March 2020

Monthly Update: WIC Developmental Monitoring Project

You are receiving this monthly newsletter because you are a part of the ASPHN WIC Developmental Monitoring Project. This newsletter will feature updates from states within the project about what they are doing and successes and challenges they have had, information about upcoming trainings, and other news. If you have anything you’d like to contribute, you can reach out to Amber Brown at AmberBrown@asphn.org. Thank you!

Upcoming Events

- March 16th @ Noon EST - American Academy of Pediatrics Developmental Screening Guidelines; Dr. Moody Maya, DO, FAAP
- April 20th @ Noon EST - How to Develop Productive Partnerships; Act Early Ambassadors
- May 18th @ Noon EST: State Updates and Networking Call

ASPHN and CDC Updates

National WIC Association Networking Event

ASPHN will be planning a networking event at the NWA Annual Conference this year in New Orleans. The conference is May 17-20th. The networking event will be similar to the one at last years conference. As we are planning we want to get an idea of how many and what day/time. If you think you may be attending the NWA conference this year please fill out the survey at the following link:

https://www.surveymonkey.com/r/J2VCVFP
Upcoming CEU Opportunity

March 25, 2020; 12-1pm EST

*Early life risk factors for obesity in children with Autism Spectrum Disorder*
Provided by Villanova University

Children with Autism Spectrum Disorder (ASD) are five times more likely to have mealtime challenges and be picky eaters and they carry a more than 40% greater risk of developing obesity than typically developing children. In this webinar, the speaker will provide an overview of select early life risk factors which may be implicated in nutritional challenges and adverse weight-related outcomes in children with ASD. Specific attention will be devoted to the prenatal period and early infancy as well as to familial factors and behavioral eating phenotypes which may be implicated in the increased obesity risk in this especially vulnerable population of children. The seminar will conclude with opportunities for addressing feeding- and weight-related concerns in children with ASD and implications for future research.

Presented by Tanja Kral, PhD an Associate Professor of Nutrition Science at the University of Pennsylvania School of Nursing and Perelman School of Medicine. A nutrition scientist with training in the study of human ingestive behavior, Dr. Kral’s research focuses on cognitive, sensory and nutritional controls of appetite and eating in children and adults and their relevance to obesity.

Complete details and registration available here.

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**State Updates:**

**Arkansas State Update**

Arkansas WIC finished up LTSAE staff trainings across the state in February. Checklists and file folders were received for each CPA in the state. WIC State Office staff took part in an observation time study to look at increasing the time during the WIC certification appointments with the addition of LTSAE. The LTSAE Statewide Plan was submitted on February 14th to ASPHN. Arkansas WIC is working with the Arkansas Act Early Ambassador to create a lesson to coincide with the Age 1 developmental milestone children’s book created by the CDC.

**Massachusetts State Update**

No new updates.

**Nevada**

Nevada State Office is working hard to get all the graphics and print materials out to our clinics so we can launch in March. We will be conducting a pre-launch in-service Feb. 25th at 9am and 2pm. All clinics were required to complete the WIC Developmental Monitoring Checklist Program (DMCP) online training by the end of this month. This in-service will be a chance for all WIC Agencies to make sure they have everything that they need, answer any logistic/procedural questions, and to make sure everyone is on the same page for what to expect and expected for the remainder of the Grant period and beyond.

We’re looking forward to having this available for all Nevada WIC participants. Nevada is so happy to have had the opportunity to participate in this grant and feedback from our pilot staff so far has been very positive.
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