



News from the Association of State Public Health Nutritionists

August 2019

In This Issue

Apply Now: 2020 Growing ASPHN Leaders Class

Join the New Member Orientation Call

ASPHN Celebrates National Breastfeeding Month

Intern Highlight: Breastfeeding and Equity

Fresh Resource: New MCHB Nutrition Webpage

Advance RDNs: Share Your Food Retail Experience with Academy of Nutrition and Dietetics Foundation!

Get Videos and Notes from the ASPHN 2019 Annual Meeting

Welcome New Members! About ASPHN

Apply Now: 2020 Growing ASPHN Leaders Class

ASPHN invites you to join the 2020 Growing Leaders class. Apply by Friday, October 11th.

The ASPHN leadership class helps members grow in ways that enhance leadership skills and provides practical application.

Be challenged and supported in 6 leadership training calls, 1 orientation call and a final debrief call from December 2019 through June 2020. Participants join an ASPHN committee or council leadership team after they complete the program. Space is limited to 12 participants.

Contact Shana Patterson at shana@asphn.org to request the Growing Leaders application or get more information.

[Back to top](#)

Join the New Member Orientation Call

Calling all new members! We hope you will join us on our next new member orientation call.



Get the most out of your membership with this comprehensive review of ASPHN's structure, programs and involvement opportunities. Plus, the tour of ASPHN.org helps you quickly access timely publications and trainings.

New Member Orientation Call
Tue, Sep 24, 2019 2:00 PM - 3:30 PM EDT

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/280979885>

You can also dial in using your phone.

United States: +1 (408) 650-3123

Access Code: 280-979-885

Watch your inbox for the call invitation, agenda and slides, and we look forward to talking with you on September 24! This webinar will be recorded for those who are unable to attend the live event.

If you have been a member for a while and never experienced this call, you are welcome too!

Contact Allison McGuigan at allison@asphn.org for more information.

[Back to top](#)

ASPHN Celebrates National Breastfeeding Month

Watch the [ASPHN Facebook](#) page for tools, tips and success stories inspiring excellence in your breastfeeding initiatives.



[Back to top](#)

Intern Highlight: Breastfeeding and Equity



Destiny Steele, Brandi Reed, Ayanna Smith and Jasmine Harris

Four interns from the Fall 2018 and Spring 2019 ASPHN Health Equity Internship sessions attended the US Breastfeeding Committee's [National Breastfeeding Conference and Convening \(NBCC\)](#) in Bethesda, MD.

Intern Attendees:

Destiny Steele, Argosy University/Mississippi,
Brandi Reed, University Alabama,
Ayanna Smith, Xavier University of Louisiana
Jasmine Harris, North Carolina Central University

NBCC's theme was, Taking Equity from Theory to Practice: Advancing Inclusive and Collaborative Breastfeeding Support. The overarching goal was to assist with development of leadership capacity to more effectively protect, promote, and support breastfeeding at the national, state and local/community levels.

Many conference sessions focused on leadership, equity, normalizing breastfeeding and engaging parents. A session hosted by the men of [R.O.B.E. \(Raising Our Brothers Everywhere\)](#) was created to encourage male involvement and engagement in parenting, including breastfeeding. This session stirred up a lot of emotion in the audience as well as the speakers.

"I was given a first-hand look at the pressures men face during parenthood through their stories," reported Ayana Smith. "I empathized with absent fathers and tried to understand the reasons behind their actions. This session taught me a lot about non-judgement and compassion."

All interns learned concepts and skills that fortified their internship experience. Brandi Reed shared that she learned how to deconstruct health equity. "To achieve equity, we have to focus on the equality and not only the equity of the matter. We have to separate the experience and the act to develop solutions."

For more information about the ASPHN Health Equity Internship program, [visit the ASPHN website](#) or contact Dr. Steve Owens at internship@asphn.org.

[Back to top](#)

Fresh Resource: New MCHB Nutrition Webpage

The Maternal and Child Health Bureau (MCHB) is pleased to announce the release of the MCHB Nutrition webpage.



Nutrition is vital to the healthy development and well-being of infants, children, youth, and adults, including those with special health care needs. MCHB's programs promote the nutritional well-being of maternal and child health populations across the lifespan.

Learn more about MCHB's initiatives focused on State Partnerships, Innovation, Cross-Cutting Collaborations, and Training and Education on the [MCHB Nutrition webpage](#).

[Back to top](#)

Advance RDNs: Share Your Food Retail Experience with Academy of Nutrition and Dietetics Foundation!

Do you have a success story to share related to the food retail environment? We need to hear from you!



The [Academy of Nutrition and Dietetics Foundation](#) is working on a new project to collect data and information leveraging RDNs in the food retail environment to improve public health. The ultimate goal is to increase access to RDNs and nutrition resources.

ASPHN is on the Advisory Board for this project and would like to highlight members' work in this area of practice.

Share your food retail initiatives and experiences, including programs such as:

- Food or fruit/vegetable prescriptions,
- Farmers market vouchers/EBT,
- Micro markets or cafeteria programs to promote health, or
- Initiatives framed around the concept of "food as medicine."

To share your lessons learned or stay updated on the project email ASPHN Consultant Shana Patterson at shana@asphn.org, using the subject NFRPD (Nutrition in Food Retail Program Development).

[Back to top](#)

2019-2020 ASPHN Board of Directors

ASPHN warmly welcomes the 2019-2020 Board of Directors. These volunteers have committed time above their job roles to ensure ASPHN reaches the goals outlined in the strategic plan.

Diane Golzynski, PhD, RD (MI)
President

Tiffani Grant MS, RD, LD (MS)
President-Elect

Robin Stanton, MA, RD, LD (OR)
Past-President

Emily Bash, MPH, RD, CLC (CO)
Secretary

Patricia Simmons, MS, RD, LD (MO)
Treasurer

Diane Peck, MPH, RDN (AK)
Director-at-large and Co-Chair, Policy Committee

Jennifer Young, MPH, RDN (OR)
Director at Large and Co-Chair, Policy Committee

Becky Adams, DrPH, RD, LD, CDE (AR)
Director at Large and Co-Chair, Collaboration Committee

Jill Lange, MPH, RD, LD (IA)
Director at Large, Chair, Membership Communication & Outreach Committee

Jackie Rios-Avila, MS, RD, CDN (NY)
Director at Large and Co-Chair, Collaboration Committee

Charlene Garcia, MS (MO)
Chair, Fundraising Committee

Heather Harrison-Catledge, BS, LDN, CLC (MA)
Board Member and Chair, Maternal and Child Health Nutrition Council

Jennifer Dellaport, MPH, RD (CO)
Board Member and Chair-elect, MCH Nutrition Council

Elaine Russell, MS, RD, LD (KY)
Board Member and Chair, Obesity Prevention Nutrition Council

Cheryl Hill MS-MPH, RDN, LDN (TN)
Board Member and Chair-elect, Obesity Prevention Nutrition Council

Megan Hlavacek, MS, RD, LN, CLC (SD)
Board Member and Chair, Fruit & Vegetable Nutrition Council

Melissa Lonsberry, MS, RDN (MI)
Board Member and Chair-elect, Fruit & Vegetable Nutrition Council

[Back to top](#)

Welcome New Members!

ASPHN expanded its network of talented professionals in July with 10 new members.



Expanded Members:

Kayla Carlisle in the NH WIC Program

Jessi Dickerson, MS, RD in the IN Dept of Health

Eileen Hough, MPH in the NV Division of Public & Behavioral Health

Jennifer Johnson, RDN in the WI WIC Program

Asma Odeh, MHA in the FL Dept of Health

Amy Rupp, MPH in the IN Dept of Health

Associate Members:

Denise Giroux, student, Capella University (CA)

Sarah Rae, RDN, Valley Opportunity Council (MA)

Ashley Sneddon, student, Arizona State University (AZ)

Shirley Valerio, MPH, Brooklyn Hospital Center (NY)

Thank you for joining us!

Our ASPHN member-network is strengthening our nation through collective action that makes healthy eating and active living possible for everyone.

You, too, can join this dynamic group of Public Health Nutrition leaders. Check out our [member benefits](#) and [become a member now](#).

Contact Allison McGuigan at allison@asphn.org with questions.

[Back to top](#)

About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

[Back to top](#)