MASSACHUSETTS

Food is Medicine

STATE PLAN

Research has shown that **Food is Medicine** interventions can play a powerful role in improving health outcomes and controlling health care costs. However, access to these interventions remains limited.

Roadmap for Change in Five Focus Areas

Improving access to **Food is Medicine** interventions

Our vision: a health care system where food & nutrition interventions are fully integrated into care.

1 Patient Screening & Provider Nutrition Education

Food and nutrition needs are identified in the health care setting.

2 Patient Referral System

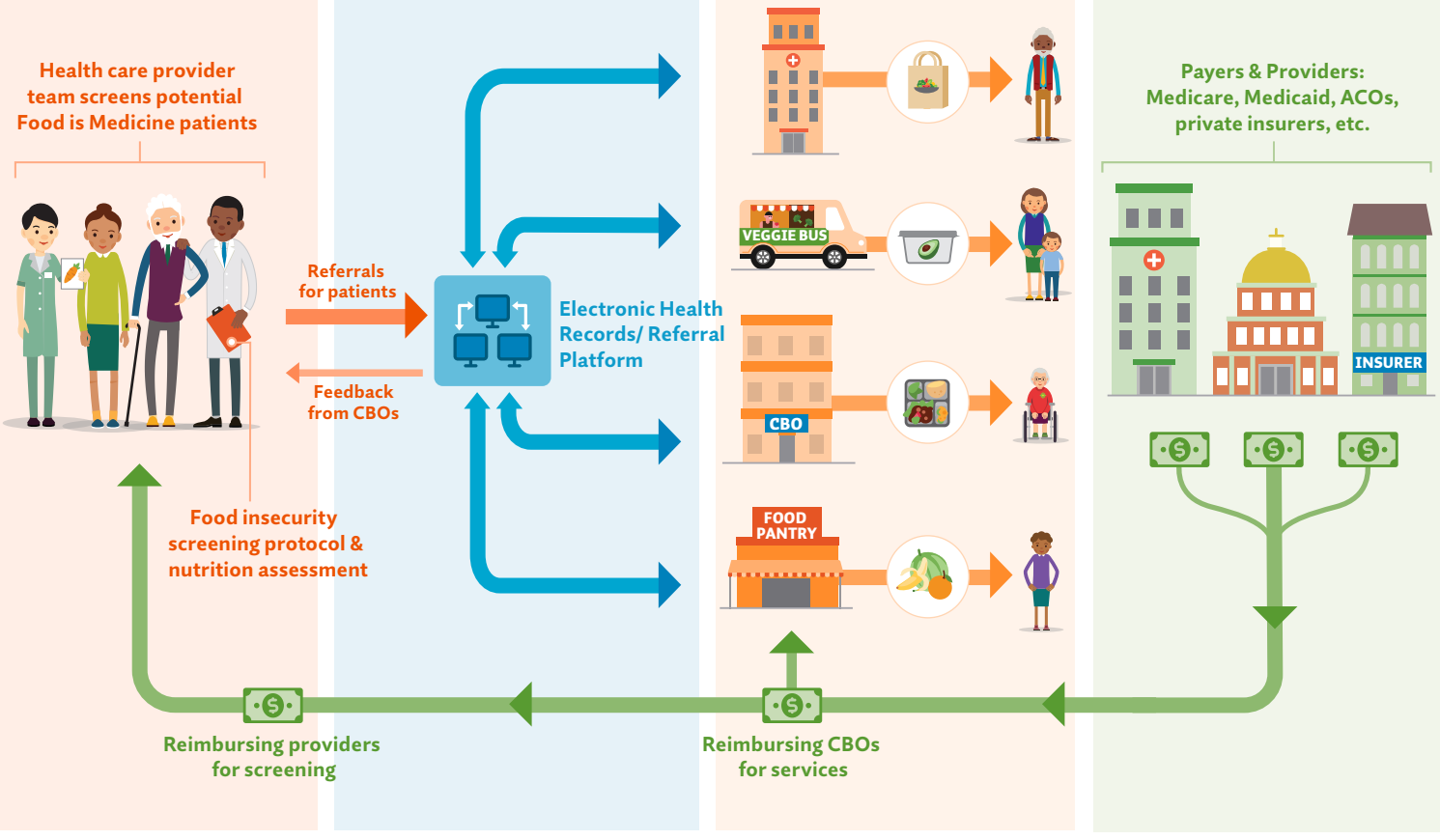
Health information technology supports patient connection to the appropriate nutrition resources.

3 Community-based Nutrition Organizations (CBOs)

Well-supported CBOs offer Food is Medicine services and programming.

4 Sustainable Funding

Health care dollars provide sustainable funding streams for clinical screening and Food is Medicine programming and services.



5 Systemic change throughout private and public sectors to support Food is Medicine

Explicit support and concrete commitments from:

- Providers
- Payers
- Community-based organizations
- State & federal policy makers
- Philanthropy
- Advocacy groups