



News from the Association of State Public Health Nutritionists

August 2017

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Watch: Monthly Webinar Series from National WIC Association & ASPHN

Join us to see how state, local and private partners are working together in unorthodox ways to create synergy and environmental changes that support low income populations.



National WIC
Association

The role of Nutrition in Infant Mortality: A Public Health Perspective

August 24, 2017 3:00-4:00pm ET
Space is limited. [Register now!](#)

Despite progress in reducing infant mortality in the United States, it remains too high, especially for certain families.

- Discover the impact of nutrition on infant mortality.
- Identify key nutrition interventions.
- Understand the critical role of public health nutritionists.
- Apply WIC-specific strategies and tools.



The National WIC Association and ASPHN, through funding provided by the Centers for Disease Control and Prevention, are collaborating to provide monthly public health nutrition education webinars to state and local WIC staff and to ASPHN members. All webinar topics are WIC-relevant, and broader than WIC-only content.

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New Leadership Opportunity: Obesity Prevention Nutrition Council

Sharpen your skills in leadership, advocacy and facilitation as a member of the Obesity Prevention Nutrition Council.

This new ASPHN council's mission is to strengthen policy, environmental change, programs and services to decrease

obesity across the nation.

Email [Sandy Perkins](#) to join or ask questions.

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Now Open: Join the Fruit and Vegetable Nutrition Council

The Fruit and Vegetable Nutrition Council is now open to all ASPHN members. Join today.



Fruit and vegetable council members lead state and national efforts to promote optimal nutrition through increased fruit and vegetable consumption.

Email [Sandy Perkins](#) to join or ask questions.

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Meet ASPHN Consultant Amber Phipps, MS

Consultant, Amber Phipps, brings administration skills and physical activity expertise to the ASPHN team.



Read Amber's interview.

Q1: Why did you joined the ASPHN consulting team?

Amber: I truly enjoy helping people live healthier lives and working with ASPHN helps me do that. I started doing small projects on the side for ASPHN while working for Karen Probert when she was the Executive Director at a non-profit in rural Kansas. Several years later the opportunity came up to work for ASPHN on a regular basis. It was an obvious career move for me as I enjoy the work and people involved with ASPHN.

Q2: Briefly describe what makes you an expert in your role at ASPHN?

Amber: I provide support for the ASPHN Executive Director. It may be crazy, but I love to organize! Working on spreadsheets, preparing information for reports, and tracking information are things I actually enjoy. Before becoming a consultant for ASPHN, I ran community health programs for a county in rural Kansas. I was in charge of creating programs, writing grants, overseeing the programs, and grant reporting. In that position I worked with community members, schools, worksites, health departments, and the state health department. That experience has helped me as a consultant for ASPHN as I can appreciate what challenges some of our members face.

Q3: Describe your other areas of public health expertise.

Amber: I come to ASPHN with a Physical Activity background. I have a Health Management BS and a Kinesiology MS with an emphasis in Exercise Psychology. I was the Program Manager at a non-profit in rural Kansas, for 9 years. I was in charge of several community health programs including physical activity, nutrition, and tobacco prevention and other community health projects. I was also involved in several fund raising projects in our county.

Q4: What do you like to do in your spare time?

Amber: From playing sports to now exercising and being active with my family, physical activity has always been a big part of my life. We love to spend time outside. Whether its riding bikes or playing basketball, we will find something outside to do to be active together.

Contact [Amber Phipps](#).

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Join the Membership Communications & Outreach Committee

The [Membership Communications & Outreach Committee](#) supports the work of ASPHN with...

- Guidance for communications to members,
- Feedback on inreach and outreach through social media, newsletter articles and publications, and
- Fresh ideas and feedback for new initiatives.

Members who join the MC&O Committee get these benefits:

- Building relationships with colleagues across the nation.
- Learning from the experience of other professionals who work in diverse public health nutrition roles in other states.
- Getting to know the consultants and the broader work of ASPHN.

You will enjoy working with us.

- Meetings are a fun break from day-to-day work.
- You will gain professional insight from others.

Meetings are usually the first Tuesday of the month at 3 PM ET.

Please contact [Janelle Clepper](#) with questions or to sign up. Social media suggestions are also welcome.

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Welcome New Members!

ASPHN welcomed 5 new ASPHN members in August! Through our talented network of leaders we are expanding the impact of public health nutrition policy, programs and



education. Thank you for joining us.

Expanded Members:

Adrian Allen, RDN, CDN in the NY State Dept of Health

Tiare Sanna, MS, RD in the OR Nutrition and Health Screening Section

Sara Talbott, MA in the KY Nutrition Education Program

Associate Members:

Megan Rademaker, student (University of MN)

Emily Wojtowicz, MS, RD, IBCLC (AZ)

You, too, can join this dynamic group of Public Health Nutrition leaders. [Become a member now.](#)

Contact [Allison McGuigan](#) with questions.

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New Member Orientation

Get to know ASPHN better and get the most from your membership.

Attend New Member Orientation!
August 29 at 2pm ET

You will learn about the ASPHN structure, goals, governance, funding, leadership development opportunities and much more.

Email [Allison McGuigan](#) to register.



About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that develops leaders in public health nutrition who strengthen policy, programs and environments, making it possible for everyone to make healthy food choices and achieve healthy, active lifestyles.

Our vision is to create new environmental norms where healthy eating and active living are the easy and natural choices for all Americans. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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