April 2019

You are receiving this monthly newsletter because you are either a part of the ASPHN Children’s Healthy Weight CoIIN or a partner in this CoIIN. This newsletter will feature stories and highlights from partners and CoIIN members, information about resources and upcoming trainings, and other important news. If you have anything you’d like to contribute, you can reach out to Rebecca Leighton at rleighton142@gmail.com. Thank you!

Upcoming Events

- April 25, 2019, 1pm ET: BF Workstream Networking Call
- May 1, 2019: Poster registration due
- May 15, 2019, 1pm ET: May Webinar – Maximizing Partnerships
- May 22, 2019, 1pm ET: PA Workstream Networking Call
- June 9-11, 2019: ASPHN Annual Meeting, Scottsdale

Important Workstream Updates:

- In early April, MCHB released a non-competitive supplemental funding opportunity for the CHW-CoIIN
  ASPHN has until May 6, 2019 to develop the plan and respond.

We know:

- Support for work on INI will continue for at least part of the extension year
- Support for work on BF and PA will stop August 31, 2019
- There will NOT be an in person meeting in 2020

Resources

The ASPHN Annual Meeting will be June 9-11, 2019 at the Embassy Suites by Hilton Scottsdale Resort in Scottsdale, Arizona. This is a chance to connect, collaborate and create a wide network that cultivates positive change across the country. The theme of the 2019 annual meeting is Optimizing Your Performance: Engaging in a world where there is too much to do. The draft agenda is available on the ASPHN website.

ASPHN expects each Intensive Learning Level CoIIN team to present a poster on their CHW-CoIIN work. While we do not have funding to reimburse travel for technical assistance team representatives, we believe the technical assistance teams are also doing work that would be beneficial to ASPHN members. We would like to invite you to considering presenting a poster on your CHW-CoIIN work as well as well. If you are
unable to travel to the meeting, Sandy is willing to assist with the poster presentation.

The call for posters is open; **complete the online application by May 1.**

Details and logistics about the meeting may be shared with others who are interested in attending.

Did you know you can view past newsletters and more? Visit ASPHN's Children’s Healthy Weight CoIIN page to view previous newsletters and resource documents for both breastfeeding and physical activity state teams. Check them out now!

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**Breastfeeding Team Highlight**

Each month, a new Children’s Health Weight CoIIN team will be featured in the newsletter!

Louisiana’s project focuses on building the capacity of and expanding the Louisiana Workplace Breastfeeding Support Program to create worksite cultures statewide that support employees who choose to breastfeed after returning to work through organizational policy and practice change. Over the last year and half of the Children’s Healthy Weight CoIIN project, the Louisiana team has had a number of successes, as well as a few barriers.

Successes for the Louisiana team include the following:

- Convening a diverse statewide improvement work group and conducting a kick off meeting in July 2018. The work group consists of a variety of employers, employees representatives, public health program representatives/state health department, professional groups, as well as community/mother representatives.
- After the USBC Children’s Healthy Weight CoIIN Breastfeeding Teams Peer Sharing meeting the LA team successfully established contact with the local DOL Community Outreach and Resource Planning Specialist. The contact has agreed to attend our work group meetings!
- Partnership development with organizations like the LA Association of Occupational Nurses. Organizational contacts have assisted with disseminating project information about the program at organizational board meetings and conference exhibiting.
- The Louisiana core team consistently conducted meetings and refined their work plan.
- Assessed and streamlined employer designation processes part of the program.
- Learning and sharing with other states has been very helpful!

The Louisiana team also encountered the following barriers during their first year:

- Engaging mothers in the statewide improvement work group has been challenging, but we aren’t giving up. The team will continue to identify different strategies to ensure mother/employee representation and engagement.
- Team capacity to carry out a comprehensive work plan has been limited, however we have identified some funding to sustain this work into the next state fiscal year.
Are you interested in sharing the great work your team is doing? Fill out the form to be featured in the next newsletter!

Share your story here!

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**Share your feedback!**

Please take a few minutes to provide feedback and suggestions about the monthly CHW CoIIN newsletter. This will help us evaluate and improve the newsletter for you!

Take our survey!

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### About Us

The Children’s Healthy Weight Collaborative Improvement & Innovation Network (CoIIN), is designed to support Title V programs to promote nutrition, physical activity and breastfeeding through collaborative learning and quality improvement practices.

The Children’s Healthy Weight CoIIN is managed by the Association of State Public Health Nutritionists (ASPHN). Visit [www.ASPHN.org](http://www.ASPHN.org) for more information about ASPHN.

Visit the CoIIN Website

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