



# News from the Association of State Public Health Nutritionists

## January 2020

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## ASPHN Annual Meeting Agenda Features Dr. Maya E. Maroto

In addition to the federal updates from CDC-DNPAO, MCHB, USDA, and NIH, this year we are honored to have [Maya E. Maroto, EdD, MPH, RD](#), a Public Health Educator in the Education and Outreach Branch of the FDA among our distinguished presenters.

Dr. Maroto will update us about FDA's upcoming Nutrition Facts label education and awareness campaign, which will include many new materials. Take a look at one of the resources, [Health Educator's Nutrition Toolkit](#), as inspiration to learn more from Dr. Maroto.

The 2020 ASPHN Annual Meeting will take place Sunday, June 14 through Tuesday, June 16 in beautiful Denver, CO. The conference site is the newly renovated [Holiday Inn, Denver - Cherry Creek](#) where you will enjoy sleek rooms and excellent service.

NOTE: This hotel will be changing their flag to the DoubleTree hotel soon so we can look forward to those famous DoubleTree fresh baked cookies!

Questions? Contact Cyndi Atterbury at [cyndi@asphn.org](mailto:cyndi@asphn.org).

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## Due January 15: Nominations for ASPHN Board Positions

The ASPHN Governance Committee is seeking members to lead us into the next decade. Submit your nominations for the 2020 ASPHN Board of Directors by January 15!



[View the descriptions of board positions for which we are recruiting by visiting \[asphn.org's About page\]\(#\).](#)

To self-nominate, nominate someone else, or just ask questions, contact Diane Peck at [diane.peck@alaska.gov](mailto:diane.peck@alaska.gov).

The election occurs in March and position terms begin August 1.

### Positions to be elected:

President-Elect (requires previous experience on the Board of Directors)

1 year term followed by 1 year as president and 1 year as immediate past president

Treasurer  
2 year term

Director at Large (3 positions)  
2 year term

Chair-elect, MCH Nutrition Council  
1 year term followed by one year as Chair and  
one year as Governance Committee member

Chair-elect, Fruit and Vegetable Nutrition Council  
1 year term, followed by one year as Chair and  
one year as Governance Committee member

Chair-elect, Obesity Prevention Nutrition Council  
1 year term followed by one year as Chair and  
one year as council past chair on the Governance  
Committee member

Governance Committee members (3 positions)  
1 year term (non-board position)

### **Perspective from a Recent Past ASPHN Board Leader**

"As Secretary I have all the privileges of being on the Board of Directors, including voting and attending the Mid-Year and Annual meetings. I have experienced a relatively low work load, about 3 hours/month, which includes 1.5 hours of participating in the Board Meeting and about 1.5 hours of preparing for the Board meeting, responding to emails, and other duties. It is a good way to observe the Board Meetings and learn about how ASPHN works."

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## **ASPHN Annual Awards Nominations are open January 1 - 31!**

Honor your ASPHN colleagues and the impact of their work by submitting nominations for the 2020 ASPHN Annual Awards.



Nominate your fellow ASPHN members in any or all of the award categories.

[See the award categories and submit nominations here.](#)

Nominations are open from Wednesday, January 1 through Friday, January 31. Recipients will be selected in February and awards will be presented at the 2020 ASPHN Annual Meeting in Denver, CO.

Are you interested in participating on the Annual Awards Selection Committee? It is fun and just takes 2-3 hours. Contact Allison McGuigan at [allison@asphn.org](mailto:allison@asphn.org) for more information.

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## **Development Digest: Prioritize the Practice of Resource Sharing**

If you're interested in prioritizing the practice of resource sharing in your office, be sure to check out the latest issue of [Development Digest](#).

You'll gain insight from ASPHNmembers Jennifer Dellaport, MPH, RD and Mikaela Schlosser, RD on how and why they share ASPHN resources with colleagues, learn how information sharing builds teamwork, and find out how ASPHN's website is an information hub that can save you time in the office.

The Development Digest is a new ASPHN e-bulletin custom created to help our members advance their professional growth. If you have topics or ideas you'd like us to explore, please contact Lourdes Pogue at [lourdes@asphn.org](mailto:lourdes@asphn.org).

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## **Sharing Your Story During Black History Month**

ASPHN will be celebrating Black History Month in February

by sharing the stories of African American nutrition professionals who have overcome race-related obstacles to achieve their professional goals.

As we enter a new year and a new decade, our country continues to struggle with issues of race and discrimination in the workplace. Sharing your story can shine light on systems' problems, inspire reflection and lead to change. If you have a story you'd like to share, we want to hear from you. Contact Lourdes Pogue at [lourdes@asphn.org](mailto:lourdes@asphn.org).

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## Need Food Vendor Training? Let Us Know!

If you would be interested in participating in a training related to the ASPHN Vendors Training Guide Tool [click here](#). The deadline for your feedback is Jan. 31st.



In 2019 ASPHN released the [Vendors Training Guide Tool](#) which is designed to facilitate education topics for food vendors. The topics have been identified by vendors and blind vendors as paramount to better, healthful vending services and customer satisfaction. Key topics include consumer snacking trends and spending, vendor challenges and barriers, new markets, profitability, and nutrition standards.

For additional information or questions, contact Shana Patterson at [shana@asphn.org](mailto:shana@asphn.org) or 814 255-2829 ext. 708.

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## Intern Highlight: County Level Approaches for Addressing Heart Disease

Florida Department of Health's (FDH) Heart Health Plus Program served as the placement site for ASPHN interns Michael Birdsong and Amber Zeis. Both are graduate students in Tallahassee, FL. Michael is a doctoral student in Public Health at Florida A&M University and Amber is a masters student in Planning at Florida State University.



Michael Birdsong

During their internship, Amber and Michael worked on different aspects of Florida's Heart Health Program. Michael evaluated two County Health Departments (CHDs) processes of reaching their priority populations and engaging stakeholders to provide recommendations for the program. Amber researched heart disease risk reduction interventions that could be adapted for use by health service agencies, local business and faith-based organizations in counties where Heart Health Programs are implemented.



Amber Zies

To address the burden of heart disease in Florida, FDH established the Heart Health Plus Program. This state-led initiative provides resources to County Health Departments to implement heart disease focused evidence-based interventions and prevention efforts in 17 counties with the greatest burden of heart disease. Through the CHDs, the Heart Health Plus Program implements activities focused on blood pressure self-monitoring programs within their communities.

Michael anticipates completing his degree in 2023. Until then, "I will be on a research team at my university," said Michael.

Upon graduating in May 2020, Amber plans to seek opportunities that intersect community health and planning

in an international setting. "The most impactful lesson that I learned during this internship was the importance of planning with communities instead of just for communities," reported Amber.

For more information about the health equity internship program, contact [internship@asphn.org](mailto:internship@asphn.org).

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## Member-Only Access: Partnership Learning Communities

ASPHN members receive fantastic benefits, including access to learning communities. A new community, the ASPHN Partnership Learning Community (PLC), is in the pilot phase and will be open to all ASPHN members in the fall of 2020. Don't miss out on member-only opportunities. [Become an ASPHN member today!](#)



The Partnership Learning Community was created in response to ASPHN members' needs. The pilot includes three to four training communities that will be held between February and July 2020 with a small group of ASPHN members. These trainings will be formed around The Partnering Cycle (TPC), and organized in a learning community style.

Content and processes tested during the pilot may include:

- \* Identifying the problem through frameworks of collective impact/systems change models
- \* Consensus building and shared vision
- \* Partner mapping and asset mapping
- \* Identifying rules for working together
- \* Addressing challenges of power imbalance
- \* Reaching agreement in goals and core principles
- \* Developing principles around equity, transparency and mutual benefit

To learn more about Partnership Learning Communities, contact Shana Patterson at [shana@asphn.org](mailto:shana@asphn.org).

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## Promote Continuity of Care in Breastfeeding with USBC

Join the United States Breastfeeding Committee's (USBC) Continuity of Care Constellation work group and help develop a Continuity of Care plan to guide healthcare providers and communities. This is an opportunity to promote nutrition as an important part of the mother and infant's health from preconception through post weaning.



The Continuity of Care Constellation meets once a month via conference call. Members will meet in person during April to work on this plan with limited travel support provided by the National Association of County and City Health Officials.

USBC has several opportunities to learn about and create programs to support breastfeeding families through Constellation work groups. [Find out more about USBC Constellation work groups here.](#)

To join the Continuity of Care Constellation or get more information contact Martha Hagen at [martha@asphn.org](mailto:martha@asphn.org).

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## Welcome New Members!

ASPHN expanded its network of talented professionals in December with 9 new members.



Expanded Members:

Jill Crossland, MS, RD, LD in the MO Dept of Health

Marlene Goodlett, MS, RD, LD, CLC in the KY Dept for Public Health

Dawn Groth, RN, BSN, MSOEE in the AK Dept of Health

Kiufong Hon-Tulchinsky, MS, RDN in the NY State Dept of Health

Teresa Kobza, RDN, LD in the ID Dept of Health

Corie Nadzan, MPA, RD, CLC in the NY State Dept of Health

Michael Sieminski, RD, LD in the OH Dept of Health

D'Anne Ward, LPN, DTR in the MO Dept of Health

Associate Member:

Samantha Smith, student, Colorado State University

Thank you for joining us!

Our ASPHN member-network is strengthening our nation through collective action that makes healthy eating and active living possible for everyone.

You, too, can join this dynamic group of Public Health Nutrition leaders. Check out our [member benefits](#) and [become a member now](#).

Contact Allison McGuigan at [allison@asphn.org](mailto:allison@asphn.org) with questions.

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## About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone. We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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