

September 2019

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Apply Now: 2020 Growing ASPHN Leaders Class

ASPHN invites you to join the 2020 Growing Leaders class.

The ASPHN leadership class helps members grow in ways that enhance leadership skills and provides practical application.

Be challenged and supported in 6 leadership training calls, 1 orientation call and a final debrief call from December 2019 through June 2020. Participants join an ASPHN committee or council leadership team after they complete the program.

The application deadline is Friday, October 11th, but only 8 spaces remain. Send in your application today!

Contact Shana Patterson at shana@asphn.org to request the Growing Leaders application or get more information.

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Partnership Development Training Series: Register for the Preview Webinar

Find out more about the ASPHN Partnership Development Training Series that will be offered in early 2020 for a limited number of participants.



Title: Partnership Development Training Series Webinar - Overview
Date/Time: Oct. 9th, 2019 at 11:00am ET
[Register now!](#)

This preview webinar will provide an overview of the Partnership Development Training Series, which is designed to help you develop the skills and confidence you need to successfully lead collaborative relationships that result in improved eating and activity habits among communities and states.

Topics in this preview session include:

- proposed training topics,
- training format, and
- participant expectations for involvement.

If you are interested and not able to attend the webinar, please email Shana Patterson at shana@asphn.org.

Join the New Member Orientation Call

Calling all new members! We hope you will join us on our next new member orientation call.



Get the most out of your membership with this comprehensive review of ASPHN's structure, programs and involvement opportunities. Plus, the tour of ASPHN.org

helps you quickly access timely publications and trainings.

New Member Orientation Call
Tue, Sep 24, 2019 2:00 PM - 3:30 PM EDT

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/280979885>

You can also dial in using your phone.

United States: +1 (408) 650-3123

Access Code: 280-979-885

Watch your inbox for the call invitation, agenda and slides, and we look forward to talking with you on September 24! This webinar will be recorded for those who are unable to attend the live event.

If you have been a member for a while and never experienced this call, you are welcome too!

Contact Allison McGuigan at allison@asphn.org for more information.

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Read the 2019 ASPHN Annual Report

Celebrate our accomplishments and learn about new ventures in the [2019 ASPHN Annual Report](#).



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ASPHN Observes National Childhood Obesity Awareness Month

Watch the [ASPHN Facebook](#) page for tools, tips and success stories inspiring excellence in your obesity prevention initiatives.



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Update: 2019-2020 ASPHN Obesity Mini CoIIN

The 2019-2020 ASPHN Obesity Mini CoIIN (Mini CoIIN) is helping five states effectively and efficiently address childhood obesity by making their Early Childhood Education settings (ECE) healthier and more enriching for children.



The Centers for Disease Control and Prevention's Division of Nutrition, Physical Activity and Obesity is supporting the Mini CoIIN, which is in its sixth month of supporting farm to ECE strategies. It began in March 2019 and will continue through July 31, 2020.

Each state team is taking a state-specific approach to creating an impactful and sustained farm to ECE program:

Alabama is developing and refining a farm to ECE learning collaborative for ECE providers.

Arizona is creating and launching online farm to ECE professional development trainings.

Colorado is increasing farm to ECE in highest need regions through community supported agriculture.

Minnesota is developing needed farm to ECE trainings and resources aimed at their Statewide Health Improvement Program teams.

Ohio is creating and disseminating statewide farm to ECE assessments and trainings.

For more information contact the ASPHN Obesity Mini CoIIN Manager, Emia Oppenheim, PhD, RD, LD emia@asphn.org.

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Intern Highlight: Childhood Obesity in LAC

2018-2019 ASPHN intern, Chomel Johnson, focused her internship project on individual and community interventions to address childhood obesity, in Los Angeles using the theory of planned behavior model. As a lifelong resident of LAC, she was familiar with the burden of childhood obesity and poor health conditions of the people there.



Guided by her preceptor, Chomel conducted a literature review to understand apply the theory. She also completed a secondary data analysis of US public health databases to identify current interventions that address childhood obesity in LAC.

Among her findings, Chomel identified two evidence-based and promising programs; Choose Health LA Child Care and CATCH PE, addressing childhood obesity through nutrition and physical activity in LAC. The data analysis helped identify LAC communities impacted by poverty and poor health outcomes. Chomel compared these communities to those where evidence-based programs were being implemented and drew conclusion for policy recommendations.

Upon graduating from Bethune Cookman University with a MPH focused on health equity, Chomel hopes to return home and work in public health. Until then, she will get experience in emergency preparedness and disaster relief in global health.

"I am thankful for this opportunity the ASPHN internship has brought me and for everything I learned throughout the time working on this project," said Chomel.

For more information about the ASPHN Health Equity Internship program, [visit the ASPHN website](#) or contact Dr. Steve Owens at internship@asphn.org.

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Short-Term Leadership Opportunity: Annual Meeting Planning Committee

ASPHN invites you to join 2020 ASPHN Annual Meeting Planning Committee.



Meetings via conference call will begin and continue through May.

The goal of this committee is to plan an interesting, educational annual conference for members, partners, and stakeholders.

Committee members input is invaluable to the success of the planning. Members are asked to bring suggested topics, sessions and speakers to the table for consideration.

The committee meets twice per month for one-hour via conference call beginning in the in late September/October, continuing through May. Our President-elect, Tiffani Grant (MS), chairs this short term committee.

Contact Cyndi Atterbury at cyndi@asphn.org to join or ask questions.

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Welcome New Members!

ASPHN expanded its network of talented professionals in August with 12 new members.



Expanded Members:

Adrienne DeLucchi, MPH, DTR
Lara Evans, MPH, RDN
both in the NV State WIC Program

Monica DuHack, RD, LD
Sara Gray, RD, LD
Mary Henrikson, MS, RD, LD
Tonya Long, RD, LD
Christina Pease, RD
Carol Raney, MA, RD, LD
all in the IN Det of Health

Linda Stull, RDN, MS in the MI Dept of Education

Emma Walters, MS, RDN, LDN in the WV Bureau for Public Health

Marissa Donovan, MS, RD in the NY State Dept of Health

Associate Member:
Karen Farley, RD, IBCLC in the CA WIC Association

Thank you for joining us!

Our ASPHN member-network is strengthening our nation through collective action that makes healthy eating and active living possible for everyone.

You, too, can join this dynamic group of Public Health Nutrition leaders. Check out our [member benefits](#) and [become a member now](#).

Contact Allison McGuigan at allison@asphn.org with questions.

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About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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