



The Association of State Public Health Nutritionists

Leading the way in Maternal and Child Health Nutrition, Fruit and Vegetable Promotion, Nutrition Policy, Obesity Prevention and Leadership Development.



What Sets ASPHN Apart?

The Association of State Public Health Nutritionists (ASPHN) is a 501(c)(3) non-profit membership organization that provides national leadership on nutrition policy, programs, and services. The ASPHN Consultant Team works with members, partners, and funders to increase the visibility of public health nutrition by developing leaders in the nutrition workforce.

Our Members. Our members are Nutrition Program Leaders at state health departments, universities, other state and local agencies, and Public Health Nutrition students.

Our Consultant Team. We are Public Health Nutritionists with 80+ years of career experience and business solution designers. We are experts in leadership development, health communications, operations & grants management, event planning and collaborations.

Leadership Development. Our Consultant Team develops leadership across the nutrition workforce in the areas of maternal and child health nutrition, obesity prevention, health promotion, fruit and vegetable promotion, and nutrition policy.

Efficient Virtual Operations. We maximize the impact of funding dollars by maintaining virtual operations with a national network of consultants.

Strategic Partnerships. We develop resources and collaborate with organizations to support the nutrition and physical activity work of state health departments.

Internship Program. We build diversity in the Public Health workforce through the Health Equity Internship Program, which recruits primarily from Minority Serving Institutions.



ASPHN's Top Services

- Training on emerging public health nutrition issues, new solutions and leadership
- Mentoring to ensure incoming staff are prepared to replace retiring members
- Developing resources for our members that enhance their job success
- Internships for undergraduate and graduate students in Minority Serving Institutions
- Integrating obesity prevention standards in state programs through two specific projects: early care and education systems and Title V, state Maternal and Child Health programs

