November 2018

You are receiving this monthly newsletter because you are either a part of the ASPHN Children’s Healthy Weight CoIIN or a partner in this CoIIN. This newsletter will feature stories and highlights from partners and CoIIN members, information about resources and upcoming trainings, and other important news. If you have anything you’d like to contribute, you can reach out to Rebecca Leighton at rleighton142@gmail.com. Thank you!

Upcoming Events

- December 19, 2018, 1pm ET: CHW-CoIIN Webinar
- December 27, 2018, 1pm ET: BF Workstream Networking Call
- CHW-CoIIN In Person - January 9-10, 2019 - Bethesda, MD
- NO January Webinar - We will use the January 16, 2019 1 pm ET time slot if weather prevents a number of people from attending the In Person meeting.

Save the Date

January 8-9, 2018: CHW-CoIIN In-Person Meeting
Hyatt Regency Bethesda
One Bethesda Metro Center (7400 Washington Ave)
Bethesda, Maryland
Did you know you can view past newsletters and more? Visit ASPHN's Children’s Healthy Weight CoIIN page to view previous newsletters and resource documents for both breastfeeding and physical activity state teams. Check them out now!

Visit our website

Breastfeeding Team Highlight

Each month, a new Children’s Health Weight CoIIN team will be featured in the newsletter!

North Dakota’s (ND) primary goal for the Children Healthy Weight CoIN was to enhance the success of the training [Indigenous Breastfeeding Counselor Training] by allowing for travel, per diem, and hotel accommodations for key stakeholders from each of the five federally recognized tribes in ND to attend an in-person meeting prior to the training. The intent of the meeting would be to initiate sustainability planning related to how the training would be utilized to enhance
During the CoIIN in person learning session, January 9-10, the CoIIN team came to the decision not to host the Indigenous Breastfeeding Counselor Training and instead host a key stakeholder meeting to learn from communities about current support and barriers to breastfeeding before implementing interventions.

In March, a key stakeholder meeting was held with 17 attendees from four of the five tribal communities and two of the three ND communities with urban American Indian populations. Professionals who attended represented a variety of areas including WIC, Healthy Start, Home visiting, Public Health, Doula, College, Clinic Nurse and North Dakota Breastfeeding Coalition (NDBC). Monthly networking calls were coordinated to continue the conversations started at the in person meeting. During the May networking call it was shared there would be an Indigenous Breastfeeding Counselor Training in June 2018 in Bemidji, MN. Five individuals from ND attended the training.

On the networking call following the training, attendees shared they felt the group should be led by tribal communities. The role of the CoIIN team shifted at this time from leading efforts to offering a higher level of support to these communities. Work was put on hold to allow the communities time to determine where our support was needed most. This also allowed time to reevaluate and better define roles moving forward into the second year of the project. A major lesson learned was we had too narrow of a focus which did not allow the communities to be creative or flexible enough to meet their unique community needs.

In the upcoming year the ND team plans to develop mini-grant applications in line with the CoIIN focus: establish new policies or practices addressing social and ecological barriers to breastfeeding, but allows each community the flexibility to develop a plan that meets their community needs.

Are you interested in sharing the great work your team is doing? Fill out the form to be featured in the next newsletter!

Share your story here!

Share your feedback!
Please take a few minutes to provide feedback and suggestions about the monthly CHW CoIIN newsletter. This will help us evaluate and improve the newsletter for you!

Take our survey!

About Us

The Children’s Healthy Weight Collaborative Improvement & Innovation Network (CoIIN), is designed to support Title V programs to promote nutrition, physical activity and breastfeeding through collaborative learning and quality improvement practices.

The Children’s Healthy Weight CoIIN is managed by the Association of State Public Health Nutritionists (ASPHN). Visit www.ASPHN.org for more information about ASPHN.

Visit the CoIIN Website
Obesity CoIIN 2.0 (also known as the Children’s Healthy Weight CoIIN) for $300,000. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.