The Louisiana Children’s Healthy Weight CoIIN team enlisted MCH Nutrition Trainees from Tulane University to conduct assessments on the level of nutrition integration in Title V within the state’s Bureau of Family Health. The team sought to understand the role that nutrition plays in reducing health disparities and improving health outcomes within Title V’s various populations. They also wanted to explore opportunities that exist to integrate nutrition-focused strategies into Title V.

**METHODOLOGY**

- Identify assessment methodology for examining the role of nutrition across Title V population domains including Women’s/Maternal Health, Perinatal/Infant Health, Child Health, Adolescent Health, and Children and Youth with Special Health Care Needs
- Partner with Tulane University’s Nutrition MCH Leadership Training Program to structure and conduct key informant interviews with Title V Program Leads within the Bureau of Family Health
- Identify key nutritional issues or considerations for each Title V population group as a result of the interviews
- Focus on food insecurity due to the state’s high food insecurity rates and prioritize health equity within the Bureau of Family Health

**DESIRED OUTCOMES**

- Increase the state team’s Nutrition workstream capacity with the addition of a new hire
- Facilitate and use consistent nutrition messaging within Title V and Bureau of Family Health programs
- Develop MCH-related nutrition competency resources for use by personnel within the Bureau of Family Health programs

**PARTICIPANTS & PARTNERS**

- Louisiana Bureau of Family Health
- Tulane University School of Public Health
- Well-Ahead Louisiana
- WIC

**TITLE V PROGRAM CONNECTION**

- Five Title-V staff contributed to the project

**ASPHN’S CHILDREN’S HEALTHY WEIGHT COLLABORATIVE IMPROVEMENT & INNOVATION NETWORK**

**LOUISIANA CoIIN**

**Innovative Nutrition Workstream**

**GOAL:**

Work with partners to assess nutrition integration within Title V and establish competencies and resources that Bureau of Family Health personnel can use to reduce health disparities among Title V populations.