

**The Association of State Public Health Nutritionists  
Biographical Sketch of Candidates for 2021 Election**

**Candidate for the office of:** Chair-elect, Healthy Food Active Communities Council

**Name:** Teresia Mbogori

**Credentials:** PhD, RDN

**Title:** Assistant Professor

**State Agency:** Ball State University



**ASPHN Activities:**

- Growing ASPHN leaders 2020 cohort participant.
- Member of MCH council
- Member Healthy Food, Active Communities Council
- Presenter and attendee at the annual conferences
- Regularly attends ASPHN organized webinars

**Briefly describe why you are interested in filling this position:**

- I have been a member of ASPHN since 2016 and have participated in various activities such as conferences and webinars. Recently I become much more involved when I participated in the “Growing ASPHN Leaders” training. Through that training, I learned that leaders are not born but they are made. I realized that I have potential of becoming a dependable leader with proper mentorship and practice. I decided that I would seek out opportunities to practice the skills I learned and I think this council would be great place to start. In addition, this last year I attended the MCH and HFAC meetings and I got more motivated to seek out a more involving role in the organization. Even though I do not work directly with the communities on daily basis, I often times work on community research projects whose objectives align with those of this council. I intend to bring my knowledge, skills and experience, and mentorship, that I expect to get from current and previous leadership, to the table with the anticipation that this will contribute to the vision and mission of the council.

**Other Related Activities (professional and/or personal):**

- I am an Assistant Professor of Nutrition and Dietetics and my job involves classroom instruction as well as advising undergraduate and graduate students.
- Active member of other academic organizations (American Society of Nutrition, Society for Nutrition and Behavior, Academy of Nutrition and Dietetics)

- Currently involved in a grant funded project on increasing nutrition knowledge and physical activity among middle school students in low income communities in Muncie Indiana.