

# LOUISIANA CoIN

## Innovative Nutrition Workstream



### GOAL:

Establish a partnership between Louisiana Title V and a Tulane Nutrition Leadership Training Program to develop a 20-hour immersive collaborative project designed with the dual purposes of improving integration of nutrition concepts into Title V programming and providing MCH Nutrition Trainees practical real-life public health experience within the state Title V agency.



The Louisiana Children's Healthy Weight CoIN team enlisted MCH Nutrition Trainees from Tulane University to conduct assessments on the level of nutrition integration in Title V within the state's Bureau of Family Health. Since Fall 2020, two cohorts of MCH Nutrition Trainees have rotated through the program. As part of the Title V 5-year Statewide Needs Assessment, Cohort 1 trainees investigated the role that nutrition plays in reducing health disparities and improving health outcomes within Title V's populations. They also explored opportunities to integrate nutrition-focused strategies into Title V programming. The trainees in Cohort 2 initiated a Bureau-wide conversation about food security by assessing Louisiana Title V staff's existing knowledge of food security. Informed by the assessment findings, students delivered a 20-minute educational presentation to staff.

### PARTICIPANTS & PARTNERS

- Louisiana Bureau of Family Health
- Tulane University School of Public Health
- Well-Ahead Louisiana
- WIC

### TITLE V PROGRAM CONNECTION

- Five Title-V staff contributed to the project



*“Nutrition is a right, not a privilege.”*

### METHODOLOGY

- Identify assessment methodology for examining the **role of nutrition across Title V population domains** including Women's/Maternal Health, Perinatal/Infant Health, Child Health, Adolescent Health, and Children and Youth with Special Health Care Needs
- Partner with **Tulane University's Nutrition MCH Leadership Training Program** to structure and conduct key informant **interviews with Title V Program Leads** within the Bureau of Family Health
- Identify **key nutritional issues** or considerations for each Title V population group as a result of the interviews
- Focus on **food insecurity** due to the state's high food insecurity rates and **prioritize health equity** within the Bureau of Family Health

### DESIRED OUTCOMES

- Develop and maintain a **20-hour immersive collaborative project** designed with the dual purposes of improving integration of nutrition concepts into Title V programming and providing MCH Nutrition Trainees practical real-life public health experience within the state Title V agency
- Increase **visibility** and **understanding** of relevance of **food insecurity** in Title V programming
- Utilize nationally recognized **subject matter experts** to bolster integration efforts and assist with future cohort project planning



ASSOCIATION OF STATE PUBLIC HEALTH NUTRITIONISTS

[tel & fax] 814.255.2829  
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