

**The Association of State Public Health Nutritionists  
Biographical Sketch of Candidates for 2021 Election**

**Candidate for the office of:** Chair Elect F/V Council

**Name:** Emily Mattern

**Credentials:** MA, RDN

**Title:** School District Consultant

**State Agency:** Michigan Department of Education



**ASPHN Activities:**

- Fruit/Vegetable Council Leadership Team
- ASPHN Growing Leaders class

**Briefly describe why you are interested in filling this position:**

- I have not been an ASPHN member for very long, but I am interested in growing my leadership skills. Fruits and vegetables are an important part of a healthy diet and yet Americans continually fall short of the recommended servings. There is good work happening across the country on this topic and this Council has an important role to play in unifying the message and reaching the public.

**Other Related Activities (professional and/or personal):**

- Indiana Healthy Weight Initiative School Workgroup member: 2000-2015
- Nutrition Education Chair for Indiana School Nutrition Association: 2008-2011
- Member of the Academy of Nutrition and Dietetics: since 1996