

**The Association of State Public Health Nutritionists
Biographical Sketch of Candidates for 2021 Election**

Candidate for the office of: Directors at Large position

Name: Parvaneh Yavari

Credentials: PhD, MSPH, RDN, LD

Title: Public Health Nutrition Consultant

State Agency: Florida Department of Health, The Child Care Food Program



ASPHN Activities:

- ASPHN Member
- Participated in THE 2020 APHN Annual Meeting **“2020 Vision & Leadership in Public Health Nutrition”** which took place virtually on June 15-18, 2020.

Briefly describe why you are interested in filling this position:

The mission and goals of ASPHN are in alignment with my proactive approach to public health nutrition. In my state positions, I have provided expert knowledge to all my clients in my work with the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), with the Child Care Food Program (CCFP), and with the Florida State Hospital for five years. As an academic faculty member in my previous position, I was intensely involved with Public Health Nutrition (PHN) education, research, and activities.

My passion for public health nutrition includes developing and empowering professional nutritionists and health care providers at governmental and non-governmental organizations (NGOs) to prevent diet-related chronic disease and unhealthful dietary practices. According to the Centers for Disease Control and Prevention, public health nutritionists play a critical role in facilitating the transition from an unhealthy to a healthy lifestyle and in addressing the most important public health issues nationwide. I am motivated to fill the office of Director at Large because my knowledge and experience have allowed me to become very adept at meeting deadlines and achieving goals efficiently and fairly in a bureaucratic environment.

Other Related Activities (professional and/or personal):

- Physical activity, volunteer activities in nutrition and public health, networking with other nutritionists and public health experts to exchange knowledge and using online media to share success stories and technologies in the field of nutrition and public health.