

A. Books mentioned regarding equity, inclusion and intention – mentioned by Dr. Dietra Hawkins and other participants

1. [If You Meet the Buddha on the Road, Kill Him](#): The Pilgrimage Of Psychotherapy Patients, by [Sheldon B. Kopp](#)
2. [White Fragility](#): Why It's So Hard for White People to Talk About Racism, by Robin DiAngelo
3. [White People Really Love Salad](#): What my childhood taught me about diversity, equity and inclusion, by Dr. Nita Mosby Tyler
4. [You Are a Badass](#): How to Stop Doubting Your Greatness and Start Living an Awesome Life, by Jen Sincero
5. PA Food Trust's [List of Children's Farm to ECE books](#) that are multicultural and inclusive.

B. Materials mentioned regarding surveys and assessments

1. [2020 Childcare Survey of Activity and Wellness](#) – in pilot phase in 4 states. The pilot study will determine the current practices and policies of early care and education (ECE) providers in four states around nutrition, physical activity, and wellness and will inform the development of a potential national surveillance system.
2. Ohio's Farm to ECE Statewide Assessment tool – Coming Soon
3. [WI's Ten Steps to Breastfeeding Friendly Child Care Centers](#): Resource Kit, 2013.
4. [Breastfeeding in ECE Recognition Programs](#) – list of recognition programs for ECEs supporting breastfeeding. Check it out – there may be county programs from your state.

C. Getting Master Gardeners Involved

1. Community Groundworks' [Brief on Getting Master Gardeners Involved](#) in Farm to School
2. [Junior Master Gardener Program](#)

D. Readiness Links

1. Office of Planning, Research and Evaluations: [Report on Measuring Readiness for Change in ECEs](#). ACF's recent study of readiness for change in early care and education defines "readiness" as a characteristic of a person, group of individuals, or organization that captures the willingness and the capacity to take on a new practice or perform an existing practice in a new way. Explore our brief from Child Trends which provides a framework for understanding readiness for adopting quality improvement practices within early care and education. Released August 2019.
2. Boulder, CO's [Farm to ECE Readiness Self-Assessment](#) Tool. Farm to ECE is different from other nutrition education curriculums and can require a lot of ECEs. This tool

helps determine where ECEs are on the path of Farm to ECE and their readiness to do more.

3. [PSE Readiness Assessment and Decision Instrument](#) project provides web-based diagnostic tools to help SNAP-Ed and CHC practitioners successfully implement and sustain community nutrition policy, systems, and environmental (PSE) interventions in rural and urban settings. The project is focused on four community nutrition PSE areas, including:

- Farmers' Markets
- Healthy Food Retail
- Farm to School
- Healthy Eating in Child Care

4. [Go NAP SACC](#) is used by some states where it is available as both an assessment and readiness tool.

E. Other National Programs Mentioned

1. [Charlie's Cart](#) -The Charlie Cart Project is an all-in-one, hands-on food education and nutrition program for any learning environment.
2. [Brighter Bites](#) -Brighter Bites is a nonprofit that delivers fresh fruits and vegetables directly into families' hands. They teach families how to use it and track their behavior change. They "make it fun, free and simple", according to their website.
3. [Hmong American Farmers Association](#) Hmong farmers are collectively over 50% of farmers at farmers markets in the Twin Cities. However, Hmong farmers face many barriers to accessing land, financing, training, research and markets and building sustainable family businesses. The HAFA Food Hub aggregates and sells members' produce through community-supported agriculture (CSA) shares, schools, retailers and institutions.

F. Strategic Plans

- See Mini CoIIN Folders for those as that contains GA and AL 's strategic plans

- G. [Maternal Child Health \(MCH\) Title V Directory](#) – MCH Title V funds are in every state. The AMCHP directory linked here has a summary of fund use for each state and the state contact. Some states use these funds to support ECE work.