Children's Healthy Weight Collaborative Improvement & Innovation Network (CoIIN), is designed to support Title V programs to promote nutrition, physical activity and breastfeeding through collaborative learning and quality improvement practices.

The Children's Healthy Weight CoIIN is managed by the Association of State Public Health Nutritionists (ASPHN). Visit www.ASPHN.org for more information about ASPHN.

Visit the CoIIN Website

Children's Healthy Weight CoIIN | Association of State Public Health Nutritionists

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