Title: The Texas Children’s Healthy Weight CoIIN Team sought to create a well-curated toolkit for their MCH regional staff and the community members they serve. The nutritional information within the toolkit addresses the span of the life course (infants to adolescents), including children with special healthcare needs. Its goal is to strengthen nutrition across all phases of growth and development by increasing the knowledge, presentation skills, cultural responsiveness, and evidence-based practices of the MCH regional staff.

**GOAL:** To provide technical assistance to maternal and child health (MCH) providers in the Texas Department of State Health Services (DSHS) so that nutrition messages and guidelines are programmatically incorporated.

**METHODOLOGY:**
- Identified the need to equip regional MCH staff with a well-curated toolkit since they are the ones who implement the programs at the local level.
- Incorporated child, adolescent, and CSHCN staff into the CoIIN team in a comprehensive and collaborative manner.
- Tapped into their partners’ areas of expertise to leverage their knowledge and gain feedback and insight from the populations they serve.
- Committed the team to a life course approach in order to strengthen nutrition across all phases of growth and development.
- Used state data set from the Texas School Physical Activity & Nutrition (SPAN) survey to identify nutritional gaps and food insecurity.
- Identified the specific sections of the toolkit to include: a childhood nutrition presentation for parents; a presentation manual; supplemental materials; national and state evidence-based materials and data on child health trends and behaviors related to obesity.

**TITLE V PROGRAM CONNECTION:**
- This project was led and operated by the Title V staff.
- This project was connected to the Title V priority related to nutrition and the State Performance Measure related to obesity prevention.

**PARTICIPANTS & PARTNERS:**
- DSHS Child & Adolescent Health Branch
- DSHS MCH Regional Staff
- DSHS Obesity Prevention Program
- Texas Parent to Parent
- Texas Youth Action Network

**ACCOMPLISHMENTS:**
- Completed environmental scan and gained invaluable perspective by interviewing parents, youth, and families of children with special healthcare needs.
- Conducted literature reviews of nutritional needs across the life span, common deficiencies across the nation, and system change strategies to break down structural siloes.
- Increased their state teams’ capacity through their participation on the CoIIN.
- Ensured Nutrition was addressed in Title V Needs Assessment.
- Identified health equity and inclusion as an ongoing need within various projects.
- Toolkit is being completed for MCH regional staff across Texas.

**“Nutrition is a right, not a privilege.”**

**ASPHN’S CHILDREN’S HEALTHY WEIGHT COLLABORATIVE IMPROVEMENT & INNOVATION NETWORK**

The Texas Children’s Healthy Weight CoIIN team sought to create a well-curated toolkit for their MCH regional staff and the community members they serve. The nutritional information within the toolkit addresses the span of the life course (infants to adolescents), including children with special healthcare needs. Its goal is to strengthen nutrition across all phases of growth and development by increasing the knowledge, presentation skills, cultural responsiveness, and evidence-based practices of the MCH regional staff.

**GOAL:** To provide technical assistance to maternal and child health (MCH) providers in the Texas Department of State Health Services (DSHS) so that nutrition messages and guidelines are programmatically incorporated.

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**PARTICIPANTS & PARTNERS:**
- DSHS Child & Adolescent Health Branch
- DSHS MCH Regional Staff
- DSHS Obesity Prevention Program
- Texas Parent to Parent
- Texas Youth Action Network

**ACCOMPLISHMENTS:**
- Completed environmental scan and gained invaluable perspective by interviewing parents, youth, and families of children with special healthcare needs.
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