



News from the Association of State Public Health Nutritionists

October 2020

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One Stop: ASPHN's Library of Reliable COVID-19 Information

Make just one stop for reliable COVID-19 guidance in public health nutrition. Go to [ASPHN's COVID-19 Library of Reliable Information](#). ASPHN continues to add to and update information on this landing page. The categorized links will help you quickly find relevant resources to support your initiatives during this crisis.



Categories include:

- Funding Opportunities,
- General Information (CDC),
- Health Equity,
- Re-opening Guidelines,
- State-Specific General Information,
- Federal Public Health Funders,
- Food Security,
- Pregnancy,
- Breastfeeding & Infant Nutrition,
- K-12 & ECEs, Older Adults,
- Food Safety,
- Food Systems, and
- Vendor & Food Service.

Thank you to the nation's public health nutritionists who are on the front lines of this public health emergency, ensuring that our communities that have been made vulnerable receive vital nutritional assistance. Bookmark this page and use it often during to enhance the work you are doing.

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Donate: Commemorate Success in Your State with a Gift to ASPHN Today

Donate to ASPHN! There are various ASPHN activities that were previously grant funded, but are now funded through monetary donations from ASPHN members.

Give a gift to celebrate the nutrition success that is happening in your state. Celebrate your promotion, a new hire in your department, the establishment of your new program, or the publication of your research.



Whether it is \$100, \$50, or \$10, we are grateful for any level of monetary support. Your generosity will make a difference! Commemorate success in your state with a gift to ASPHN today.

To make you tax-deductible gift to ASPHN, download

the [ASPHN Tax-Deductible Donation Form](#).

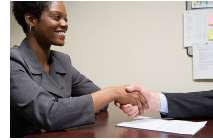
ASPHN is a nonprofit organization that supports public health nutrition communication, training for future public health nutrition leaders, education resource sharing, and professional development for state public health nutritionists.

Contact the Fundraising Committee Chair, Charlene Garcia, with questions at Charlene.Garcia@health.mo.gov.

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Find or Post a Job on ASPHN.org

Your next job may be posted right now on ASPHN.org.



[Check the Job Openings page!](#)

Do you know of nutrition jobs that are open to the public? ASPHN will post links to job openings that include instructions on how to apply. Send submissions to Allison McGuigan at allison@asphn.org.

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Share Stories of Success from the ASPHN Public Health Nutritionists Hall of Fame

Help boost public knowledge and appreciation of the work of public health nutritionists!



Easily broadcast [Public Health Nutritionists Hall of Fame](#) short stories via email, e-campaigns or social media.

As part of ASPHN's See It. Say It. Share It. campaign, the Hall of Fame salutes the diverse programs supported by ASPHN members. [Visit the Hall of Fame now](#) and click on the member thumbnails to enlarge each profile. The enlarged profiles feature unique URLs, making them perfect for sharing.

You, too, could be featured in the Hall of Fame. Complete this [brief form](#) today.

For more information, contact Lourdes Pogue at lourdes@asphn.org.

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ASPHN Celebrates National Farm to School Month!

October is National Farm to School Month! ASPHN supports state level farm to early care and education (ECE) initiatives through the Obesity Mini CoIIN.



Farm to ECE initiatives offer healthy and safe outdoor activity for children and staff. Find the details on the [Nurturing Young Children's Health and Curiosity During COVID-19](#) webpage.

Share this and other high quality publications on the [Obesity Mini CoIIN webpage](#) to increase the quality of ECE settings and access to healthy environments for young children in your state.

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Continuing Education: TRANSCEND MCH Research Series

[Register now](#) for the TRANSCEND Maternal and Child Health (MCH) Research Seminar Series.



The [TRANSCEND Program in Maternal and Child Health](#) hosts webinars focused on emerging translational science related to maternal child health and nutrition. These webinars are designed for professionals, graduate students, and faculty. Still all are welcome.

Upcoming topics include:

Thursday, October 15, 2020, 2:00-3:00 pm AZ Time
Restoring Indigenous Food Systems to Improve Native Health

Thursday, October 29, 2020, 2:00-3:00 pm, AZ Time
Cystic Fibrosis: Re-Thinking Nutrition Care for Life-Long Health

Find more topics on the [ASU TRANSCEND Channel](#).

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Internship Highlight: Asia Rivers Reports on Cytomegalovirus

Viral-related infections and illnesses are quite common. The current COVID-19 pandemic has overshadowed many common viral infections that can cause disability, if not recognized and treated early. Once such virus is the cytomegalovirus (CMV), a common virus for people of all ages; however, a healthy person's immune system usually keeps the virus from causing illness.



According to the CDC, in the United States nearly 1 in 3 children are already infected with CMV by age five. Over half of adults have been infected with CMV by age 40. Once CMV is in a person's body, it stays there for life and can reactivate. A person can also be re-infected with a different strain (variety) of the virus. Most people with CMV infection have no symptoms and aren't aware that they have been infected. This is one of the main reasons the virus spreads so easily according to the National CMV Foundation, the placement site for [ASPHN Health Equity Intern Asia Rivers](#).

Through her placement site at the [National CMV Foundation](#), Asia supports several marketing and outreach strategies to engage communities for CMV education and awareness. "I worked in HIV prevention and risk reduction prior to starting public health school and never heard of CMV," said Asia.

"Interning at the Foundation has exposed me to the parallels of transmission of CMV, HIV and other viruses. Like HIV, CMV can be transmitted through body fluids, sexual contact, and breast milk to nursing infants. Also, through my internship project, I plan to advocate for newborn screening for CMV. This is an unmet need and there is no consensus. Screening could possibly prevent [consequences of CMV](#), the most common congenital newborn infection in the US," reported Asia.

"Upon completing my Master of Public Health program in behavioral science/health education from the Rollins School of Public Health at Emory University, I plan for a career in health promotion and communication focusing on Adolescent Health. This population has various health concerns that require tailored approaches to address. I will use lessons instilled in me through the ASPHN internship program and Emory to effectively reach adolescents," said Asia.

Learn more about the [ASPHN Health Equity Internship Program](#) on ASPHN.org. Email questions to internship@asphn.org.

Powerful Partnerships: ASPHN Highlights National WIC Association, Fellow Member of Breastfeeding Public Health Partners

ASPHN networks and collaborates with other national organizations to support breastfeeding as a member of Breastfeeding Public Health Partners (BPHP).



As an active BPHP member, the National WIC Association (NWA) prioritizes lobbying for increased funds for the Breastfeeding Peer Counselor Program to support breastfeeding families. NWA provides advocacy, education and training to the workforce of the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) in fifty states and seven territories.

Visit the [National WIC Association website](#) and click the "Advocacy" tab to learn more. Watch for more news about BPHP members in upcoming ASPHN newsletters.

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ASPHN Welcomes New Members!

ASPHN gained 12 new members in September. Each member, from student to seasoned professional, contributes to the depth and breadth of experience that ASPHN can draw from. It is our collective experience that allows us to create products, services and advocacy plans that make healthy living the easy choice for all people. Thank you for joining us!



Expanded Members:

Heather Kristofzski-Raizor, MPH, RDN, LD, CBS in the OH Dept of Health

Brittney Linton, CLC in the SC Dept of Health

Stephanie Wujek, MS in the NJ Dept of Health

Associate Members:

Alexis Endicott, RD, LD, To Taste Culinary Nutrition

Monica Esquivel, Assistant Professor, University of HI

Taknequa Hill, student, Appalachian State University

Andrea Miller, Vermont WIC

Sarah Patton, student, Appalachian State University

Caitlin Peterson, student, Appalachian State University

Sharon Sass, RDN Emeritus

Cherese Shelton, Graduate Research Assistant, University of HI

Melissa Ziegler, student, Appalachian State University

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About ASPHN



ASPHN

Advancing Health Through Leadership

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health

nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone . We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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