



News from the Association of State Public Health Nutritionists

December 2020

In This Issue

Webinar: Panel Discussion Examines Cross-sector Foodservice Experience

Congratulations to ASPHN Farm to ECE Implementation Grant (FIG) Awardees!

Fresh Resource: MCHB Brief on Effective Nutrition Interventions for Title V

Save the Date for the 2021 Annual Meeting

Mark your Calendar for ASPHN's Partnership Development Training Webinar

Continue the Gift of Giving Throughout the Holidays

Plan and Prepare: Nominations for ASPHN Board Positions Due January 15

Internship Highlight: Meeting the Recreation Needs of All Children

Powerful Partnerships: ASPHN Highlights Fellow Members of Breastfeeding Public Health Partners

ASPHN Welcomes New Members!

About ASPHN

Webinar: Panel Discussion Examines Cross-sector Foodservice Experience

Don't miss this illuminating conversation happening tomorrow!

Resetting the Foodservice Experience: Lessons & Opportunities from COVID-19

Date: Tuesday, December 15, 2020

Time: 2:00 - 3:30PM ET

Connect: [Zoom Link](#) to join the meeting ID: 578 381 9380

Description

Join the [Food Service Guidelines Collaborative's \(FSGC\)](#) first webinar in a year-long cross-sector series where public health and industry come together for discussions that promote greater sustainability, nutrition, equity and resilience in foodservice. Moderated by Michelle Wood of LA County Department Health, panelists including hospital, workplace, correctional facility and school representatives will discuss the challenges they are facing and their thoughts on opportunities to reset the foodservice experience.

Speakers

Hospitals: Lauren Kaskey, Healthy Food in Health Care Facilities and Procurement Manager at Healthcare without Harm

Workplaces: Mike Fiato, SVP of Customer Experience, and Michelle Sadlowski, RD at Eurest, a division of Compass Group

Correctional Facilities: TBA

Schools: Elizabeth Marchetta, Executive Director of Nutrition Services at Baltimore City Public Schools

Questions? Contact Shana Patterson Holland at shana@asphn.org.

Congratulations to ASPHN Farm to ECE Implementation Grant (FIG) Awardees!

ASPHN selected 11 FIG awardees to receive \$90,900 each to implement one-year plans resulting in greater connections, sustainability and equity in existing state-level [Farm to Early Care and Education \(ECE\) initiatives](#). The FIG started on November 1, 2020.



2020-2021 FIG awardees include:

Colorado, District of Columbia, Iowa, Michigan, Minnesota, Mississippi, New Mexico, North Carolina, Ohio, Vermont, and Washington.

These impactful plans were competitively selected from a pool of 21 applicants. Watch for updates in future ASPHN newsletters.

[Learn more by reading the full statement here](#) or contact Emia Oppenheim at emia@asphn.org for more information.

[Back to top](#)

Fresh Resource: MCHB Brief on Effective Nutrition Interventions for Title V

Check out the new Maternal and Child Health Bureau brief, [Identifying Evidence-Based and Evidence-Informed Nutrition Interventions to Advance Maternal Health in Title V Maternal and Child Health Services Block Grant Programs](#).

This brief from MCHB's Division of MCH Workforce Development provides a two-step procedure state Title V MCH programs and public health nutritionists use to find evidence-based and evidence-informed nutrition interventions.



Readers will benefit from:

- Access to lists and descriptions of nutrition intervention databases.
- Example searches for interventions addressing specific national performance measures.
- Insights on innovative nutrition interventions that have been adapted by other MCH teams.

Mikaela Schlosser, North Dakota Maternal and Child Health Nutritionist, says the newly-released brief, "is extremely helpful and has helped me think about ways to integrate nutrition strategies further into our state MCH work."

To read learn more about the MCHB's Division of Workforce Development (DMCHWD) [visit the DMCHWD website](#).

[Back to top](#)

SAVE THE DATE: 2021 ASPHN Annual Meeting

Main Sessions

Monday, June 14-Wednesday, June 16

Poster Session Q&A

Thursday, June 17-Friday, June 18



The ASPHN Annual Meeting planning committee is building an agenda full of timely and engaging topics. We will continue the base of federal update sessions, add presentations that inspire innovation, and offer you an improved online experience with a user-friendly virtual platform.

Registration has no cost and opens in the spring. Watch for the meeting schedule and more session details as they develop on asphn.org.

In the mean time,... enjoy some self-care lead by Dr. Nicole Coyle. Watch her [guided breathing and relaxation video](#) from the 2020 ASPHN Annual meeting and de-stress!

[Back to top](#)

Mark your Calendar for ASPHN's Partnership Development Training Webinar

Save space on your February calendar for ASPHN's Partnership Development Training webinar!

Title: ASPHN's Partnership Development Training - Part 1

Date: February 25, 2021

Time: 12:30-2:00pm ET

Connect: Watch for the detailed agenda, learning objectives and registration link in the ASPHN January newsletter.

Partnerships between organizations create the opportunity for sharing knowledge, professional networks, finance and other resources.

The Partnership Development Training series will walk ASPHN members through several key partnering concepts and tools. Participants will have opportunity for interactive and practical application. Expect to be able to reinvigorate existing partnerships or engage new ones in with superior methods.

Contact Shana Patterson Holland at shana@asphn.org.

[Back to top](#)

Continue the Gift of Giving Throughout the Holidays!

Donate to ASPHN! There are various ASPHN activities that were previously grant funded, but are now funded through monetary donations from ASPHN members.



Give a gift to celebrate public health nutrition successes that are happening in your state. Celebrate your promotion, a new hire in your department, the establishment of your new program, or the publication of your research.

Whether it is \$100, \$50, or \$10, we are grateful for any level of monetary support. Your generosity will make a difference! Commemorate success in your state with a gift to ASPHN today.

To make your tax-deductible gift to ASPHN, download and follow the instructions on the [ASPHN Tax-Deductible Donation Form](#).

ASPHN is a nonprofit organization that supports public health nutrition communication, training for future public health nutrition leaders, education resource sharing, and professional development for state public health nutritionists.

Contact the Fundraising Committee Chair, Charlene Garcia, with questions at Charlene.Garcia@health.mo.gov.

[Back to top](#)

Plan and Prepare: Nominations for ASPHN Board Positions Due January 15

The ASPHN Governance Committee is seeking members interested in a board position. Submit your nominations for the 2021 ASPHN Board of Directors by January 15!



View the descriptions of board positions for which we are recruiting by visiting www.asphn.org.

To self-nominate, nominate someone else or just ask questions, contact Diane Peck at diane.peck@alaska.gov. The election occurs in March and position terms begin August 1.

Positions to be elected:

- President-Elect (requires previous experience on the Board of Directors) 1-year term followed by 1 year as president and 1 year as immediate past president

- Secretary 2-year term
- Director at Large (2 positions) 2-year term
- Chair-elect, MCH Nutrition Council 1-year term followed by one year as Chair and one year as Governance Committee member
- Chair-elect, Fruit and Vegetable Nutrition Council 1-year term, followed by one year as Chair and one year as Governance Committee member
- Chair-elect, Healthy Food, Active Communities Council (formerly the Obesity Prevention Nutrition Council) 1-year term followed by one year as Chair and one year as council past chair on the Governance Committee member
- Governance Committee members (3 positions) 1-year term (non-board position)

[Diane Peck](#) shared that, "Serving on the Board of ASPHN has been so beneficial to my career and to me personally. Serving on the Board, first as a Council Chair and now as a Director at Large, has helped me meet wonderful people from around the country doing the same type of nutrition work that I am doing. I have never regretted becoming more involved with this organization."

[Back to top](#)

Internship Highlight: Meeting the Recreation Needs of All Children

Although school policies exist to ensure students with disabilities have individualized educational plans, engaging in recreational activities outside the school setting may be challenging for families that have children with different abilities.



While placed at Moms on Board, ASPHN Health Equity intern Abryanna Gier is building her knowledge and skills in identifying the inclusive features needed to make a new park and playground accessible to all children.

Mom's on Board leads activities to address disparities in access to public physical activity spaces and engagement in recreational programs within the community of El Paso, TX.

"I am learning about resources needed to support a community-organized project and how to increase the number of accessible environments. All-access environments are needed to promote the physical, social, cognitive and sensory development for children and youth of all ages and abilities," reports Abryanna.

This December, Abryanna will earn a bachelor's degree in public health from New Mexico State University at Las Cruces and she is casting a broad net for employment opportunities. She desires to increase access to community resources and services, while promoting health education and equity. Though she is not entirely sure where her career path will lead, Abryanna will look for opportunities to support people with disabilities in attaining life-long wellness.

Learn more about the [ASPHN Health Equity Internship Program](#) on ASPHN.org. Email questions to internship@asphn.org.

Powerful Partnerships: ASPHN Highlights Fellow Members of Breastfeeding Public Health Partners

ASPHN networks and collaborates with other national organizations to support breastfeeding as a member of Breastfeeding Public Health Partners (BPHP).

Moms Rising is a national organization of more than a million members including moms, fathers, and interested others. This organization takes on critical issues facing women, mothers and families.

Members worked diligently in the last few months to turn out the moms' vote for the November elections through texts, phone calls and postcards. Future work includes support of policies for a more family-friendly America.

Read more about Moms Rising at <https://www.momsrising.org/>.

Watch for more resources from BPHP members in upcoming ASPHN newsletters.

[Back to top](#)

ASPHN Welcomes New Members!

ASPHN gained 12 new members in November!



Each member, from student to seasoned professional, contributes to the depth and breadth of experience that ASPHN can draw from.

It is our collective experience that allows us to create products, services and advocacy plans that make healthy living the easy choice for all people.

Thank you for joining us!

Expanded Members:

Alice Brite, NES, CLC in the SC Dept of Health

Mia Donley, MPH, RD in the CO Dept of Human Services

Liz Marso, RDN in the SD Dept of Health

Agnes Russell, RD in the SC Dept of Health

Kebra Wright, CLC in the SC Dept of Health

Associate Members:

Krista Casazza, PhD, RDN, FL Gulf Coast University

Lauren Gwaltney, student, Appalachian State University (NC)

Amanda Harner, student, Appalachian State University (NC)

Linda Knol, PhD, RDN, University of AL

Kimberly Prosper, student, Howard University (DC)

Theresa Saltgaver, student, Appalachian State University (NC)

Valeska Weiss, Nutritionist and Dietitian (FL)

[Back to top](#)

About ASPHN



The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health

nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone . We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

[Back to top](#)