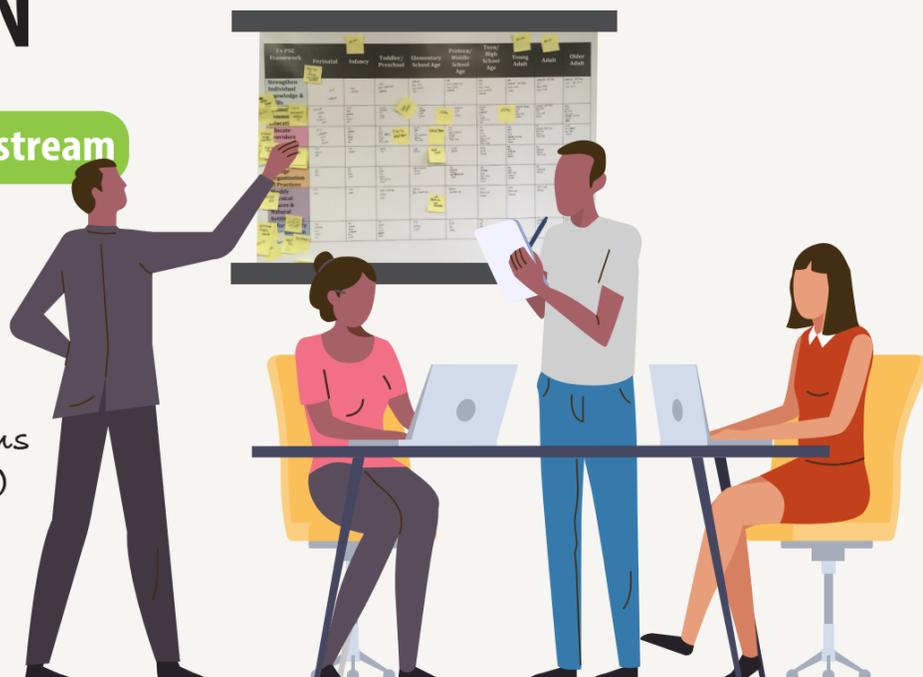


# OREGON CoIN

## Innovative Nutrition Workstream

### GOAL:

To accelerate progress in integrating nutrition across sectors using I+PSE (Individuals, Policy, Systems and Environmental Change) so that all Oregonians have access to healthy foods.



The Oregon Children's Healthy Weight CoIN team set out to assess the public health programs and agency work being done across the life course throughout the state. The team used the I+PSE framework in order to identify transition points that often result in service gaps, and examine equity and nutrition security. The Oregon CoIN Team convened an existing statewide coalition, the Nutrition Council of Oregon (NCO), to conduct a rapid assessment of nutrition-focused programs that serve specific populations across the lifespan. The facilitated discussion that followed identified gaps in nutrition security during specific life course transition points.

### PARTICIPANTS & PARTNERS

- Northwest Portland Area Indian Health Board
- One Community Health Center
- Oregon Academy of Nutrition and Dietetics
- Oregon Dairy and Nutrition Council
- Oregon Department of Education, Child Nutrition Programs- School Nutrition Programs – Farm to School & School Garden Programs – Child and Adult Care Food Programs
- Oregon Department of Human Services – Self Sufficiency Programs – Aging & People with Disabilities
- Oregon Food Bank
- Oregon Health Authority – Public Health Division, Center for Prevention and Health Promotion
- Oregon Health & Science University – Bob and Charlee Moore Institute for Nutrition & Wellness – Graduate Programs in Human Nutrition – Hemophilia Center
- Oregon State University, College of Public Health and Human Sciences – Extension Service – Moore Family Center
- PacificSource Health Plans
- Providence Health and Services

### TITLE V PROGRAM CONNECTION

- TWO Title V team members participated on the CoIN Team

### METHODOLOGY

- Identified their goals early and collectively committed themselves to their completion
- Identified the I+PSE framework as innovative and beneficial to structuring their assessment and results
- Integrated a life course framework with an I+ PSE framework to create an assessment mapping tool
- Completed a participatory assessment and facilitated discussion during a bimonthly NCO meeting
- Met in-person in Portland, Oregon to conduct the assessment

### ACCOMPLISHMENTS

- Successfully used the I+PSE framework to accomplish their in-person statewide assessment
- Successfully completed a rapid assessment with participants with expertise in statewide nutrition programs
- Conducted a facilitated discussion following the mapping exercise
- Identified gaps between transition points that nutrition programs don't address
- Provided a starting point for more discussion on nutrition security during transition points
- Agreed to focus efforts on nutrition security as a result of the assessment

“Joining forces for healthy food sources.”

