



WIC Developmental Monitoring Program (Learn the Signs. Act Early.)



U.S. Department of Health
and Human Services

Centers for Disease
Control and Prevention



Year 3 Virtual Kick Off

November 18, 2020

AMBER BROWN, RDN
Association of State Public Health Nutritionists

email: amberbrown@asphn.org

phone: 814-255-2829 ext 712

mobile: 801-520-6503

website: www.asphn.org



Objectives

- Introductions and get to know those involved in the “WIC Developmental Monitoring Project”
- Year 1 & 2 background information
- Discuss work plan for year 3
- Discuss communications/upcoming trainings
- Next Steps

Funding Provided by:

- Thank you to CDC for the funding!!!
- CDC's National Center on Birth Defects and Developmental Disabilities (NCBDDD)
 - Katie Green, MPH, CHES
 - Tiffany Williams



U.S. Department of Health
and Human Services

Centers for Disease
Control and Prevention

Advisory Team

Advisory Member	Organization
Karen Probert	ASPHN
Amber Brown	ASPHN
Katie Green	CDC's NCBDDD
Tiffany Williams	CDC's NCBDDD
Janet Farmer	University of Missouri
Kate Taft	AMCHP
Anna Corona	AMCHP
Bridgette Delgman-Yawberry	Missouri WIC
Alicia Curran	Missouri's Act Early Ambassador
Cecilia Richardson	National WIC Association
Georgia Machell	National WIC Association
Debra Vigil	Nevada Act Early Ambassador
D'Anne Ward	Missouri WIC
Lara Evans	Nevada WIC
Bethanne Vergean	Connecticut Act Early Ambassador
Kate Barlow	MA Act Early Ambassador
Michele Rogers	CA Act Early Ambassador
Erin Barton	MO WIC (Butler County Health Center)
April Anderson Ravert	Parent Link; University of MO

Welcome New States and Returning States!!!

Introductions

- Returning States:
 - Arkansas, Massachusetts, Nevada, Georgia, Iowa, Maine, New Hampshire, New Jersey, US Virgin Islands, Delaware
- New States:
 - Indiana, Montana, South Carolina, Texas, Puerto Rico, Oregon, Utah, Hawaii, Ohio

Texas WIC

- ▶ Developed two online “click & learn” lessons for parents/caregivers using CDC’s developmental checklists. Available to public on [TexasWIC.org](https://www.texaswic.org).
 - ▶ **Baby’s First Skills: 2 months to 1 year old**
 - ▶ **What to Expect: Year to Year** (18 months – 5 years old)
- ▶ Lessons cover what to expect at each age, positive parenting tips, & when to be concerned, including resources for evaluation.





HOME > ONLINE CLASSES

Online Classes



CLASSES FAQ

LOG IN

Filter

- Any -

CLICK & LEARN



Child Health
What to Expect: Year to Year

CLICK & LEARN



Infant Health
Baby's First Skills: 2 Months to 1 Year Old

CLICK & LEARN



Women's Health
The Baby Blues and Postpartum Depression

LIVE ONLINE



LIVE ONLINE



LIVE ONLINE



- TexasWIC.org classes page



- User chooses the age they want to learn about
- Each age includes CDC videos showing the milestones described

Choose the age you would like to explore by clicking on one of the buttons below.

After you have finished learning about that age, you can finish the lesson. Or you can come back to this menu to learn about other ages.

 2 MONTHS

 4 MONTHS

 6 MONTHS

 9 MONTHS

 1 YEAR

Finish lesson

You must finish one section before you can finish this class.



Learning to move:

Movement and physical development milestones

1 year

This is an exciting time for movement! Your baby might be starting to move a lot more on his own.

By age 1, most babies:

- Get into a sitting position without help
- Pull up to stand, walk while holding on to furniture
- Stand alone



Updated Work Plan/ Virtual Model Update

- Develop plan with virtual model aspects
- Request testing and feedback of virtual options from the TA states:
 - Online participant modules (wichealth.org, wic-ed.org, WICSmart)
 - Online checklist
 - WICShopper app
 - Email/phone reminders before appointments
 - Utilizing the app
 - Child Development 101 Course for WIC staff
 - Etc.

Timeline of the Project

- Technical Assistance States Announced – October 2020
- Virtual Kick Off Call – November 2020
- Plan of Virtual Options Developed – November-February 2021
- Test and provide feedback on virtual options– February-July 2021
- Project end date – July 2021

Expectation of States in Technical Assistance Level



- States are not obligated to anything, but your state can:
 - Participate in monthly online trainings
 - Test and provide feedback on virtual options as able (Online education modules, online checklists, etc.)
 - Connect with other states that are implementing this program
 - Receive and share relevant resources

Monthly Online Trainings


- Schedule (4th Wednesday 11 am ET)
 - December Training: 3rd Wednesday (Dec. 16th)
- Topics will surround “Learn the Signs. Act Early.” and LTSAE in the WIC clinics
- Upcoming trainings:
 - How to Talk to a Parent When There May be a Developmental Concern and What’s Next
 - Early Intervention Services in the Time of COVID-19
 - Child Development Basics
 - Networking Calls
- Any requests for training topics?

Monthly Newsletter

- Monthly newsletter with info on upcoming trainings, updates from ASPHN, CDC, and other states in the project (1st Monday of the month)
- Send me any emails of people to add to the distribution list
- States can include updates in the newsletter

November 2020  U.S. Department of Health and Human Services
Centers for Disease Control and Prevention 

Monthly Update: WIC Developmental Monitoring Project



You are receiving this monthly newsletter because you are a part of the ASPHN WIC Developmental Monitoring Project. This newsletter will feature updates from states within the project about what they are doing and successes and challenges they have had, information about upcoming trainings, and other news. If you have anything you'd like to contribute, you can reach out to Amber Brown at AmberBrown@asphn.org. Thank you!

Upcoming Events/ Due Dates


- **November 18th, 11 am ET:** Virtual Kick Off Call
- **December 16th, 11 am ET:** Topic TBA

*Mark your calendars for our monthly training on the 4th Wednesday at 11 am ET.

*Please note the November and December Trainings will take place on the 3rd Wednesday at 11 am ET due to the Thanksgiving and Christmas holiday.

ASPHN and CDC Updates

Welcome to Year 3 of the WIC Developmental Monitoring Project! We are excited to get started on creating a virtual model for WIC and working with so many great states! During this project you can expect to receive a monthly newsletter that will provide you with updates from ASPHN and CDC, information on the virtual model, and updates from states in the project letting everyone know what they are working on related to LTSAE in

 U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

Next Steps

- Participate in monthly online training
 - 4th Wednesday 11 am ET
- Provide input on online modules
- If able help test and provide feedback on virtual options

Thank You!

Questions??

AMBER BROWN, RDN
**Association of State Public Health
Nutritionists**

email: amberbrown@asphn.org

phone: **814-255-2829 ext 712**

mobile: **801-520-6503**

website: www.asphn.org