



May 2019

You are receiving this monthly newsletter because you are either a part of the ASPHN Children's Healthy Weight COIIN or a partner in this COIIN. This newsletter will feature stories and highlights from partners and COIIN members, information about resources and upcoming trainings, and other important news. If you have anything you'd like to contribute, you can reach out to Rebecca Leighton at reighton142@gmail.com. Thank you!

Upcoming Events

- June 9-11, 2019: ASPHN Annual Meeting, Scottsdale
- June 19, 2019, 1pm ET: Monthly Webinar

Important Workstream Updates:

- In early April, MCHB released a non-competitive supplemental funding opportunity for the CHW-COIIN
- ASPHN has until May 6, 2019 to develop the plan and respond.

We know:

- Support for work on INI will continue for at least part of the extension year
- Support for work on BF and PA will stop August 31, 2019
- There will NOT be an in person meeting in 2020

Reminder

The ASPHN Annual Meeting will be June 9-11, 2019 at the Embassy Suites by Hilton Scottsdale Resort in Scottsdale, Arizona. This is a chance to connect, collaborate and create a wide network that cultivates positive change across the country. The theme of the 2019 annual meeting is Optimizing Your Performance: Engaging in a world where there is too much to do. The draft agenda is available on the ASPHN website.

ASPHN expects each Intensive Learning Level COIIN team to present a poster on their CHW-COIIN work. While we do not have funding to reimburse travel for technical assistance team representatives, we believe the technical assistance teams are also doing work that would be beneficial to ASPHN members. We would like to invite you to considering presenting a poster on your CHW-COIIN work as well as well. If you are unable to travel to the meeting, Sandy is willing to assist with the poster presentation.

Details and logistics about the meeting may be shared with others who are interested in

attending.

[Learn more here!](#)

Did you know you can view past newsletters and more? Visit ASPHN's Children's Healthy Weight CollIN page to view previous newsletters and resource documents for both breastfeeding and physical activity state teams. Check them out now!

[Visit our website](#)

Physical Activity Team Highlight



Each month, a new Children's Health Weight CollIN team will be featured in the newsletter!

The purpose of the Texas Children's Healthy Weight CollIN is to create a School Physical Activity and Nutrition (SPAN) survey for distribution in school districts around the state and along the border to assess all children, including children with special needs. The SPAN Project is a Texas-wide surveillance system which monitors trends in body mass index (BMI) of school-aged children in the 2nd, 4th, 8th, and 11th grades within racial/ethnic, gender, and geographic sub-populations. Funded by the Texas Department of State Health Services, and

conducted by the Michael & Susan Dell Center for Healthy Living at The University of Texas Health Science Center at Houston (UTHealth) School of Public Health in Austin, SPAN survey data have been collected in Texas at four time points using a cross-sectional questionnaire (years 2000-2002, 2004-2005, 2009-2011, 2015-2016).

In addition to monitoring the prevalence of school-aged children with overweight and obesity in Texas, SPAN identifies factors in Texas students that may underlie obesity, including dietary behaviors, nutrition knowledge and attitudes, and physical activity. This surveillance system allows researchers to identify and track trends in childhood obesity. SPAN identifies factors in Texas students that may underlie obesity, including dietary behaviors, nutrition knowledge and attitudes, and physical activity. The current SPAN (2019-2020) will include probability based sampling of students in 4th, 8th, and 11th grade, with a concurrent sampling of 2nd grade student parents, and a Texas-Mexico border-specific sample. The intended sample size to the current span is 19,900 students and 6,920 parents. SPAN data collection consists of (1) administration of a questionnaire which assesses food choice behaviors, food selection skills, weight perceptions and practices, nutrition knowledge, attitudes about food and eating, and physical activity behaviors; (2) height and weight measurements; (3) school environment observations including a vending machine audit, healthy signage observations, and a school-level health policy questionnaire.

Are you interested in sharing the great work your team is doing? Fill out the form to be featured in the next newsletter!

[Share your story here!](#)

Partner Spotlight



Karen is the Executive Director of the Association of State Public Health Nutritionists (ASPHN). Founded in 1952, ASPHN is a non-profit membership organization that provides state and national leadership on food and nutrition policy, programs and services. She has worked in this position for 11 years supporting the work of public health nutritionists located throughout the U.S. Before ASPHN, Karen was director of a health planning organization in rural Kansas that focused on recruitment and retention of medical providers and facilitated collaboration among health organizations. She started her career in Washington, DC in food and agriculture policy and even worked as ASPHN Executive Director in the mid 1990s.

Karen lives in Tucson, AZ and loves the variety of outdoor activities and local foods available in the Southwest. She has served on nonprofit boards at the local and national level. Karen has a Master of Science in Nutrition from Tufts University and is a registered dietitian nutritionist.

Share your feedback!

Please take a few minutes to provide feedback and suggestions about the monthly CHW CoIIN newsletter. This will help us evaluate and improve the newsletter for you!

Take our survey!

About Us

The Children's Healthy Weight Collaborative Improvement & Innovation Network (CoIIN), is designed to support Title V programs to promote nutrition, physical activity and breastfeeding through collaborative learning and quality improvement practices.

The Children's Healthy Weight CoIIN is managed by the Association of State Public Health Nutritionists (ASPHN). Visit www.ASPHN.org for more information about ASPHN.

Visit the CoIIN Website

Children's Healthy Weight CoIIN | Association of State Public Health Nutritionists

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number, U7NMC30388, Pediatric Obesity CoIIN 2.0 (also known as the Children's Healthy Weight CoIIN) for \$300,000. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.
