

*July 2019*

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## Survey + Training Opportunity: ASPHN's NEW Partnership Development Training Series

Gain the skills and confidence you need to successfully lead collaborative relationships that result in improved eating and activity habits among communities and states.

Watch your inbox for the chance to sign-up for the new Partnership Development Training Series. But first...



### Help us help you!

ASPHN needs your input to develop this training series. Take the [4-Question Member Input Survey](#) now through July 26th, 2019. Members who have completed the survey will be given the "first come, first served" opportunity to sign-up for the inaugural training happening this Fall.

Questions? Contact Shana Patterson at [shana@asphn.org](mailto:shana@asphn.org).

## Plan Your Breastfeeding Celebration

Plan your breastfeeding celebration! World Breastfeeding Week is August 1 -7. The United States also celebrates National Breastfeeding Month during August.



Grab ready-to-use and adaptable materials to promote and celebrate these events at: <https://thousanddays.org> and <http://worldbreastfeedingweek.org/#>.

Find more information about the [benefits of breastfeeding](#) from the World Health Organization. Also be sure to show appreciation for a breastfeeding mother in August.

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## Intern Highlight: New Connections at the ASPHN Annual Meeting



ASPHN Intern Poster Presenters: Shambria Davis, Chomel Johnson, Alexis Presnell, Desirae Suggs

Eight students represented the 2019 Health Equity Interns at the ASPHN Annual Meeting. There, they made powerful learning and network connections through professional development activities and opportunities to connect with public health leaders from across the country. These experiences align with the Health Equity Internship Program's objective to develop professionally students' performance as future public health leaders.

The following interns connected with ASPHN members while presenting the following posters about their internship projects:

- Shambria Davis, Alabama A&M University

Wake the Health Up! Utilizing the Health Belief Model to Promote Healthier Eating Habits among Historically Black College and University Students

- Chomel Johnson, Bethune Cookman University

Individual and Community Interventions to Address Childhood Obesity in Los Angeles County Using Theory of Planned Behavior

- Alexis Presnell, Alabama A&M University

Healthy Eating Initiatives: Addressing Food Insecurities in College Communities

- Desirae Suggs, Georgia State University

Addressing Food Insecurity by Establishing Healthy Nutrition Standards through the Implementation of Supporting Wellness at Food Pantries

The interns expressed gratitude for the opportunity to attend the annual meeting and network with ASPHN members and nutrition stakeholders.

Spring intern, Cathony Reid (Georgia Southern University), was selected to participate in CDC's Public Health Associate Program and her placement site will be in North Dakota.

"After attending this conference, I feel confident relocating to North Dakota because there is an ASPHN member I can connect with to support my transition from Georgia to living in the Midwest," said Cathony.

For more information about the ASPHN Health Equity Internship program, [visit the ASPHN website](#) or contact Dr. Steve Owens at [internship@asphn.org](mailto:internship@asphn.org).

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## Get Videos and Notes from the ASPHN 2019 Annual Meeting

Review your favorite Annual Meeting sessions or check out what you missed. This is your opportunity to savor the best moments.

From federal agency updates, effective communication coaching, professional best practice guidance and taking-care-of-you tips, get the videos and notes now to optimize the impact of your work in public health nutrition.

[Read the Annual Meeting Summary Publication.](#)

### Save the date for next years' Annual Meeting.

June 14-16, 2020. Location to be announced.

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## Welcome New Members!

ASPHN expanded its network of talented professionals in May with 13 new members.



Expanded Members:

Brooke Brittain, MS, RD, LD, CHES,  
CLC

Caroline Coats

La'Keisha Coker

Taylor Ellison

Antoinette Johnson

Denise Logan

Patrick McCarthy

Megan Shelley, RD

All in the SC Dept of Health

Kelly Corfman, MS, RD, LD in the OH Dept of Health

Hannah Ruhl, MPH from the University of New England

Liana Schreiber, MPH, RDN in the MN Dept of Health

Minh Tieu, MPH, RD in the NY State Dept of Health and Senior Services

Associate Member:

Misty Galentine, student, Liberty University

Thank you for joining us!

Our ASPHN member-network is strengthening our nation through collective action that makes healthy eating and active living possible for everyone.

You, too, can join this dynamic group of Public Health Nutrition leaders. Check out our [member benefits](#) and [become a member now](#).

Contact Allison McGuigan at [allison@asphn.org](mailto:allison@asphn.org) with questions.

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## About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone.

We welcome your involvement in our growing organization.  
Learn more about us at [About ASPHN](#).

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