



News from the Association of State Public Health Nutritionists

December 2019

In This Issue

Short Survey: Fruits & Veggie Promotion in CACFP

Submit Your Annual Award Nominations by January 31

Due January 15: Nominations for ASPHN Board Positions

ASPHN Membership Benefits WIC Staff

2020 ASPHN Annual Meeting Location, Colorful Colorado

Fresh Resource: Healthy First Nations Cookbook

ASPHN Highlights Early Career Opportunities in Public Health Nutrition

Intern Highlight: 2020 Vision for the Future of the Health Equity Internship Program

Update: WIC Developmental Monitoring Project

Thanks Breastfeeding Advocates!

Welcome New Members!

About ASPHN

Short Survey: Fruits & Veggie Promotion in CACFP

Take this 6-question survey to provide input on the need for new and improved resources promoting fruit and vegetables at Child and Adult Care Food Programs (CACFP)!



The National Fruit and Vegetable Nutrition Council is interested in learning about ASPHN member involvement with CACFP to discover if there is a need for additional resources, anything from recipes to fact sheets to implementation guides, focused toward increasing fruits and vegetables consumption within CACFP.

We encourage all ASPHN members to take this short survey now! <https://www.surveymonkey.com/r/VGR8JBM>

For more information contact Sandy Perkins at sandy@asphn.org.

[Back to top](#)

Submit Your Annual Award Nominations by January 31

It's time to start thinking about the 2020 ASPHN Annual Awards!



Nominate your fellow ASPHN members in any or all categories.

[Preview the award categories here.](#)

Nominations will be open throughout January 2020 and awards will be presented at the ASPHN Annual Meeting in June.

Contact Allison McGuigan at allison@asphn.org with questions.

[Back to top](#)

Due January 15: Nominations for ASPHN Board Positions

The ASPHN Governance Committee is seeking members to lead us into the next decade. Submit your nominations for the 2020 ASPHN Board of Directors by January 15!



[View the descriptions of board positions for which we are recruiting by visiting \[asphn.org\]\(http://asphn.org\)'s About page.](#)

To self-nominate, nominate someone else, or just ask questions, contact Diane Peck at diane.peck@alaska.gov.

The election occurs in March and position terms begin August 1.

Positions to be elected:

President-Elect (requires previous experience on the Board of Directors)

1 year term followed by 1 year as president and 1 year as immediate past president

Treasurer
2 year term

Director at Large (3 positions)
2 year term

Chair-elect, MCH Nutrition Council
1 year term followed by one year as Chair and one year as Governance Committee member

Chair-elect, Fruit and Vegetable Nutrition Council
1 year term, followed by one year as Chair and one year as Governance Committee member

Chair-elect, Obesity Prevention Nutrition Council
1 year term followed by one year as Chair and one year as council past chair on the Governance Committee member

Governance Committee members (3 positions)
1 year term (non-board position)

Perspective from a Recent Past ASPHN Board Leader

"As Secretary I have all the privileges of being on the Board of Directors, including voting and attending the Mid-Year and Annual meetings. I have experienced a relatively low work load, about 3 hours/month, which includes 1.5 hours of participating in the Board Meeting and about 1.5 hours of preparing for the Board meeting, responding to emails, and other duties. It is a good way to observe the Board Meetings and learn about how ASPHN works."

[Back to top](#)

ASPHN Membership Benefits WIC Staff

Do you know people who work in WIC and aren't members of ASPHN? Looking for a way to show the value of ASPHN to WIC staff?



[Please check out and share this video!](#)

Special thanks to Carol Friesen (IN) for producing and providing voiceover for this presentation!

[Learn more about ASPHN membership here](#) or contact Allison McGuigan at allison@asphn.org.

[Back to top](#)

2020 ASPHN Annual Meeting Location, Colorful Colorado

Save the date for the 2020 ASPHN Annual Meeting which will take place Sunday, June 14 through Tuesday, June 16 in beautiful Denver, CO. Colorado is known for its lovely landscape, which is colorful across the seasons, as well as its [many exciting attractions](#).

The conference site is the newly renovated [Holiday Inn, Denver - Cherry Creek](#) where you will enjoy sleek rooms and excellent service.

Watch the ASPHN newsletter for details as the planning committee develops an exciting agenda.

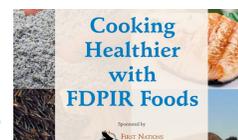
NOTE: This hotel will be changing their flag to the DoubleTree hotel after the first of the year so we can look forward to those famous DoubleTree fresh baked cookies!

Questions? Contact Cyndi Atterbury at cyndi@asphn.org.

[Back to top](#)

Fresh Resource: Healthy First Nations Cookbook

It can be challenging to make healthy meals with ingredients a food distribution program like the Food Distribution Programs on Indian Reservations (FDPIR). Still, American Indian tribes and nations have creatively combine traditional and commodity foods into healthy recipes. Many of these recipes are now shared across the US in the [Cooking Healthier with FDPIR Foods](#) cookbook.



The First Nations Development Institute (First Nations), a Native American-led, national nonprofit organization, has developed this cookbook in partnership with the National Association of Food Distribution Programs on Indian Reservations. First Nations is on a mission to improve American Indian finance and health through sustainable, asset-based strategies.

Find additional [primary source education materials on Native American history and culture](#) from the National Park Service, Smithsonian Institute, and The Library of Congress here.

[Back to top](#)

ASPHN Highlights Early Career Opportunities in Public Health Nutrition

Considering a career in Public Health Nutrition? Follow the [ASPHN Facebook](#) page and join our discussion on education, credentials and experiences that will enhance your candidate profile as an early career public health nutritionist. This quarter we are exploring career opportunities for people with RDN, CDE and IBCLC credentials.



[Back to top](#)

Intern Highlight: 2020 Vision for the Future of the Health Equity Internship Program



ASPHN Health Equity Internship Program brought together nearly 50 internship alumni, faculty, preceptors, partners and current interns for its Stakeholders Meeting at Temple University in November. Discussions and activities were designed with a goal of envisioning the next phase of this internship program that has been in existence for nearly two decades.

Key discussion topics yielded numerous ranked priorities. Some of these priorities will be implemented immediately during the spring 2020 internship session, which will begin in January.

Additionally, the meeting had moderated panels composed of intern alumni and preceptors. Current interns gleaned

pearls of wisdom from alumni that could help shape the trajectory of their professional careers. Preceptors shared qualities they seek in employment applicants for positions within their agencies.

Thank you to Karen Probert, ASPHN Executive Director and Letitia Presley-Cantrell, Chief, Program Development and Services Branch within the Division of Heart Disease and Stroke Prevention/CDC, for welcoming the meeting participants. Also, thanks to Johnnie "Chip" Allen, Director of Ohio Department of Health's Office of Health Equity who lead the opening session.

For more information about the health equity internship program and outcomes from the stakeholders meeting, contact at internship@asphn.org.

[Back to top](#)

Update: WIC Developmental Monitoring Project

The WIC Developmental Monitoring (Learn the Signs. Act Early.) Project has begun evaluations!



Results from the pilot programs are beginning to be reported and each state is putting together an implementation plan for statewide expansion.

ASPHN is managing the "WIC Developmental Monitoring Project" in which they are supporting a total of nine states in implementing the "Learn the Signs. Act Early." (LTSAE) WIC Model into their WIC clinics statewide. LTSAE promotes referral for early identification of developmental delays or disabilities, and encourage children's healthy growth and development. The funded states implemented their pilot programs in July/August 2019 and have plans to expand statewide by July 2020.

The initial results are promising. [To read the more in-depth update on this project and to see some of the initial results visit this link.](#)

For more information on CDC's LTSAE program visit this website:
<https://www.cdc.gov/ncbddd/actearly/index.html>.

Contact Amber Brown at amberbrown@asphn.org with questions.

[Back to top](#)

Thanks Breastfeeding Advocates!

ASPHN offers a big thanks to those who responded to the calls for United States Breastfeeding Committee (USBC) representatives and for a USBC liaison from ASPHN.



It is important that those working in the breastfeeding field partner with nutritionists.

To learn more about projects supporting breastfeeding across the nation, visit the Breastfeeding Public Health Partners tool kit at <http://www.usbreastfeeding.org/bphp-toolkit>.

For opportunities to work with USBC, see the [November Newsletter](#) or contact Martha Hagen at martha@asphn.org for more information.

[Back to top](#)

Welcome New Members!

ASPHN expanded its network of talented professionals in November with 17 new members.



Expanded Members:

Angela Adams-Melendez, RD, LD in the Inter-Tribal Council of NV WIC

Kyskie Bolton, MS, RDN, CLC in the G.A. Carmichael Family Health Center in MS

Clare DiSanto, RD, CDN, CDE in the NY State Dept of Health

Catherine Hallenback in the NY State Dept of Health

Nancy Magana-Benoit, MS, RD, CLEC in the CA Dept of Public Health

Krista Schoen, MS, RD, LD in the FL Dept of Health

April Semon, MS, RD, CDN in the NY State Dept of Health

Laura Tanase, MS, RD in the NC Dept of Health

Samantha Trammell in the CA Dept of Social Services

Associate Members:

Jennifer Celt, student, Appalachian State University

Joy Chibuzo, student, George Washington University

Nehaa Dambala, student, University of TX at Austin

Olajumoke Falomo, student, University of WI-Madison

Samantha Jackson, student, University of TX at Arlington

Allison Riederer, MS, RD at University of MN School of Public Health

Karra Sparks, University of AZ for Medical Sciences

Lyn Steffen, PhD, MPG, RD at University of MN School of Public Health

Thank you for joining us!

Our ASPHN member-network is strengthening our nation through collective action that makes healthy eating and active living possible for everyone.

You, too, can join this dynamic group of Public Health Nutrition leaders. Check out our [member benefits](#) and [become a member now](#).

Contact Allison McGuigan at allison@asphn.org with questions.

[Back to top](#)

About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

[Back to top](#)