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### Highlights

## ASPHN Annual Award Nominations are Open January 11 - February 12!

Our members worked harder than ever in 2020 and they need to be recognized for their achievements. Let's get fired up to submit nominations for the 2021 ASPHN Annual Awards!



Nominate your fellow ASPHN members, both early-career and seasoned professionals, in any or all of the award categories.

[See the award categories and submit nominations here.](#)

The nomination form prompts you with up to 5 questions to explain how the nominee provided leadership in the field of public health nutrition or moved ASPHN and/or their council forward.

Awardees receive these benefits:

- Delight and a boost of confidence in peer-recognition
- Recognition at the 2021 ASPHN Virtual Annual Meeting
- Profile of achievements featured in the special edition Annual Awards newsletter
- Congratulations messages posted on ASPHN social media channels
- Opportunity to be featured in the [Public Health Nutrition Hall of Fame at seeitsayitshareit.org](#)

### Join the Annual Awards Selection Committee

Are you interested in participating on the Annual Awards Selection Committee? It is fun and just takes 2-3 hours. There is robust discussion and the committee makes tough choices about which dedicated professional receives the award this year. Contact Allison McGuigan at [allison@asphn.org](mailto:allison@asphn.org) for more information.

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## ASPHN Annual Meeting 2021: Focus on Resilience and Call for Posters

Following CDC recommendations for safety, the 2021 ASPHN Annual Meeting will again go virtual.



**Resilience in Practice: Resilience in Practice: Pivoting To Address Changes In Public Health Nutrition**

Monday, June 14 through Wednesday, June 16

Meeting sessions will run approximately 11 - 5 PM ET to

accommodate varied time zones.

Registration opens this spring. There is no cost to register and recorded sessions will be posted on the ASPHN website after the meeting.

Session and topics included this year will be mental health maintenance, challenges during COVID, food insecurity, and the annual federal updates from our stakeholders. Watch the Annual Meeting webpage for the agenda updates.

#### **Call for Posters**

[Submit poster presentations proposals by April 16](#). Contact Cyndi Atterbury with questions at [cyndi@asphn.org](mailto:cyndi@asphn.org).

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## Education Opportunities

### **Webinar Tomorrow on Sustainable Practices in Foodservice**

#### **Resetting the Foodservice Experience: Opportunities for more Sustainable Practices**

Tuesday, February 9: 1-2:30 ET



Learn about connections between nutrition and COVID-19 and the related policies and systems in foodservice that must innovate to support healthier eating, including procurement and behavioral economics.

[Register now!](#)

Food Service Guidelines Experience Collaboratives's (FSGC) year-long webinar series provides a forum for public health and industry to come together for discussions that mobilize greater sustainability, nutrition, equity and resilience in foodservice.

#### **Access Past Food Service Guidelines Collaborative Webinars**

[Creating Food Pantries in Foodservice Settings](#)

[Challenges and Opportunities from COVID-19](#)

Subscribe to future FSGC webinar notifications [here](#).

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### **Register Now: ASPHN Partnership Development Training Webinar, Part 1**

#### **The Power Balance Equation in Partnerships & Coalitions- When, What and How**

Date: February 25, 2021

Time: 12:30-2:00pm ET



[Register by February 20!](#)

Partnerships between organizations create the opportunity for sharing knowledge, professional networks, finance and other resources. Reinvigorate existing partnerships or engage in new ones with superior methods by applying concepts and tools covered in this interactive webinar.

Learning Objectives:

1. Identify integration points of The Partnering Cycle, Collective Impact and Systems Change theories.
2. Recognize opportunities to systemically AND systematically address power imbalance issues in existing and new partnerships.

3. Apply specific (power-map-influence) tools to establish or enhance trust in partnerships and coalitions.

Contact Shana Patterson Holland at [shana@asphn.org](mailto:shana@asphn.org).

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## Apply These ASPHN-Tested Leadership Systems for Your Career Success

Did you know ASPHN specializes in leadership? We deftly adapt and apply well-tested leadership methods in a super stealthy way. You might even call us leadership ninjas!



Take a look at ASPHN's Leadership page to find all the (sometimes secret) systems we utilize to enhance our members' leadership growth!

Discover these valuable leadership systems through links in this ASPHN web resource. <https://asphn.org/leadership/>

ASPHN Leadership Page Tools and Training Topic Examples:

- Communicating the value of your work and the role of public health nutritionists
- Developing effective partnerships
- Advocating effectively for policies, funding and programs

ASPHN members report building timely skills and confidence for their professional growth. Whether you are a seasoned public health professional or newly embarking on the leadership journey, ASPHN has resources to support your success.

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## Announcements

### Congratulations to the CABBAGE Grant Recipients!

ASPHN selected 3 CABBAGE awardees to receive seed funding and technical assistance to build [Farm to Early Care and Education \(ECE\)](#) capacity within their CDC [Racial and Ethnic Approaches to Community Health \(REACH\)](#) priority communities.



CABBAGE has an 8 month project period, starting January 2021 with the following 2021 awardees:

\*Eastern Michigan University REACH team

\*National Kidney Foundation of Michigan

\*Partnership for a Healthy Lincoln

The 3 REACH teams have great community partnerships, creating an excellent opportunity to connect local farmers and food producers with ECE providers, and promote healthy community food systems.

[Learn more by reading the full statement here](#) or contact Emia Oppenheim at [emia@asphn.org](mailto:emia@asphn.org) for more information.

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## Leadership Opportunities

**Get Involved:**

## Leadership Opportunities at ASPHN

Now is a great time to step into a leadership role at ASPHN.



First-time and returning ASPHN volunteers are welcome. This is your opportunity to expand your areas of expertise, your leadership skills and your national network!

### Committees

[Membership Communication and Outreach Committee \(MC&O\)](#) promotes membership opportunities and provides guidance to ASPHN members and its partners regarding communication initiatives. Contact Amber Brown at [amberbrown@asphn.org](mailto:amberbrown@asphn.org).

[Policy Committee](#) monitors key national issues that align with the strategic goals of ASPHN. The Committee works with ASPHN members and partner organizations to improve our communication and elevate the visibility of public health nutrition issues. If you'd like to help out with the Policy Committee's efforts, contact Michelle Futrell at [michelle@asphn.org](mailto:michelle@asphn.org).

[Collaboration Committee](#) seeks partnerships that advance the Association's mission, vision and values and that advance the goals outlined in our strategic plan. In working with a variety of partner organizations, we work to expand our visibility and effectiveness. Contact Shana Patterson at [shana@asphn.org](mailto:shana@asphn.org).

### Council Leadership Teams

[National Fruit & Vegetable Nutrition Council](#) serves as an organized voice of state public health nutrition leaders in public health planning that affect fruit and vegetable consumption. Contact Sandy Perkins at [sandy@asphn.org](mailto:sandy@asphn.org).

[Healthy Food Active Communities Council](#) strengthens policy, environmental change, programs and services to decrease obesity across the nation. Contact Amber Brown at [amberbrown@asphn.org](mailto:amberbrown@asphn.org).

[MCH Nutrition Council](#) provides national leadership for efforts to achieve optimal well-being through healthy eating and active living among the maternal and child health population, including those served by Title V/MCH Block Grants. Contact Sandy Perkins at [sandy@asphn.org](mailto:sandy@asphn.org).

Committee and council volunteers generally prepare for and attend one meeting per month plus review materials to give guidance on special projects. That is a small amount of time considering the great impact these teams make on the health of our nation.

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## ASPHN Health Equity Internship

### Internship Highlight: Assessing Cardiovascular Disease Risks Among Young African Americans

Despite the unprecedented number of deaths in 2020 due to COVID19, cardiovascular disease (CVD) continues to be the leading cause of death in the US. Racial and ethnic minority populations, particularly African Americans and Hispanics, are at greatest risk of CVD. In recent years, CVD surveillance data



Jerbrea Powell

show disturbing trends of premature death from CVD in young adults in southern states. African American young adults are developing CVD at alarming rates in these states.

In 2020, ASPHN in partnership with Tougaloo College in Mississippi, piloted the CVD Risk Assessment Among Historical Black College and University (HBCU) students in the South project. This year, the CVD risk project expanded to two HBCUs; Jackson State University (MS) and Stillman College (AL), that will implement campus-based and virtual CVD risk reduction projects targeting African American young adults attending HBCUs.



Terriyana Bailey

ASPHN interns and Tougaloo College students, Terriyana Bailey and Jerbrea Powell, have developed a webinar series that will provide CVD risk reduction awareness and physical activity classes for the Tougaloo College community. In collaboration with Jackson State University and Stillman College, these interns have tapped expertise from researchers and faculty at these institutions to present practical ways the community can engage in heart healthy activities. Also, Jerbrea and Terriyana have recruited 17 students to serve as heart health ambassadors on their campus.

"Incorporating students to lead activities helps to expand reach and impact of the project," said Gary Anderson, Assistant Director, Owens Health & Wellness Center at Tougaloo College.

"This project builds project planning and management skills that our students will be able to use in their future careers," reported Dr. Melissa McCoy, Tougaloo College Director of Career Development.

Anderson further reported, the goal of this project is to develop evidence-based outcomes from the Tougaloo College model that other HBCUs can use to address CVD risk on their campuses and within their communities.

The Health Equity Internship Program was created to support the diversification of the public health and health-related workforce.

Learn more about the [ASPHN Health Equity Internship Program](#) on ASPHN.org. Email questions to [internship@asphn.org](mailto:internship@asphn.org).

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## Members

### Maximize Your ASPHN Membership Benefits: Refresh Your Member Directory Listing

ASPHN members have the advantage of being featured in our [Member Directory](#). Each member listing includes your credentials, contact info, and an optional picture.



Maximize this benefit by keeping your own listing accurate and up-to-date.

Accurate listings allow you to have timely contact with peers and others seeking your expertise. These contacts can lead to resource sharing, collaborations, job opportunities and other helpful connections.

Whether you have changed jobs or have a new photo to include, refresh your listing by emailing edits to Allison McGuigan at [allison@asphn.org](mailto:allison@asphn.org).

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## ASPHN Welcomes New Members!

ASPHN gained 8 new members in January!



Each member, from student to seasoned professional, contributes to the depth and breadth of experience that ASPHN can draw from.

It is our collective experience that allows us to create products, services and advocacy plans that make healthy living the easy choice for all people.

Thank you for joining us!

Expanded Members:

Sabrina Chappell-Strickland in the NC Dept of Health

Gretchen Hofing, MPH, RD, NBC-HWC in the NC Dept of Health

Sharon Joseph, MPA in the GA Dept of Public Health

Satoko Chika Mita in the NC Dept of Health

Rodasha Mumphery in the GA Dept of Public Health

Courtney Puidk, MS, RDN, LD in the DC D of Health

Lela Stapler in the GA Dept of Public Health

Associate Members:

Jami Lee, MS, LN, CCNP, CFPM, CLC with Tri Valley Opportunity Council (MN)

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## Partners

### Powerful Partnerships: ASPHN Highlights Fellow Members of Breastfeeding Public Health Partners

ASPHN networks and collaborates with other national organizations to support breastfeeding as a member of Breastfeeding Public Health Partners (BPHP).

The Association of Maternal Child Health Programs (AMCHP) works to support maternal child health professionals through resource development, technical assistance and peer learning. Staff liaisons are assigned to each Title V region to support you!

Find more information about AMCHP on their [website](#). AMCHP's [Innovation Station](#) provides information about best practices and tool kit action steps.

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## About ASPHN



**ASPHN**

Advancing Health Through Leadership

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization that strengthens nutrition policy, programs and environments for all people through development of public health

nutrition leaders and collective action of members nationwide.

Our vision is healthy eating and active living for everyone . We welcome your involvement in our growing organization. Learn more about us at [About ASPHN](#).

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