

Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion
Division of Nutrition, Physical Activity, and Obesity

Presents

Parks and Recreation are Partners in Health

Rachel Banner, Director of Park Access

Allison Colman, Director of Health

National Recreation and Park Association

Thursday, August 8, 2019

1:30 PM Eastern Time

Webinar Access:

Adobe Connect Link: <https://adobeconnect.cdc.gov/rz3g73ia3e1h/>

Dial-In: 1-800-779-9076

Leader Code: 5222204#

Objectives:

- Describe the key opportunities to partner with park and recreation agencies to increase physical activity and healthy eating.
- Describe how parks contribute to individual and community health.
- Identify health data and objectives relevant to short-and -long term park and recreation projects and programs.

Presenters:

Rachel Banner is the Director of Park Access for the National Recreation and Park Association (NRPA). Rachel joined NRPA in 2015 and oversees NRPA's equitable park access and quality portfolio, working to ensure that has a great park close to home. Prior to NRPA, Rachel worked at ChildObesity180 and Amerigroup Maryland where she worked to ensure that people had the knowledge, resources, and environments to support healthy living. Rachel received her Master's in Public Health from Tufts University and her BS in Exercise Science from Elon University, both focused on health equity, chronic disease prevention and the built environment.

Allison Colman is the Director of Health for the National Recreation and Park Association. Allison joined NRPA in 2015 and oversees NRPA's health and wellness portfolio, working to ensure that all people have access to the benefits of parks and recreation. Prior to joining NRPA, Allison worked in the recreation field facilitating health and wellness programs across all populations. Combined with her work at the local and national level, Allison has extensive experience implementing public health interventions and promoting equitable and inclusive practices across community-based organizations.