



Association of State Public Health Nutritionists

Preceptor Fact Sheet

The Association of State Public Health Nutritionists (ASPHN) seeks a core of highly qualified and reliable preceptors who can help student interns develop into competent public health professionals. Preceptors are instrumental to the success of the ASPHN Health Equity Internship Program.

ASPHN requests your assistance in becoming and identifying possible candidates for preceptors.

Preceptor Requirements

Individuals who meet the following criteria are encouraged to apply:

- Sound knowledge of **Health Promotion, Public Health Education, Chronic Disease Prevention**, and familiarity with federal, state, or local, national, regional and community health delivery programs.
- **Technical expertise** in one or more of the following areas:
 - Behavioral Science/Health Education***
(i.e., theory, human behavior, domains, delivery of health education)
 - Intervention Adaption/Replication***
(i.e., recruiting, participation, cultural competency, curriculum development)
 - Program Development/Implementation***
(i.e., individual and community assessment, planning, service provision)
 - Program Evaluation***
(i.e., types of data sources, data analysis, collection issues, outcome monitoring)
 - Population Based Needs Assessment***
(i.e., qualitative research methods, community input, resource inventories)
 - Health Communication***
(i.e., techniques, tools, social marketing, health literacy, social and traditional media)
 - Intervention Effectiveness***
(i.e., applying behavioral/social science, assessing effectiveness)
 - Health Equity***
(i.e., minority health, health disparities, determinants of health, advocacy, social justice, health policy)
 - Population Health***
(i.e., health outcomes, health systems and economics, rural, urban)



- **Educational and preceptor skills; particularly the ability to work with undergraduate and graduate students.**
 1. Encourage and nurture the intern through challenging situations.
 2. Be a source of information, encouragement, and feedback.
 3. Nurture creative and independent thinking.
 4. Encourage intern self-assessment, self-awareness, and self-evaluation.
 5. Encourage intern to be self-reliant and build confidence
 6. Collaborate with intern to set objectives and evaluate attainment of these objectives
 7. Listen carefully and be sensitive to the intern's needs
 8. Maintain a schedule that permits availability to meet with the intern

- **Expectations of Preceptor**
 1. Availability to answer inquiries by intern within 24 hours and to meet at least every two weeks.
 2. Work closely with intern in the preparation of weekly reports/presentations of his/her work.
 3. Introduce the intern to your network of colleagues and contacts in the field.
 4. Hold regularly scheduled meetings with interns to discuss progress and provide written/oral feedback, as necessary.
 5. Participate in collaborative activities such as conference calls, webinar presentations of intern's research and provide advice/feedback as appropriate.
 6. Willing to facilitate introductions to individuals in your network of contacts who may be of assistance to the intern's research program.
 7. Understand that interns at different levels in their educational career may need different mentoring styles.
 8. Willing to report on the intern's progress regularly to the Program Office and participate in the program review/evaluation process which include submitting midterm and final evaluation reports of the intern's progress and discuss this progress in terms of goals achieved, next steps and career progression with the intern.
 9. Identify a workplace for the intern with internet access, if applicable
 10. If the intern placement is remote, meet with the intern through a face-to-face app, i.e., Zoom, Google Meet, Face Time, to maintain mentoring continuity and monitoring work progress
 11. Institute CDC guidelines to prevent COVID-19 exposure for in-person activities during the internship placement.



Benefits to your organization

- ASPHN seeks to link preceptors with interns whose interests closely match the preceptor's area of expertise. Strongly matched linkages enhance the internship experience and assist preceptor with further expanding program goals, objectives, and activities.
- ASPHN provides interns with a monthly stipend and conducts 8 mandatory webinar and conference calls with the students which give them an opportunity to discuss their projects and practice speaking skills. Interns submit weekly reports which the preceptor will read and approve on a weekly basis.
- Because ASPHN established a very rigorous and competitive application process and up to 100 students apply for one session, ASPHN can select only the top students for a total of 15 slots per session. You can be guaranteed a student who is highly motivated, eager to learn, and hard-working.

For additional information about preceptor opportunities, partnerships, and the internship program, contact at 814.255.2829 x 705 or internship@asphn.org.

THANKS IN ADVANCE FOR YOUR INTEREST AND YOUR ASSISTANCE.
