



## News from the Association of State Public Health Nutritionists



June 2021

### Highlights

#### Students: Apply Now to the New ASPHN Board Position

Apply by June 30 for the new board-level position for student members. This non-voting volunteer position is for a one-year term, August to June. Download the [position description](#) and [application](#) now.

#### Student Board Position Benefits

- Gain training for career growth and valuable network connections
- Experience active participation in monthly board and committee or council leadership team meetings,
- Author a newsletter article and
- Complete other skill building tasks

Board Member, Diane Peck, MPH, RDN, stated, “We are looking forward to having a student participate at the Board level! I see this as a way to provide high quality training to help the future leaders in the public health nutrition workforce, while the ASPHN Board benefits from their perspective.”

#### Qualifications

- Demonstrate experience in leadership
- Share aligned professional interests
- Express desire to make a difference through advocacy and engagement
- Attain eligible student status\* by the time of term

\*See application and cover letter for details.

Email completed applications and any questions to Mim Gaines at [mim@asphn.org](mailto:mim@asphn.org).



## Association of State Public Health Nutritionists

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization committed to advancing health equity through public health nutrition leadership.

#### Our Mission

To strengthen nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

#### Our Vision

Healthy eating and active living for everyone.

[VISIT OUR WEBSITE](#)

**Save the Date! ASPHN Member  
Orientation Webinar  
Tuesday, June 29, 2021  
12:00 - 1:30 PM ET**

Both new and experienced members will gain fresh insight into what ASPHN does and the benefits of ASPHN membership. You will find opportunities to learn and lead in your passion areas with ASPHN committee

and councils. Plus, you can preview upcoming learning and networking opportunities.

[Register in advance](#) for this meeting.

If you are unable to attend live, you can watch the recording or check out the [Member Orientation Self-Paced Module](#).

Contact Amber Brown at [amberbrown@asphn.org](mailto:amberbrown@asphn.org) with questions.

## Features

### [What's Cooking? – A Member Engagement Event from the MCH Nutrition Council](#)

[Register now](#) to attend the virtual MCH Nutrition Council's networking event at the ASPHN Annual Meeting.

#### "What's Cooking?"

Time: 2:00 PM ET

Date: Friday, June 11

Each participant is asked to bring a recipe and a story about their recipe for sharing. If possible, prepare the food for our vicarious pleasure as well.

Contact Sandy Perkins at [sandy@asphn.org](mailto:sandy@asphn.org).

### [Can't Wait for the Annual Meeting to Start?](#)

Review, or view for the first time, all the recorded sessions from the 2020 [ASPHN Annual Meeting, 2020 Vision & Leadership in Public Health Nutrition](#).

### [Annual Meeting: Ask the Psychologist](#)

On day 1 of 2021 ASPHN Annual Meeting, [Dr Laurel Kramer](#) clinical psychologist, will answer your questions about self-care during a pandemic.

Dr. Kramer's Expertise

- Clinical counseling for



### [Register Now: 2021 ASPHN Annual Meeting "Resilience in Practice"](#)

[Register today](#) for the 2021 ASPHN Annual Meeting.

ASPHN's President-Elect Mary Ann Ellsworth, MS, RDN extends an invitation to all nutrition professionals to attend ASPHN's 2021 Annual Meeting, ["Resilience in Practice: Pivoting to Address Changes in Public Health Nutrition."](#)

The virtual meeting will take place June 14-18, 2021 from 11:00 AM to 5:00 PM ET daily.

A national call-for-action, "Fruit and Vegetable Consumption as a National Priority: Honoring the Past, Taking Actions For Our Future," will unify attendees. Plus, an outstanding line-up of informative and collaborative sessions will give attendees the knowledge and tools needed to improve nutrition and decrease disease across the nation.

Several renowned experts in science, medicine and nutrition will share their expertise and cutting-edge findings. Guest speakers include Dariush Mozaffarian, MD, DrPH from Tufts University, Hilary Seligman, MD, MAS from the University of California San Francisco and Julie A. Mennella, MS, PhD from the Monell Chemical Senses Center in Philadelphia.

Check out the [draft agenda](#) for updates as they happen.

Contact Cyndi Atterbury with questions at [cyndi@asphn.org](mailto:cyndi@asphn.org).

[READ MORE](#)

anxiety, depression and stressful life circumstances

- Speaking for professional groups and businesses on how stress impacts us, physically and mentally
- Coaching business through morale issues and management changes

Dr Kramer invites you to send in your questions now by email to [cyndi@asphn.org](mailto:cyndi@asphn.org).

## Apply Now: ASPHN Public Health Nutrition Hall of Fame

Are you working on an innovative nutrition endeavor that is showing positive results? We want to hear from you!

You and your program could be featured in ASPHN's Public Health Nutritionists [Hall of Fame](#). This unique platform shares your work with fellow ASPHN members, shows others the value of public health nutritionists, and offers you important third-party recognition.

Learn more by visiting [See It. Say It. Share It.](#) and [apply](#) now. It's fast and easy. For questions, contact Lourdes Pogue at [lourdes@ASPHN.org](mailto:lourdes@ASPHN.org).

## Updates

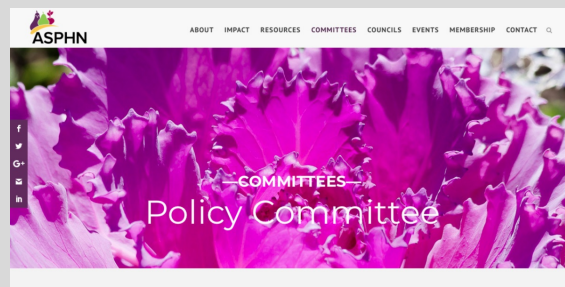
### Why I Love My ASPHN Council: Healthy Food, Active Communities Council

"ASPHN offers a safe and welcoming environment to not only connect with other state public health nutrition professionals and learn from their success or challenges, but to develop your professional skills in leadership, public speaking, and communication."

– Chair-elect, Healthy Food, Active Communities Council

Learn more and get involved! Check out the [Healthy Food, Active Communities Fact Sheet](#).

Contact Amber Brown at [amberbrown@asphn.org](mailto:amberbrown@asphn.org).



### ASPHN Policy Committee Action Highlights

Volunteering with the ASPHN Policy Committee is an opportunity to amplify the voices of the people you serve.

On behalf of ASPHN, the Policy Committee signed-on in support of more than eight policy action letters since April 11. Here is a sample of recent actions. The diversity in policy initiatives on this list represent the comprehensive social determinants of health approach ASPHN takes to increase equitable access to healthy food and active living for all people.

Signed-on to the:

- Association of Maternal & Child Health Programs' (AMCHP) [letter](#) addressed to members of Congress in support of highest possible funding level in Fiscal Year 2022 for programs at HRSA, CDC, and NIH that seek to prevent maternal deaths, eliminate inequities in maternal health outcomes, and improve maternal health.
- Paid Leave for the United States (PL+US) [open letter to Congress from businesses](#) calling for a comprehensive federal paid family and medical leave social insurance program in the United States.
- U.S. Breastfeeding Committee's (USBC) [letter](#) urging Congress to prioritize human milk feeding in the Fiscal Year (FY) 2022

Labor, Health and Human Services, and Related Agencies appropriations bill.

FY22 Hospital Promoting Breastfeeding Sign On Letter SIGNATURES

- [Universal School Meals Program Act 2021](#) as requested by Dominic Sanchez Legislative Assistant to the Office of U.S. Senator Kirsten Gillibrand (NY).
- FoodCorps [letter](#) addressed to Senators Stabenow and Boozman in support of the Universal School Meals Program Act 2021
- USBC's [letter](#) welcoming members of Congress to the 117th congressional session and urging them to take action on five policy priorities of importance to the lactation field.
- National Center for Healthy Housing's organizational [letter](#) to Congress in support of funding for lead poisoning prevention and healthy homes in the American Jobs Plan.
- National WIC Association (NWA) [letter](#) advocating for a higher allocation in the Agriculture Appropriations bill, recognizing that WIC program expansions through Child Nutrition Reauthorization, USDA rulemaking, and other administrative activities will require ongoing additional discretionary investment.

Learn more about the work of the ASPHN Policy Committee and find recent meeting notes on the [Policy Committee webpage](#). Contact Michelle Futrell to join or ask questions at [michelle@asphn.org](mailto:michelle@asphn.org).

[READ MORE](#)

## ASPHN Health Equity Internship

### Apply Now for Fall 2021 & Spring 2022: ASPHN Health Equity Internship Program Preceptors and Interns

This 12-week paid internship was developed to support diversification of the public health and health-related workforce.

Visit our [website](#) for more information about the internship program or email questions to [internship@asphn.org](mailto:internship@asphn.org).

[Apply now](#) for both preceptor and intern positions.

**Deadlines:**  
Fall 2021, apply by June



### ASPHN Internship Highlight: From Remote to Resilience, Overcoming COVID-19 Challenges

June marks the conclusion of ASPHN Health Equity Internship placements for the 2020-2021 academic year.

#### 2021 Health Equity Internship Class Characteristics

- 50 interns from 18 colleges and universities, primarily Minority-Serving Institutions (MSIs),

30, 2021

Spring 2022, apply by  
October 30, 2021

participated; 8 interns in Fall 2020 and 42  
interns in Spring 2021

- 20 of these students were in the COVID-19 cohort
- Mostly ethnic and racial minorities, African American, Asian American, Hispanics and Native Americans
- 96% females
- Most attended MSIs in the south

All internship placements were planned to be remote this academic year. As some universities began to ease their COVID-19 restrictions and transitioned to hybrid learning settings, a few interns elected to complete a portion of their internship in-person adhering to CDC COVID-19 prevention guidelines instituted by their placement sites.

All interns demonstrated their resilience by pivoting from traditional hands on in-person field experience to remote learning and successfully fulfilling their academic and graduation requirements. Nearly two-thirds of the interns graduated from their universities.

ASPHN salutes the 2020-2021 interns for a job well done! Best wishes to the graduating Health Equity Internship alumni for a prosperous future and fulfilling career in public health.

For more information about the [ASPHN Health Equity Internship Program](#), email [internship@asphn.org](mailto:internship@asphn.org).

## ASPHN Membership

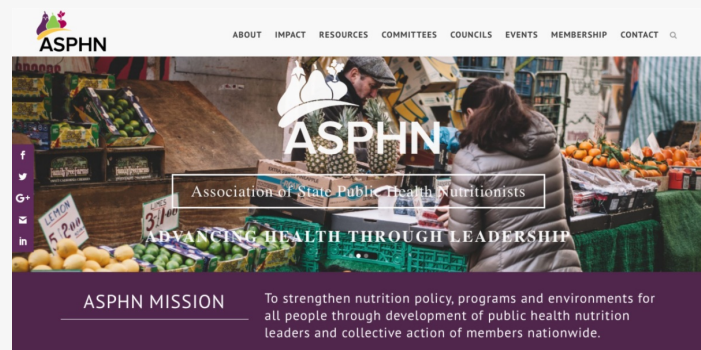
### Membership Tip: Click the EVENTS Tab!

The EVENTS tab on [ASPHN.org](#) is the perfect place to obtain information about the Annual Meeting, learn about upcoming events (like webinars, committee meetings, and courses), and to access recordings from past annual meetings.

For example, are you looking for a presentation about the new Nutrition Facts Label? Look no further! Click on the 2020 Annual Meeting, Day 2, to access Maya Maroto's terrific presentation "Behind the Label."

The EVENTS tab has a wealth of information and serves as a great resource for ASPHN members and non-members alike.

**Discover More Benefits of ASPHN Membership**



### Welcome New Members!

ASPHN gained the advanced experience and perspective of 9 new members in May.

Welcome and thank you for joining us!

#### General Members:

Taylor Baughman, MS, RD, LD in the AK Dept of Health

Carrie Klun, RN, IBCLC in the MN Dept of Health

Sammy Luera at TX A&M AgriLife Extension

Rosalie Pierce-Martin, MPH, RD, IBCLC in the MN Dept of Health

Kameron Rowe, MS, RDN, CDN in the NY

Your active participation in ASPHN can keep your state on the leading edge.

**Become A Member**

State Dept of Health

**Associate Members:**

Christina Cracchiolo, graduate student at Loma Linda University (CA)

Sirui Mi, graduate student instructor at CO State University

Khoa-Nathan Ngo, student at Mission College (CA)

Jessica Reynolds, student at Loma Linda University (CA)

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