



News from the Association of State Public Health Nutritionists

July 2020

In This Issue

Get the 2020 Annual Meeting Summary Publication!

ASPHN Communities: States Share Resources For Improved COVID-19 Response

ASPHN's COVID-19 Library: Check Out New Links

ASPHN Development Digest: Your Professional Growth Bulletin

Find or Post a Job on ASPHN.org

ASPHN Prioritizes Equity

ASPHN's Policy Committee: Collective Action in Public Health Nutrition

Fresh Resource: Ways to Incorporate Nutrition in the Title V Five-Year Needs Assessment

Plan Ahead: August is National Breastfeeding Month

Watch Now: Federal Food and Nutrition Response in COVID-19

Internship Highlight: Going Virtual Benefits CVD Intervention

ASPHN Welcomes New Members!

About ASPHN

Get the 2020 Annual Meeting Summary Publication!

The ASPHN 2020 Annual Meeting was an incredible experience! The insight, learning and connections gained by attendees will have a lasting effect on both public health nutrition interventions and individual career trajectories.



[Get the Annual Meeting summary publication here](#). It includes brief session descriptions along with links to speaker notes and a few session recordings.

Also, look for related [Facebook posts](#) with #ASPHN2020.

Save the Date: ASPHN 2021 Annual Meeting, June 13-15 in Denver, CO

[Back to top](#)

ASPHN Communities: States Share Ideas For Improved COVID-19 Response

ASPHN members consistently cite their ability to learn from peers in other states as one of the leading benefits of membership. [Join ASPHN's COVID-19 state sharing private Facebook group](#) to connect with peers and share ideas.



With states now reopening on different timetables and under varying directives, public health nutritionists are facing a host of new COVID-19-related challenges and scenarios.

Make just one stop for reliable COVID-19 guidance in public health nutrition. Go to [ASPHN's COVID-19 Library of Reliable Information](#). Bookmark this page and use it often during the coming months.

[Back to top](#)

ASPHN's COVID-19 Library: Check Out New Links

[Go to ASPHN's COVID-19 Library of Reliable Information today](#). Since the page went live, there have been more than 1,450 visits!



Look for items marked NEW! ASPHN continues to add information to this landing page with categorized links to help you quickly find relevant resources to support your initiatives during the COVID-19 crisis.

Categories include:

- Federal Public Health Funders

- Federal Public Health Funders,
- Food Safety,
- Food Security,
- Food Systems,
- Funding Opportunities,
- General Information (CDC),
- Health Equity,
- K-12 & ECEs,
- Older Adults,
- Pregnancy, Breastfeeding & Infant Nutrition,
- Re-opening Guidelines
- State-Specific General Information, and
- Vendor & Food Service.

Bookmark this page and use it often during the coming months. Thanks to Emia Oppenheim and Amber Brown for curating these links.

[Back to top](#)

ASPHN Development Digest: Your Professional Growth Bulletin

Catch up on the latest issue of the [ASPHN Development Digest](#), which explores the various COVID-19 resources developed by the Association.



The uncertainty of COVID-19 will continue to impact work in public health nutrition for the foreseeable future. ASPHN is here to help you navigate the changes and remain nimble during the pandemic.

For past articles, visit [ASPHN online](#).

[Back to top](#)

Find or Post a Job on ASPHN.org

Your next job may be posted right now on ASPHN.org.

[Check the Job Openings page!](#)

Do you know of nutrition jobs that are open to the public? ASPHN will post links to job openings that include instructions on how to apply. Send submissions to Allison McGuigan at allison@asphn.org.

[Back to top](#)

ASPHN Prioritizes Equity

Equity is woven into the fabric of ASPHN work. Read about the many ways ASPHN creates an environment for equity to flourish in these slides shared at the June ASPHN Policy Committee Meeting.



Get the [ASPHN Prioritizes Equity](#) slide deck and be inspired to strengthen the equitable practices in your organization.

Contact Michelle Futrell with questions at michelle@asphn.org.

[Back to top](#)

ASPHN's Policy Committee: Collective Action in Public Health Nutrition

The Policy Committee is ASPHN's voice in promoting and influencing public health nutrition policies. It monitors key national issues that align with the strategic goals of ASPHN. Members lead collective action to support policy decisions that make healthy living the easy choice for all people.



Policy Committee Sign-ons on behalf of ASPHN in May and June

- Signed-on to the letter Academy of Nutrition and Dietetics (AND) and National Association of Equal Opportunity (NAFEO) in Higher Education addressed to congressional leadership; asking Congress to set aside \$310 million to strengthen and grow allied health programs such as nutrition and dietetics to increase the proportion of health professionals from underrepresented racial and ethnic minority groups.
- Signed-on to the letter from Food Research & Action Center (FRAC) addressed to Congress. The letter urges Congress and the White House to immediately boost Supplemental Nutrition Assistance Program (SNAP) benefits and make investments in other critical nutrition programs with proven health and economic impacts.
- Signed-on to the list of organizational endorsements collected by Trust for America's Health (TFAH) in support of Rep. Nanette Diaz Barragán's (D-CA) bill [The Improving Social Determinants of Health Act of 2020 \(H.R. 6561\)](#), which would create a program at the Centers for Disease Control and Prevention (CDC) to focus on the Social Determinants of Health (SDOH), including grants to states for a public health approach to SDOH.
- Signed-on to the letter from Safe Routes Partnership addressed to members of the House of Representatives asking them to vote in favor of the [INVEST ACT](#) and the [Brownley Amendment](#). The INVEST ACT takes a major step towards ensuring that states address the significantly rising rates of people dying while biking and walking. The Brownley amendment would ensure that for metro areas with bike/pedestrian safety issues, funding and project selection is made at the local level where they are most familiar with the challenges and improvements needed.
- Signed-on to a letter from Trust for America's Health (TFAH), American Public Health Association (APHA), Association of State and Territorial Health Officials (ASTHO), Big Cities Health Coalition, and National Association of County and City Health Officials (NACCHO). The letter is addressed to the Honorable Alex M. Azar Secretary U.S. Department of Health and Human Services, urging the Secretary to buttress and expand the critical role of CDC, and that of all public health agencies, during this epic COVID-19 crisis.

To learn more or join the ASPHN Policy Committee contact Michelle Futrell at michelle@asphn.org.

[Back to top](#)

Fresh Resource: Ways to Incorporate Nutrition in the Title V Five-Year Needs Assessment

Two new resources from Maternal and Child Health Bureau (MCHB) highlight ways to incorporate nutrition in the Title V Five-Year Needs Assessment.



Share these links with your colleagues and stakeholders.

[Resources for Addressing Nutrition in the Title V Five Year Needs Assessment](#)

(For state Title V MCH programs)

[Incorporating Nutrition into the Title V](#)

[Five-Year Needs Assessment](#) (For public health nutritionists)

These resources highlight the role of nutrition in supporting improved MCH outcomes and chronic disease prevention. They also highlight clear strategies for state Title V MCH programs and public health nutritionists to engage and connect.

[Learn more about the ways MCHB supports healthy nutrition across the lifespan by visiting the MCHB webpage.](#)

[Back to top](#)

Plan Ahead: August is National Breastfeeding Month

Many Voices United is the theme for National Breastfeeding Month in August.



No-Cost Education Opportunities

To celebrate, the United States Breastfeeding Committee is offering free webinars with continuing education credits every. Learn more about the sessions offered [here](#).

Did you know...

Breastfeeding can reduce carbon emissions for a healthier planet? If all children were breastfed exclusively until six months of age, 823,000 child and 20,000 maternal lives would be saved each year. *Support Breastfeeding for a Healthier Planet* is the theme for World Breastfeeding Week.

Follow breastfeeding celebrations on Facebook:

[World Breastfeeding Week](#), August 1 -7

[Native Breastfeeding Week](#), August 9-15

[Black Breastfeeding Week](#), August 25 - 31

[Back to top](#)

Watch Now: Federal Food and Nutrition Response in COVID-19

Watch this engaging and comprehensive webinar reviewing COVID-19-related federal public health nutrition interventions. The ASPHN Fruit and Vegetable Nutrition Council hosted this presentation on May 28.



[COVID-19 Public Health Nutrition Implications: Overview of Federal Food and Nutrition Assistance Responses](#)

Featuring Sheila Fleischhacker, PhD, JD, RDN
Public Health Law Researcher and Nutrition Scientist
Adjunct Professor of Law
Georgetown University

For more information about the ASPHN Fruit and Vegetable Nutrition Council contact Sandy Perkins at sandy@asphn.org.

[Back to top](#)

Internship Highlight: Going Virtual Benefits CVD Intervention

The COVID-19 pandemic has disrupted many of the ways public health education programs have traditionally been implemented. For safety, in-person education gatherings are rapidly becoming a thing of the past.

ASPHN Interns Jontrell Mack and Alexandria Morgan faced

this challenge in the implementation of their pilot project, *Assessing Cardiovascular Disease (CVD) Risks Among Historically Black Colleges and Universities (HBCU) Students*, which originally included in-person campus- and community-based education sessions. Instead of cancelling, they took the project online.

Going virtual had many benefits. Because of the strong associations between CVD and COVID-19 morbidity/mortality, the interns offered the sessions as a webinar series and added a final session on CVD and COVID-19. This change enabled them to reach a broad segment of the Jackson, MS community.

"Each time we hosted a webinar, there were more participants. This allowed the CVD project to reach more communities impacted by CVD and COVID-19," said Morgan.

Plus, [The Mississippi Link online newspaper highlighted the webinar project](#) (June 18, 2020 issue, page 9) and extended it's reach even further, beyond the Tougaloo College and Jackson, MS communities.

Mack and Morgan reported that the health equity internship experience has increased both their knowledge about public health and their ability to adapt to unforeseen circumstances. Both interns plan to incorporate public health into their career plans.

To learn more, visit the [ASPHN Health Equity Internship Program webpage](#) or email internship@asphn.org.

[Back to top](#)

ASPHN Welcomes New Members!

ASPHN gained 11 new members in June. Each member, from student to seasoned professional, contributes to the depth and breadth of experience that ASPHN can draw from.



Thank you for joining us! It is our collective experience that allows us to make products, services and advocacy plans that make healthy living the easy choice for all people.

Expanded Members:

Nicole Engelbart, MS, RD, LMNT, CLC in the NE Dept of Health

Stephanie Jodeir in the LA Dept of Health

Ellen MacMichael, LDN in the FL Dept of Health

Alicia Muckenhirn, RD in the MN Dept of Education

Miranda Robertson, RD, CD in the UT Dept of Health

Brenda Treadwell, MS, RD in the FL Dept of Health

Associate Members:

Mary Curnutte, MS, RD, LD with Behavioral Wellness Clinic (KY)

Sonya Kauffman-Smith, MPH, RDN, CDE with Providence Health & Services (OR)

Shelly Pfuhl, student, Chandler Gilbert Community College (AZ)

Selena Salfen, student, University of Minnesota (MN)

[Back to top](#)

About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone . We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

[Back to top](#)